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OSHER  
LIFELONG  
LEARNING  
INSTITUTE

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OLLI@DU / 2024

# SPRING CATALOG

# TABLE OF CONTENTS

<b>A NOTE FROM THE DIRECTOR</b>	<b>3</b>
<b>ANNOUNCEMENTS</b>	<b>4</b>
<b>CONTACT INFORMATION</b>	<b>5</b>
<b>OLLI@DU</b>	
▶ Class Locations	6
<b>MEMBERSHIP &amp; BENEFITS</b>	
▶ What Can You Expect from OLLI at DU	7
<b>IMPORTANT DATES</b>	<b>8</b>
<b>HOW TO REGISTER</b>	<b>9</b>
<b>WINTER 2024 COURSE OFFERINGS</b>	
▶ Course Titles by Subject Area	11
▶ In-Person Courses by Start Date/Day/Time/Location	14
▶ Online Courses by Start Date/Day/Time	20
▶ Course Descriptions by Date/Day/Time	26
<b>FREE EVENTS</b>	
▶ Member Webinars	76
▶ OLLI@DU Fit Program	84
<b>MEET THE FACILITATORS</b>	<b>90</b>
<b>MEET THE STAFF</b>	<b>109</b>
<b>GIVE THE GIFT OF LEARNING</b>	<b>112</b>
<b>THANK YOU TO ALL</b>	<b>114</b>

The cover image is Grape Creek in the Wet Mountain Valley in Colorado. The pink mountains in the background are the Sangre de Cristo range at first light in the morning. The Wet Mountain Valley produces a very rare cloud called the "Straight Line" cloud which is the cloud in the photograph. They form low in the valley in the morning and rise with the heat of the day. Scientists come from around the world to study and see these cloud formations.

Cover photo credit: Mark A. Payler



**University College**  
UNIVERSITY OF DENVER





Welcome to the catalog of course offerings for our Spring term at OLLI at DU. It's always exciting to read through the course proposals and boy, do we have an exciting array of both in-person and online courses available for you! We have 46 in-person courses offered at six locations around Metro Denver and 59 online courses and 7 webinars delivered via Zoom. There is truly something for everyone in eight different subject areas.

This spring term we are focusing on increasing volunteer involvement at each of our sites and for the OLLI program as a whole. We will be sending a survey asking members to give some time as a catalog editor, greeter at an in-person site, assistant for making name tags, organizer for a social event, assistant on a silent auction for a fundraiser, member of a Marketing committee, etc. Many times, OLLI's part-time staff is spread thin and these are some of the tasks with which we could use some assistance. We are designating April as Volunteer Month for OLLI at DU so stay tuned for more information.

Grab your favorite beverage and snuggle up with our catalog — I guarantee you will have a difficult time choosing your courses from so many interesting options!

Enjoy the spring and I hope to see each of you in a course,

Jackie  
Executive Director, OLLI at DU



# OLLI@DU / 2024 SPRING / ANNOUNCEMENTS

The Osher Lifelong Learning Institute at the University of Denver is a membership-based, lifelong learning program for adults “50 years and better.” We are in our 28th year and we are part of a network of 125 OLLIs nationwide. OLLI offers noncredit courses, lectures, webinars, social events, and travel opportunities... No tests. No grades. OLLI is for the love of learning.

As with every organization focused on adult learning, OLLI at DU is striving to strike a balance between the convenience of online learning and programming, and the face-to-face connections that we all like to make at in-person courses or events. In this catalog you will find a large number of both in-person and online learning opportunities.

We are seeing a gradual increase in participation for in-person courses, and we will continue to monitor that closely. As you learn about the new membership benefits being offered in 2023–24, we think you will find interesting classes just right for you.

Our goal is to reflect what our members want, and we always want to hear from you. The curriculum work is a major effort by many volunteers, facilitators and staff who plan out the courses that form the very essence of OLLI. We hope you will participate and enjoy this array of offerings.

## Our Mission

To enrich the lives of our members through a high-quality learning and social environment.

**COME FOR  
THE COURSES,  
STAY FOR THE  
CONNECTIONS**

## Diverse In-Person and Online Program Offerings

Health and Wellness

History and Economics

Literature and Writing

Psychology, Religion, Philosophy, Culture

Public Affairs and Current Events

STEM

Visual and Performing Arts

Miscellaneous



## OLLI at DU Home Location

**University College at the University of Denver** 2211 South Josephine Street, Denver, CO 80208  
**Office Hours:** Monday through Thursday, 9 AM–1 PM  
**Phone:** 303-871-3181 **Email:** olli@du.edu

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## OLLI at DU in Partnership with Regis University

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- Lindsay Buffington  
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## OLLI at DU South

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- Darcey VanWagner  
 OLLI at DU South Campus Manager  
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- Sherilee Selby  
 OLLI at DU South Program Coordinator  
 sherilee.selby@du.edu

## OLLI at DU West

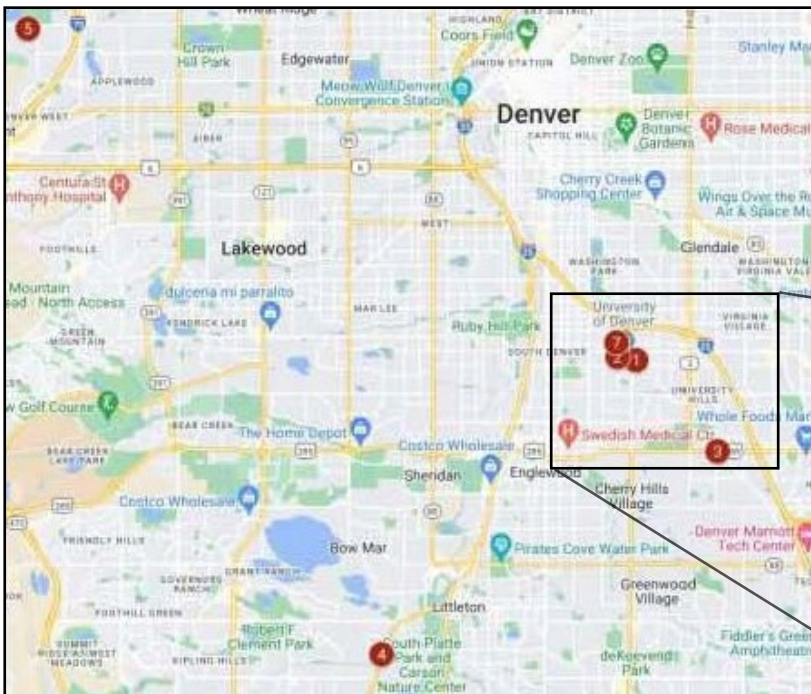
**Jefferson Unitarian Church**  
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- Sherry Feinbaum  
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# CLASS LOCATIONS

