

OLLI at DU Syllabus

Course Title: Creativity: Igniting the Spark Within
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Site: OLLI On Campus
Term: Winter 2025
Course Sessions: 4 Weeks

Week 1

CREATIVITY: AN INNATE HUMAN ABILITY THIS WEEK WE WILL EXPLORE THROUGH LECTURE AND DISCUSSION THE HISTORY OF CREATIVITY, DEFINITION(S) OF CREATIVITY, AND ASSUMPTIONS AND MYTHS ABOUT CREATIVITY. WE'LL BEGIN TO FIND WAYS TO ENHANCE OUR INNATE CREATIVITY. YOU ARE INVITED TO SHARE A CREATIVE WORK OF YOUR CHOOSING WITH THE CLASS.

Week 2

GETTING INTO THE PROCESS THIS WEEK WE WILL EXPLORE THROUGH LECTURE AND DISCUSSION HOW THE CREATIVE PROCESS WORKS, INCLUDING WHAT CURRENT STUDIES OF THE HUMAN BRAIN TELL US ABOUT THE PROCESS. WE'LL SHARE THOUGHTS ABOUT THE HOMEWORK FOR LAST WEEK AND CONTINUE TO FIND WAYS TO ENHANCE OUR INNATE CREATIVITY.

Week 3

BLOCKS TO CREATIVITY THIS WEEK WE WILL EXPLORE THROUGH LECTURE AND DISCUSSION COMMON BLOCKS TO CREATIVITY, SUCH AS EMOTIONAL REACTIONS, RULES AND ASSUMPTIONS, AND MISUNDERSTANDINGS ABOUT THE PROCESS ITSELF. WE WILL SHARE INSIGHTS GLEANED FROM THE HOMEWORK FOR LAST WEEK AND CONTINUE TO FIND WAYS TO ENHANCE OUR INNATE CREATIVITY.

Week 4

WHERE DO WE GO FROM HERE? THIS WEEK WE WILL CONTINUE TO EXPLORE THROUGH LECTURE AND DISCUSSION THE INNER CREATIVE PROCESS AND BLOCKS ENCOUNTERED WITH AN EYE ON LESSONS LEARNED ABOUT THE PROCESS. WE WILL DISCUSS INSIGHTS GLEANED FROM THE COURSE AND CELEBRATE OUR CREATIVITY BY SHARING OUR CREATIVE WORK.