- 1 OLLI at DU Office Location**  
University College at the University of Denver  
2211 South Josephine St, Denver, CO 80208
- 2 OLLI at DU On Campus**  
Ruffatto Hall  
1999 East Evans, Denver, CO 80208
- 3 OLLI at DU Central Campus**  
First Universalist Church of Denver  
4101 East Hampden, Denver, CO 80222
- 4 OLLI at DU South Campus**  
Columbine United Church  
6375 S Platte Canyon Rd, Littleton, CO 80123
- 5 OLLI at DU West Campus**  
Jefferson Unitarian Church  
14350 W 32nd Ave, Golden, CO 80401
- 6 OLLI at DU in Partnership with Regis University**  
500 East 84th Ave, Suite B-12, Thornton, CO 80229
- 7 OLLI at DU Chambers Center**  
1901 East Asbury Avenue, Denver, CO 80210

Photo credit: Mark A. Payler



<https://olli.du.edu/duolli/configuration/duolli/img/ollimap1123final.jpg>

# What can you expect from OLLI at DU?

An OLLI at DU Annual Membership is \$65 and is valid for one academic year (August-August). In addition to access to the hundreds of courses we offer annually, OLLI at DU has a new slate of membership benefits that provide social connections, activities, and access to free live webinars.

**Membership Benefits**— Whether you are returning after years of experience with OLLI or are a brand-new member, we create many pathways for participation. We are sure you'll find something you like! Here are some of the top offerings:

- ▶ **TRAVEL**—Join other OLLI members for domestic and international trips in 2024. We partner with travel providers such as Road Scholar and Go Tours to curate wonderful domestic and international trips, and often, you will find course offerings to support your learning before you go!
- ▶ **FITNESS—OLLI at DU Fit** brings regular weekly course offerings, such as Tai Chi classes and Meditation and Movement. Check out the in person Tai Chi and Yoga gatherings at Observatory Park in the summer months.
- ▶ **COMMUNITY—OLLI on the Move (OOM)** OLLI at DU is “on the road” to bring lifelong learning to new audiences! OLLI on the Move (OOM) delivers academic courses to libraries, senior living communities and senior organizations throughout Denver Metro and Boulder areas in a post-pandemic area of rediscovered social engagement. For more information click [here](#).
- ▶ **FREE WEBINARS**—With your membership you have access to more than 50 free webinars annually. Many of these are structured to happen during lulls between our academic calendar terms. Some are special webinars geared to other programmatic offerings and outings.
- ▶ **OLLI at CSU RECIPROCAL MEMBERSHIP**—OLLI at DU members are now able to enjoy a reciprocal membership with benefits at both lifelong learning programs, which includes the new CSU Spur Campus in Denver.
- ▶ **SPECIAL EVENTS**—Come join us for music, art, dance, theatre, or other special events that we plan for OLLI at DU members throughout the year.
- ▶ **SHARED INTEREST GROUPS**—Start a group or join other members who have a shared passion for photography, chess, hiking and more.
- ▶ **COMING SOON!**

**OLLI at DU courses at the new CSU Spur Campus** adjacent to the National Western Complex in Denver. These courses will take place in brand new buildings in state-of-the-art classrooms in a convenient central location. Stay tuned for more information!

**OLLI at DU courses at the Broomfield Community Center.** Soon we will have a northern presence again that will help us to reach people in Boulder, Superior Broomfield, Louisville, Lafayette, Westminster, Arvada, Lakewood, Federal Heights and Northglenn.

# OLLI at DU CURRICULUM CALENDAR

## Important Dates Spring 2024



Activity	Spring 2024
Catalog Posted on Website and sent via email	Friday, February 23, 2024
Registration Opens and is First Come, First Served	Monday, March 4, 2024
<i>Note: Registration remains open until the course has reached its maximum enrollment OR until the Thursday at midnight prior to the course or webinar begins</i>	
Confirmation Emails sent at time of registration (Zoom links to be sent before online courses begin)	Time of registration
Term Begins	Monday, April 1, 2024
Term Ends	Friday May 24, 2024

**Note:** OLLI follows the University of Denver calendar for observance of scheduled holidays. Thus, there will be no OLLI courses held on Thanksgiving (11/28/24), day after Thanksgiving (11/29/24). Classes which are scheduled during the observance of Rosh Hashanah (10/2–10/4, 2024) and Yom Kippur (10/11/24) will be held at the discretion of the facilitator. Other holidays which DU observes fall outside of our scheduled dates for our terms and recess webinars.



## How to **Purchase** an **OLLI at DU Annual Membership**, **Pay** for Course Fees, **Select Courses**, **Register** for Courses *and* Find Your **ZOOM Links**

### How to Become a Member & Register for Courses & Webinars

#### **STEP 1: Visit the OLLI at DU Website (olli.du.edu)**

Membership information is located on our home page under the membership tab. Click on the membership type you would like to purchase and ADD to CART.

#### **STEP 2: Create an OLLI at DU account with Campus CE**

Campus CE is our registration system. Choose a sign-in name and password.

#### **STEP 3: Return to the Home Page and click on Courses/Registration**

Review our course catalog and select your favorite courses and/or webinars. Click on ADD TO CART.

#### **STEP 4: Checkout**

You must complete your registration by checking out. You will receive an immediate email confirmation of your membership and your registration with further instructions about your courses.

### Already an OLLI at DU Member? Here's How to Register for Courses & Webinars

#### **STEP 1: Visit the OLLI at DU Website (olli.du.edu)**

#### **STEP 2: Sign in to your account (located in red bar below the image of DU)**

You must sign into your account in order to be able to add courses and webinars to your account.

#### **STEP 3: Return to the Home Page and click on Courses/Registration**

Review our course catalog and select your favorite courses and/or webinars. Click on ADD TO CART.

#### **STEP 4: Checkout**

You must complete your registration by checking out. You will receive an immediate email confirmation of your membership and your registration with further instructions about your courses.

## Using the Website & Your Account

To access your account, go to OLLI.du.edu and locate the red bar below the image of DU.



Sign In Join OLLI Account Cart Home

Begin by clicking on **Sign In** and entering your user name and password.

AFTER YOU SIGN IN, click on the word **ACCOUNT** in the red bar below the photo of DU on the home page

In your account, you can access the following:

- ▶ **My Profile**
- ▶ **Username and Password**
- ▶ **History**
- ▶ **Class List**
- ▶ **My Membership**
- ▶ **Make a Payment**
- ▶ **Member Information**

**My Profile** - change your address, phone number or email

**Username and Password** - change your username and/or password

**History** - view all of your orders. Click on the order number to see what you purchased/selected

**Class List** - (probably the most important feature of your account!) this is where you find the information for every course, webinar, membership, or social event for which you registered. In this section, you can:

- 1) Click on a class title which is in red and is located in the third column. Here you will find the syllabus, course description, and instructor bio for that course.
- 2) Find the Zoom link for an online course.

**Make a Payment** - find out if you have any outstanding balance and enter your credit card information to pay for it.

# Course List by Subject Area

## HEALTH & WELLNESS (HEWE)

Making and Sharing Sound End-of-Life Choices, (We AM)	45
Minding Your Balance: Mind/Body Techniques to Improve Balance & Prevent Falls (Tu AM)	29
My Last Passage: Planning for the End of Life (Tu AM)	29
A Primer on Wellbeing (We PM)	51
Trail Walking--Oh the Places You'll Go! (Fr AM)	74

## HISTORY & ECONOMICS (HSEC)

Abraham Lincoln and Jefferson Davis: A Comparison Of Their Lives and Their Leadership (Th AM)	60
The AI Future: Are We Opening Pandora's Box or Creating an "Age of Abundance"? (Th AM)	60
AI & Technofeudalism: The Future According to Yanis Varoufakis (Tu AM)	31
The Americanization of Hawaii: 1820–1898 (online) (We PM)	52
The Americanization of Hawaii: 1820–1898 (in person) (Th PM)	68
The Cold War: Hot Politics in a Cold War World (1947–1962) (We AM)	46
Crusade in Europe: World War II (hybrid in person) (Tu PM)	35
Crusade in Europe: World War II (hybrid online) (Tu PM)	35
The Crusades: We Still Live with the Legacy (We PM)	51
Current Economic Issues: Facts and Fallacies (We PM)	53
Distant Thunder: The Plight of the Loyalist in the American Revolution (Mo PM)	26
From Pumpkin Papers to Pentagon Papers: Famous Trials of the Cold War and Vietnam (We AM)	46
James Madison Federalist #10: Understanding an American Partisanship (Tu PM)	36
A People's History of Colorado: From San Luis to Leadville to Ludlow (Th AM)	61
Salem Possessed (Tu PM)	36
This Land is Mine: A History of Palestine (online) (Th AM)	61
This Land is Mine: A History of Palestine (in person) (Tu AM)	30
Undercover with the FBI: Exploring Covert Operations (We PM)	53
Urban Pioneers: Community and Identity on Denver's Northwest Side (We PM)	52

## LITERATURE, WRITING & LANGUAGE (LWRL)

1969: The Year Everything Changed? (Th PM)	69
A Brief History of Language (Tu PM)	37
<i>David Copperfield</i> : Exploring the Victorian England of Charles Dickens (Tu PM)	37
From Obscurity to Cult Status: John Williams and His Novel <i>Stoner</i> (We AM)	47
"I, Too, Sing America" (Tu PM)	20, 38
Mysterious Places: The Garden (Th AM)	62
The Novel: <i>The Whistling Season</i> , by Ivan Doig (Th AM)	62
Tools for Your Writer's Toolbox (Th PM)	68

# OLLI@DU / 2024 SPRING / COURSE TITLES

## PSYCHOLOGY, RELIGION, PHILOSOPHY, CULTURE (PRPC)

Advice For Life: The Lubavitcher Rebbe's Guidance for Leading a More Purposeful Life (Tu PM)	39
Aging Gracefully: Nourishing Your Life and Spirit (Mo PM)	26
Critical Perspective: Understanding an Opinion That's Not Your Own (We PM)	54
Enneagram Wisdom Deepened via Watching Media, Part II (We AM)	47
The Four New Testament Gospels: Examining Their Unique Histories & Features (Th AM)	63
Harari's 21 Lessons for the 21st Century (online) (Mo PM)	27
Harari's 21 Lessons for the 21st Century (in person) (Tu PM)	39
"Life After Life"! The Mind-Blowing Phenomena of NDEs (Near Death Experiences) (Th PM)	69
Navigating Aging in an Ageist Culture: A Historical Perspective (We AM)	48
A Philosophical Reflection About Human Life, Growth and Pursuing Potential (Tu PM)	38
A Potpourri of Philosophers (We AM)	48
The Teachings and Wisdom of Jesus and Buddha (We PM)	54

## PUBLIC AFFAIRS & CURRENT EVENTS (PACE)

Can Humanity Survive Ecological Overshoot and Could it Lead to a Sustainable World? (Th PM)	70
Current Events, Section 1 (Tu AM)	31
Current Events, Section 2 (We AM)	49
Current Events, Section 3 (Th AM)	63
Documentary Films (We PM)	55
Expert Legal Interpretation of the Trump Indictments and Their Likelihood of Success (Tu PM)	40
Great Decisions, Section 1 (We AM)	49
Great Decisions, Section 2 (Th AM)	64
Great Decisions, Section 3 (We PM)	55
How Can We End Homelessness in America? It's Up to You! (Th PM)	70
MYTH AMERICA: Separating Fact from Fiction (Mo PM)	27
What is NATO and Where is it Going? (Tu AM)	30

## STEM

Beginning Birding and Beyond (Fr AM)	75
Birth and Death of Stars (Tu AM)	33
Come Bird With Us (Tu AM)	32
Exploring ChatGPT: Making Generative Artificial Intelligence Work for You (Th PM)	71
The Geology and History Behind Denver's Iconic Stone Buildings: Quarries and Stories (Tu AM)	32
Get Smarter about Your iPhone/iPad (Th PM)	71
Have More Fun With Apple! (We PM)	56
Living in the Energy Transition (Th AM)	65
Managing Your Photos Using Your Windows PC (Th AM)	66
Pollution in Your Backyard: Colorado Front Range Environmental Issues (We PM)	57
Protecting Wildlife Species Around the World (We AM)	50
The Story of Our Planet Earth: The First 4.6 Billion Years (Th AM)	65
Trusting Science: What We Know and Why We Know It (Tu AM)	33
Weather News You Can Use (Th AM)	64
What the BLEEP Do We Know About Theoretical Physics? (Tu PM)	40
Your Brain is You (We PM)	56

**VISUAL & PERFORMING ARTS (VIPA)**

The Art of Making Movies (Th AM)	66
Austrian Art and Music: 1888 to 1938 (Th PM)	73
A Brief History of the Early American Musical Theatre (Th PM)	72
Broadway Musicals from the Golden Age to Today (We PM)	57
Capturing Reality: The Art of Documentary Film (Th PM)	74
Classical Music and You: What to Know and How to Listen Like a Pro (Mo PM)	28
Comedy Appreciation (Th AM)	67
Create Magic Tricks to Amaze Your Grandchildren (Tu AM)	34
Denver Photography Walkabout (Begins Fri 5/3, then Tues 5/7, 5/14, 5/21; Note times)	43, 75
Don't Call Them Chick Flicks: Romantic Comedy (We PM)	58
From the Ballroom to the Bolshoi: Classical Dance (We AM)	50
Great TV Sitcoms That Changed America (Tu PM)	42
Japanese Woodblock Prints in the Edo Period (Tu AM)	35
Journeys: Learning Through Travel Adventures (We PM)	58
Learn Basic Pencil Sketching (Th PM)	73
Matinee at the Bijou – More Agatha Christie Mysteries (Mo PM)	28
Music, History and the Lives of Composers (Tu AM)	34
Music Through the Ages: A Listener's Guide (Th AM)	67
The Operas of Puccini (Tu PM)	43
Pixels in Paradise: Photographing Colorado's Splendor (Tu PM)	42
Silent Film Comedy: The Movies Learn to Laugh (Tu PM)	41
Some of the Best Films of the 1980s (Tu PM)	41
The Wisdom of the Spirituals (Th PM)	72

**MISCELLANEOUS (MISC)**

American Mah Jongg for Those People who have Never Played (We PM)	59
Bridge: Defense in the 21st Century (We PM)	59
Chatting In Spanish for Beginners (Tu PM)	44
Continuing American Mah Jongg for Novices (Tu PM)	44
Poker Basics for Beginners (Tu PM)	45

# IN-PERSON by Start Date/Day

DATE	DAY	COURSE #	COURSE TITLE	FACILITATOR
<b>TUESDAY AM</b>				
4/2	Tu AM	HEC1036	AI & Technofeudalism: The Future According to Yanis Varoufakis	Tsoucatos/Hughes
4/2	Tu AM	STM1036	Come Bird With Us	Ho
4/2	Tu AM	PAC1037	Current Events, Section 1 Tuesday	Reinish/Myers
4/2	Tu AM	VPA1056	Create Magic Tricks to Amaze Your Grandchildren	Krill
4/2	Tu AM	VPA1057	Japanese Woodblock Prints in the Edo Period	Mercure
4/2	Tu AM	HEW1018	Minding Your Balance: Mind/Body Techniques to Improve Balance & Prevent Falls	Chandler
4/2	Tu AM	VPA1055	Music, History and the Lives of Composers	Dais
4/2	Tu AM	HEC1057	This Land is Mine: A History of Palestine	Wyingarden
4/2	Tu AM	STM1037	Trusting Science: What We Know and Why We Know It	Holt
<b>TUESDAY PM</b>				
4/2	Tu PM	LWL1028	A Brief History of Language	Anthony
4/2	Tu PM	MIS1015	Continuing American Mah Jongg for Novices	Cassell/Rifkin
4/2	Tu PM	HEC1010	Crusade in Europe: World War II (hybrid)	McHugh
4/2	Tu PM	LWL1029	<i>David Copperfield</i> : Exploring the Victorian England of Charles Dickens	Eastman
4/2	Tu PM	PAC1011	Expert Legal Interpretation of the Trump Indictments and Their Likelihood of Success	Levinson/Lozow
4/2	Tu PM	VPA1062	Great TV Sitcoms That Changed America	Sieke
4/2	Tu PM	PRP1032	Harari's 21 Lessons for the 21st Century	Ortlieb
4/2	Tu PM	PRP1031	A Philosophical Reflection About Human Life, Growth and Pursuing Potential	Hill
4/2	Tu PM	MIS1017	Poker Basics for Beginners	Priester
4/2	Tu PM	VPA1059	Silent Film Comedy: The Movies Learn to Laugh	Moody
4/2	Tu PM	STM1039	What the BLEEP Do We Know About Theoretical Physics?	Gilbert
4/9	Tu PM	MIS1016	Chatting In Spanish for Beginners	Gordon
4/30	Tu PM	HEC1060	James Madison Federalist #10: Understanding an American Partisanship	Pletsch

SUBJECT AREA	LOCATION	# WEEKS	PAGE
HSEC	Jefferson UC	8	31
STEM	1st Univ C	8	32
PACE	1st Univ C	8	31
VIPA	Jefferson UC	4	34
VIPA	Columbine UC	7	35
HEWE	1st Univ C	4	29
VIPA	Jefferson UC	8	34
HSEC	Columbine UC	8	30
STEM	Columbine UC	8	33
LWRL	Jefferson UC	8	37
MISC	Columbine UC	8	44
HSEC	Ruffatto/DU	8	35
LWRL	Ruffatto/DU	8	37
PACE	1st Univ C	8	40
VIPA	Jefferson UC	8	42
PRPC	Columbine UC	8	39
PRPC	Ruffatto/DU	6	38
MISC	Jefferson UC	8	45
VIPA	Columbine UC	8	41
STEM	Columbine UC	8	40
MISC	1st Univ C	6	44
HSEC	Ruffatto/DU	4	36

# IN-PERSON by Start Date/Day continue

DATE	DAY	COURSE #	COURSE TITLE	FACILITATOR
<b>WEDNESDAY AM</b>				
4/3	We AM	PAC1038	Current Events, Section 2 Wednesday	Reinish/Myers
4/3	We AM	PAC1039	Great Decisions, Section 1	Appell/Epperson
4/3	We AM	HEW1019	Making and Sharing Sound End-of-Life Choices	Ho
4/10	We AM	HEC1062	The Cold War: Hot Politics in a Cold War World (1947–1962)	Hochstadt
5/1	We AM	LWL1033	From Obscurity to Cult Status: John Williams and His Novel <i>Stoner</i>	Stich
<b>WEDNESDAY PM</b>				
4/3	We PM	MIS1002	American Mah Jongg for Those People who have Never Played	Levy
4/3	We PM	VPA1049	Broadway Musicals from the Golden Age to Today	Conklin
4/3	We PM	PAC1031	Documentary Films	Reinish
4/3	We PM	PAC1032	Great Decisions, Section 3	B Steele/C Steele
4/3	We PM	PRP1027	The Teachings and Wisdom of Jesus and Buddha	Prevedel/Tsoucatos
4/17	We PM	HEC1048	Urban Pioneers: Community and Identity on Denver's Northwest Side	Hunt
<b>THURSDAY AM</b>				
4/4	Th AM	VPA1053	Comedy Appreciation	Sieke
4/4	Th AM	PAC1033	Current Events, Section 3	Casey
4/4	Th AM	PRP1028	The Four New Testament Gospels: Examining Their Unique Histories & Features	Preisinger
4/4	Th AM	VPA1052	Music Through the Ages: A Listener's Guide	Shulgold
4/4	Th AM	STM1032	The Story of Our Planet Earth: The First 4.6 Billion Years	Gentry
4/18	Th AM	HEC1052	The AI Future: Are We Opening Pandora's Box or Creating an "Age of Abundance"?	S Bennett
4/18	Th AM	STM1031	Weather News You Can Use	Corona



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SUBJECT AREA	LOCATION	# WEEKS	PAGE
PACE	1st Univ C	8	49
PACE	1st Univ C	8	49
HEWE	1st Univ C	8	45
HSEC	1st Univ C	6	46
LWRL	1st Univ C	4	47
MISC	1st Univ C	8	59
VIPA	Columbine UC	8	57
PACE	1st Univ C	8	55
PACE	Columbine UC	8	55
PRPC	1st Univ C	8	54
HSEC	Thornton/Regis	6	52
VIPA	Columbine UC	8	67
PACE	1st Univ C	8	63
PRPC	Thornton/Regis	4	63
VIPA	Chambers/DU	4	67
STEM	Columbine UC	8	65
HSEC	Columbine UC	6	60
STEM	Chambers/DU	6	64

# IN-PERSON by Start Date/Day continue

DATE	DAY	COURSE #	COURSE TITLE	FACILITATOR
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**THURSDAY PM**

4/4	Th PM	HEC1063	The Americanization of Hawaii: 1820-1898	Lippman
4/4	Th PM	VPA1067	A Brief History of the Early American Musical Theatre	Rouder
4/4	Th PM	PAC1040	How Can We End Homelessness in America? It's Up to You!	Burnes
4/4	Th PM	VPA1066	The Wisdom of the Spirituals	Jones

**FRIDAY AM**

4/5	Fr AM	HEW1020	Trail Walking-Oh the Places You'll Go!	Friedlander
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**FRIDAY PM**

5/3	Fr PM	VPA1064	Denver Photography "Walkabout" (Begins Fri 5/3, then Tues 5/7, 5/14, 5/21; Note times)	Payler
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SUBJECT AREA	LOCATION	# WEEKS	PAGE
HSEC	Chambers/DU	8	68
VIPA	Chambers/DU	6	72
PACE	Chambers/DU	7	70
VIPA	Chambers/DU	6	72
HEWE	Offsite	8	74
VIPA	Offsite	4	43, 75

## ONLINE by Start Date/Day

DATE	DAY	COURSE #	COURSE	FACILITATOR
<b>MONDAY PM</b>				
4/1	Mo PM	PRP1029	Aging Gracefully: Nourishing Your Life and Spirit	O'Brien
4/1	Mo PM	VPA1004	Classical Music and You: What to Know and How to Listen Like a Pro	Beeson
4/1	Mo PM	PRP1030	Harari's 21 Lessons for the 21st Century	Ortlieb
4/1	Mo PM	VPA1054	Matinee at the Bijou – More Agatha Christie Mysteries	McHugh
4/1	Mo PM	PAC1017	MYTH AMERICA: Separating Fact from Fiction	Lilly/Howard
4/15	Mo PM	HEC1017	Distant Thunder: The Plight of the Loyalist in the American Revolution	Krueger
<b>TUESDAY AM</b>				
4/2	Tu AM	STM1038	Birth and Death of Stars	S Jones
4/2	Tu AM	STM1035	The Geology and History Behind Denver's Iconic Stone Buildings: Quarries and Stories	Diedrich
4/2	Tu AM	HEW1017	My Last Passage: Planning for the End of Life	Baird
4/2	Tu AM	PAC1035	What is NATO and Where is it Going?	Bowen
<b>TUESDAY PM</b>				
4/2	Tu PM	HEC1010	Crusade in Europe: World War II (hybrid)	McHugh
4/2	Tu PM	LWL1030	"I, Too, Sing America"	S Walling
4/2	Tu PM	VPA1063	The Operas of Puccini	Williams
4/2	Tu PM	VPA1060	Pixels in Paradise: Photographing Colorado's Splendor	Payler
4/2	TU PM	PRP1033	Advice For Life: The Lubavitcher Rebbe's Guidance for Leading a More Purposeful Life	Serebryanski
4/2	Tu PM	HEC1059	Salem Possessed	Rich
4/2	Tu PM	VPA1058	Some of the Best Films of the 1980s	Matten/G Petty

SUBJECT AREA	# WEEKS	PAGE
PRPC	4	26
VIPA	8	28
PRPC	8	27
VIPA	8	28
PACE	8	27
HSEC	6	26
STEM	8	33
STEM	4	32
HEWE	8	29
PACE	4	30
HSEC	8	35
LWRL	8	38
VIPA	6	43
VIPA	4	42
PRPC	6	39
HSEC	8	36
VIPA	8	41

# ONLINE by Start Date/Day continued

**DATE DAY COURSE # COURSE FACILITATOR**

**WEDNESDAY AM**

4/3	<b>We AM</b>	PRP1034	Enneagram Wisdom Deepened via Watching Media, Part II	Paiva
4/3	<b>We AM</b>	HEC1061	From Pumpkin Papers to Pentagon Papers: Famous Trials of the Cold War and Vietnam	Adelman
4/3	<b>We AM</b>	VPA1065	From the Ballroom to the Bolshoi: Classical Dance	Schwarm
4/3	<b>We AM</b>	PRP1036	Navigating Aging in an Ageist Culture: A Historical Perspective	VanDusen
4/3	<b>We AM</b>	PRP1035	A Potpourri of Philosophers	Putman
4/3	<b>We AM</b>	STM1040	Protecting Wildlife Species Around the World	Rucks

**WEDNESDAY PM**

4/3	<b>We PM</b>	HEC1049	The Americanization of Hawaii: 1820-1898	Lippman
4/3	<b>We PM</b>	MIS1014	Bridge: Defense in the 21st Century	Holmes
4/3	<b>We PM</b>	HEC1047	The Crusades: We Still Live with the Legacy	Folkestad
4/3	<b>We PM</b>	HEC1050	Current Economic Issues: Facts and Fallacies	Sahling
4/3	<b>We PM</b>	VPA1050	Don't Call Them Chick Flicks: Romantic Comedy	Kozloff
4/3	<b>We PM</b>	STM1029	Have More Fun With Apple!	Arapakis
4/3	<b>We PM</b>	VPA1051	Journeys: Learning Through Travel Adventures	Werren
4/3	<b>We PM</b>	STM1030	Pollution in Your Backyard: Colorado Front Range Environmental Issues	Lanning
4/3	<b>We PM</b>	HEW1016	A Primer on Wellbeing	Staffeldt
4/3	<b>We PM</b>	STM1005	Your Brain is You	Adams
5/1	<b>We PM</b>	HEC1051	Undercover with the FBI: Exploring Covert Operations	Wincelowicz
5/1	<b>We PM</b>	PRP1026	Critical Perspective: Understanding an Opinion That's Not Your Own	Conner

SUBJECT AREA	# WEEKS	PAGE
PRPC	4	47
HSEC	4	46
VIPA	6	50
PRPC	4	48
PRPC	8	48
STEM	6	50
HSEC	8	52
MISC	8	59
HSEC	8	51
HSEC	6	53
VIPA	6	58
STEM	4	56
VIPA	8	58
STEM	4	57
HEWE	4	51
STEM	6	56
HSEC	4	53
PRPC	4	54

## ONLINE by Start Date/Day continued

DATE	DAY	COURSE #	COURSE	FACILITATOR
<b>THURSDAY AM</b>				
4/4	Th AM	HEC1053	Abraham Lincoln and Jefferson Davis - A Comparison Of Their Lives and Their Leadership	Kleinschmidt
4/4	Th AM	VPA1061	The Art of Making Movies	Magnani
4/4	Th AM	PAC1034	Great Decisions, Section 2	Holme/Winber
4/4	Th AM	STM1033	Living In The Energy Transition	Nelson
4/4	Th AM	STM1034	Managing Your Photos Using Your Windows PC	Sherman
4/4	Th AM	LWL1027	Mysterious Places: The Garden	Lange
4/4	Th AM	LWL1026	The Novel: <i>The Whistling Season</i> , by Ivan Doig	D Batt/G Batt
4/4	Th AM	HEC1054	A People's History of Colorado: From San Luis to Leadville to Ludlow	Walsh
4/4	Th AM	HEC1055	This Land is Mine: A History of Palestine	Wyngarden
<b>THURSDAY PM</b>				
4/4	Th PM	LWL1032	1969: The Year Everything Changed?	Paul
4/4	Th PM	VPA1068	Austrian Art and Music: 1888 to 1938	Susak/Lauscher
4/4	Th PM	PAC1041	Can Humanity Survive Ecological Overshoot and Could it Lead to a Sustainable World?	Tebbe
4/4	Th PM	VPA1070	Capturing Reality: The Art of Documentary Film	Vice/Lungerhausen
4/4	Th PM	STM1001	Get Smarter about Your iPhone/iPad	Sherman
4/4	Th PM	VPA1069	Learn Basic Pencil Sketching	Verma
4/4	Th PM	PRP1037	"Life After Life"! The Mind-Blowing Phenomena of NDEs (Near Death Experiences)	Arapakis
4/4	Th PM	LWL1031	Tools for Your Writer's Toolbox	Ault
5/2	Th PM	STM1042	Exploring ChatGPT: Making Generative Artificial Intelligence Work for You	Blair
<b>FRIDAY AM</b>				
4/5	Fr AM	STM1041	Beginning Birding and Beyond	Kristensen/Frankenfeld



SUBJECT AREA	# WEEKS	PAGE
HSEC	6	60
VIPA	8	66
PACE	8	64
STEM	6	65
STEM	6	66
LWRL	8	62
LWRL	8	62
HSEC	6	61
HSEC	8	61
LWRL	7	69
VIPA	8	73
PACE	8	70
VIPA	8	74
STEM	6	71
VIPA	8	73
PRPC	4	69
LWRL	6	68
STEM	4	71
STEM	6	75

## MONDAY AFTERNOON

### **Distant Thunder: The Plight of the Loyalist in the American Revolution** HEC1017

#### **Monday Afternoon**

**Dates:** 4/15 to 5/20 (six weeks)

**Time:** 1–3 PM

**Facilitator:** Timothy Krueger

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Central

**Subject Area:** History and Economics

The saying that history is written by the victors is quite true of the American Revolution where what is called the “Patriot” perspective is universally assumed to be the “right” one. But every conflict between human beings contains contrary points of view, where well-meaning participants see things from completely different perspectives. It is estimated that a full one third of the American population identified themselves with the Loyalist perspective, yet they have been largely vilified in nearly every historical account. This class will use the historical fiction novel, *Distant Thunder*, by facilitator, Timothy Krueger, based on the actual experiences of an American clergyman from Portland, Maine who gradually found himself sympathizing with the Loyalist perspective, thus illustrating a unique and surprising aspect to this supposedly well-known era. A jarring resonance to our own time will be touched upon.

Required Book: *Distant Thunder* by Timothy Krueger, available on Amazon, Kindle

### **Aging Gracefully: Nourishing Your Life and Spirit** PRP1029

#### **Monday Afternoon**

**Dates:** 4/1 to 4/22 (four weeks)

**Time:** 1–3 PM

**Facilitator:** Eileen O’Brien

**Location:** Online

**Class Limit:** 15

**Sponsoring Site:** Regis

**Subject Area:** Psychology, Religion, Philosophy, and Culture

Come gather in community to explore diverse perspectives on spirituality and aging as well as coming to a deeper understanding of ourselves facing both the challenges and the opportunities as we age. Eileen O’Brien, a Regis University Affiliate Faculty member who holds an MA in counseling and a Special Certificate in Spirituality, will take you on a journey informed by spiritual thinkers and leaders such as Thomas Moore, Pema Chodron, Joan Chittister and many others. During this course, you will discover how to embrace the journey of aging while caring for your spirit in order to step into the future and create a meaningful legacy.

“*Eileen pulled from a variety of resources and made the material relevant, personal and eye-opening.*”

**Harari's 21 Lessons for the 21st Century**PRP1030**Monday Afternoon****Dates:** 4/1 to 5/20 (eight weeks)**Time:** 1–3 PM**Facilitator:** Terry Ortlieb**Location:** Online**Class Limit:** 40**Sponsoring Site:** South**Subject Area:** Psychology, Religion, Philosophy, and Culture

Harari is one of the most innovative thinkers on the planet. His books have been recommended by some of the most influential people of our time including Bill Gates, Barack Obama, Mark Zuckerberg, Elon Musk and many others. If you take a quick peek at the chapter titles in the syllabus you will see that the focus of this book, *21 Lessons for the 21st Century*, (required to purchase) is to expand our vision and make sense of some of today's most pressing issues including terrorism and immigration. This class will be a true adventure as we will use visual metaphors and examples to bring the innovative ideas to both the visual and textural learner.

Harari suggests that we will have to be open to letting go of our current cultural prejudices if we want to understand and be part of the 21st Century. His 21 lessons continually ask us to engage with the information technology and biological technology that he believes are going to create a 21st century that is as different to us today as the industrial age would have been to a hunter gatherer. We will take this journey through an examination of Harari's ideas and discuss how we interpret, agree and/or disagree with his list of lessons.

Required Book: *21 Lessons for the 21st Century* by Harari

**MYTH AMERICA: Separating Fact From Fiction**PAC1017**Monday Afternoon****Dates:** 4/1 to 5/20 (eight weeks)**Time:** 1–3 PM**Facilitators:** Barbara Lilly and Alice Howard**Location:** Online**Class Limit:** 35**Sponsoring Site:** Central**Subject Area:** Public Affairs and Current Events

Why did the Founding Fathers create this country? Is the US exceptional, an empire, or socialist? Our past has been distorted by partisan pundits leading us to believe fiction over fact. *MYTH AMERICA* attempts to replace myths with research and reality in a series of essays on twenty common myths. These historians debunk narratives such as the failure of the New Deal, the idea that immigrants are hostile invaders, and that markets can regulate themselves. This class will explore 2-3 myths a week during vigorous discussions and sharing live experiences. This course was previously offered in the 2023 Fall term.

Required Book: *MYTH AMERICA: Historians Take on the Biggest Lies About Our Past* by Kevin Kruse and Julian Zelizer, Basic Books 2022

**“ The facilitators were excellent...so well prepared and presented so well. They strongly encouraged class discussion and graciously accepted what was said... although most were in agreement. ”**

## **Matinee at the Bijou-More Agatha Christie Mysteries**

VPA1054

### **Monday Afternoon**

**Dates:** 4/1 to 5/20 (eight weeks)

**Time:** 12:30–3 PM (2.5 hours)

**Facilitator:** Mac McHugh

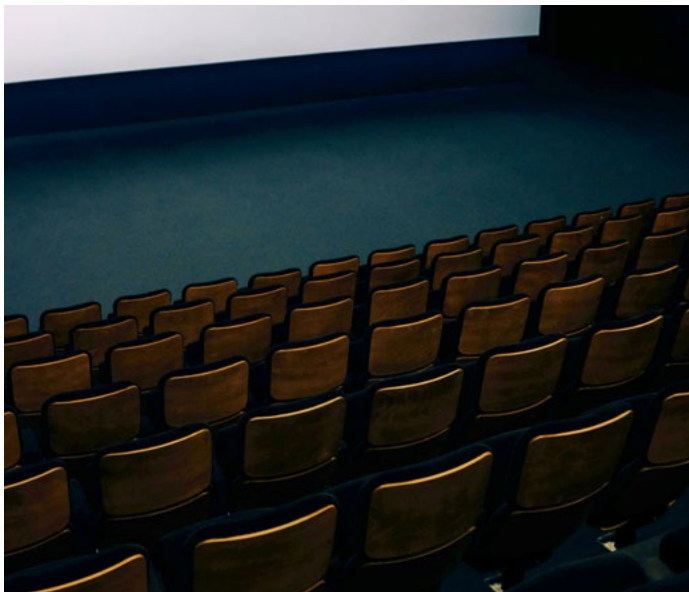
**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** On Campus

**Subject Area:** Visual and Performing Arts

Dame Agatha Christie rivals Sir Arthur Conan Doyle as the most famous of the English drawing room mystery writers from the Golden Age. She created some of the most beloved of mystery solvers in Miss Marple, Hercule Poirot and others that led the way in detective novels. This term we match wits with Christie's favorite characters. We will run into unemployed WWI veterans, a retired police detective, a "little" old lady and others at dinner. Return with us to the Golden Age of Hollywood with a mixture of light-hearted comedies and a few with a darker side. Our dime admission this time brings us a whole new marquee of movies. Again, we will have the weekly action-packed serial. We will have a short discussion before and after the movie to discuss the stars, the plot and why the movie was successful.



## **Classical Music and You: What to Know and How to Listen Like a Pro**

VPA1004

### **Monday Afternoon**

**Dates:** 4/1 to 5/20 (eight weeks)

**Time:** 1–3 PM

**Facilitator:** Catherine Beeson

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Central

**Subject Area:** Visual and Performing Arts

Explore and learn about the history and development of classical music from small ensemble to the symphony orchestra, with a Colorado Symphony musician/educator. Discover, explore, and compare music-making techniques of master composers from every major era, including women composers and composers of color. We will listen to, discuss, and make observations about different instruments and compositions. This class will enhance your understanding and appreciation of classical music. OLLI students will learn the basic history of classical music, listen to and compare/contrast examples of music from all major historical periods and learn about composers from each of those periods. This class will enhance your understanding and appreciation of classical music. Whether you're a novice or a classical music aficionado, get ready to expand your knowledge and experience all sorts of new, cool information from a professional musician and educator!

## TUESDAY MORNING

### **My Last Passage: Planning for the End of Life**

HEW1017

#### **Tuesday Morning**

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Bill Baird

**Location:** Online

**Class Limit:** 25

**Sponsoring Site:** South

**Subject Area:** Health & Wellness

Do you spend more time planning for a vacation than for your final trip? While death is not a happy thought, planning can prevent messy, uncomfortable, and often emotional situations for your loved ones. This class is intended for those who prefer to plan for our inevitable departure from the land of the living. This is not a class about dying, although we may mention that in passing. It's about "packing your suitcase" for a trip we will all take someday. This course will cover topics like preparing an up-to-date health-care power of attorney, writing a will, determining how you want your remains handled, how you want your service to be run and your estate settled. Who better than you can write your obituary? Let's do it! Among our class visitors will be a Denver lawyer who specializes in elder law and advance planning. We will also hear from a representative from a local funeral home who will talk about arrangements and prices. Do your family a favor — leave a plan in writing for them.

**“ Bill provided excellent information from many reliable sources, well organized, well presented, extremely relevant, and very provocative. ”**

### **Minding Your Balance: Mind/Body Techniques to Improve Balance and Prevent Falls**

HEW1018

#### **Tuesday Morning**

**Dates:** 4/2 to 4/23 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Susan Chandler

**Location:** First Universalist Church

**Class Limit:** 18

**Sponsoring Site:** Central

**Subject Area:** Health & Wellness

As we age, the risk of falls tends to increase largely due to a decline in balance abilities. This decline is often gradual and can start as early as middle age. The progressive loss isn't typically noticed or considered a problem that we can or should deal with ... until we fall. Therefore, incorporating balance training into a proactive, personal health management strategy is essential for many of us. Minding Your Balance™ draws on lessons from the martial art Ki-Aikido to take a groundbreaking look at balance and its fundamental relationship to mind and emotion. Easy to learn mind-body exercises, scientific insights, and stories of applications in everyday life will provide participants with tools to immediately improve balance control. Each class will include checking in with participants about their needs and experiences, information on the science behind the mind-body activities, and ways to practice and apply the lessons in everyday living.

Participants will work individually and with partners. Activities can be done seated and standing; all activities are adaptable to different needs and abilities.

## This Land is Mine: A History of Palestine

HEC1057

### Tuesday Morning

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Gary Wyngarden

**Location:** Columbine United Church

**Class Limit:** 35

**Sponsoring Site:** South

**Subject Area:** History and Economics

What created this mess? William Faulkner wrote: “The past is never dead. It’s not even past.” This class will dive deeply into Palestine’s past and how it has contributed to, and ultimately shaped, the current-day tragedy in the Holy Land.

We will begin with 3000 BCE:

- Who were the Canaanites and where did they come from?
- How did the Israelites end up in Palestine?
- How did the series of conquerors and rulers shape the country?
- How did the religions of Judaism, Christianity, and Islam influence Palestine?

We will explore the last 150 years:

- Where did the Zionist movement begin and why was it so successful?
- Why did Great Britain support the creation of a Jewish homeland in Palestine?
- Why did the newly formed United Nations advocate a two-nation solution in 1948?
- Why did the Jews win the wars of 1948 and 1967 so decisively?

And finally, what is the situation today?

This is an eight-week course that will include lecture, videos, and a lot of discussion. The class will be offered both in person at OLLI South and online. Each class will be limited to 35.



## What is NATO and Where is it Going?

PAC1035

### Tuesday Morning

**Dates:** 4/2 to 4/23 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** John Bowen

**Location:** Online

**Class Limit:** 35

**Sponsoring Site:** West

**Subject Area:** Public Affairs and Current Events

The North Atlantic Treaty organization has been a successful instrument for keeping peace for seventy-five years. It relies on the concept of collective defense — an arrangement whereby states commit support in defense of member states if attacked by a state outside the organization. It has evolved from its early origins into a broader instrument of international policy. Expansion in recent years has created new issues and NATO’s growth has not been without controversy. Indeed, when Ukraine showed cautious interest in joining NATO, Russia used this as justification for its invasion. The 9/11 attacks and war in Ukraine have highlighted the issue of collective defense but also divisions within the alliance. At the same time, we have seen significant stresses among the partners because of factors not related to defense. This course will focus on the strengths and weaknesses of NATO, its current incarnation, and potential future developments



## AI & Technofeudalism: The Future According to Yanis Varoufakis

HEC1036

### Tuesday Morning

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–12 noon (2.5 hrs.)

**Facilitators:** Alec Tsoucatos and Ralph Hughes

**Location:** Jefferson Unitarian Church

**Class Limit:** 30

**Sponsoring Site:** West

**Subject Area:** History and Economics

In this class we will review the ideas and actions of Yanis Varoufakis with particular emphasis on his book, *Technological Feudalism*. Prof. Varoufakis was appointed Minister of Finance of Greece in January 2015. He resigned his post in June 2015 when the Greek government accepted a fourth, major bailout loan, ignoring the fact that 62% of voters had rejected by referendum any further debt to the European Community. He became both an international star and international villain for his economics, his policies, his interviews, and his actions. In his new book, Varoufakis warns of an emerging social order that revolves around enormous technological monopolies that use their command of the world's data and market platforms to erode democracy and workers' rights. We will cover why his views are so threatening to the political and financial elites throughout the world and the solutions to the coming techno dystopia that he has suggested.

Recommended reading: *Technofeudalism: What Killed Capitalism?* by Yanis Varoufakis.

Additional recommended reading for taxation is *The Triumph of Injustice: How the Rich Dodge Taxes and How to Make Them Pay* by Emmanuel Saez & Gabriel Zucman (2019).

For spending: *Poverty by America*, written by Matthew Desmond & Dion Graham (2023)

## Current Events: Section 1 PAC1037

### Tuesday Morning

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitators:** Richard Reinish and Sydney Myers

**Location:** First Universalist Church

**Class Limit:** 25

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

This is a discussion class that welcomes all points of view as it makes for a lively exchange. We will discuss the prior week's news in the first hour. In the second hour a topic that is current will be determined by the facilitators and articles will be sent out for that discussion. The facilitators of this class express a progressive point of view on American politics. They welcome conservative or other points of view and encourage discussion as part of our learning experience.

## **The Geology and History Behind Denver's Iconic Stone Buildings: Quarries and Stories** STM1035

### **Tuesday Morning**

**Dates:** 4/2 to 4/23 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Rob Diedrich

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Central

**Subject Area:** STEM

Many of Denver's historic buildings were constructed over a century ago using stone mainly from Colorado quarries. This class will examine some of Colorado's most famous building stones including the brilliant white Yule Marble and the deep brick red Lyons Sandstone. We will discuss the geologic mechanisms that formed these distinctive rocks, the quarry locations and early 20th century extraction methods, and the stories of the people behind the building construction. Tales of some of these structures' more colorful inhabitants will also be shared. The course will feature such iconic buildings as the Brown Palace, the Colorado State Capitol, and the Denver Mint, and participants will learn about a unique chapter in Denver's history and the stones that built the city.



## **Come Bird With Us** STM1036

### **Tuesday Morning**

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** George Ho, Jr., M.D.

**Location:** First Universalist Church

**Class Limit:** 12

**Sponsoring Site:** Central

**Subject Area:** STEM

For anyone interested in “Birding” or “Bird Watching” to enjoy being outdoors, walking 1-2 miles, and interacting with each other while watching birds. The classroom sessions will consist of birding etiquette and appearance of birds: size, shape, color and identifying field marks. They will highlight bird behaviors and habitats and other interesting aspects of these living dinosaurs and how they reflect the health of our planet. In the 4 classroom sessions, George will share his photos of birds on PowerPoint, knowledge and experience in birding, and being a citizen scientist. The other 4 sessions will be field trips. Locations include Bluff Lake Nature Center, Rocky Mountain Arsenal National Wildlife Refuge, and other locations. These sessions will be longer than 2 hours and scheduled depending on the weather.

Recommended to download the free “Merlin” app from Cornell Lab of Ornithology onto your phone





## Trusting Science: What We Know and Why We Know It

STM1037

### Tuesday Morning

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Charles Holt

**Location:** Columbine United Church

**Class Limit:** 35

**Sponsoring Site:** South

**Subject Area:** STEM

Today science seems to confront a public crisis of trust. The scientific consensus on climate change and the effectiveness of vaccines are routinely challenged or misrepresented. Tobacco companies, the fossil fuels industry, free market think tanks, and other organizations with economic interests and ideological commitments, counter to scientific findings, have sown doubts about science. We know that scientists sometimes make mistakes, and that scientific findings now once widely believed are wrong. Why, when, and to what extent should we trust science? We will explore answers to these questions of when and why scientific findings are reliable. The trustworthiness of scientific consensus is based on science's character as a collective enterprise. What is the nature of scientific understanding? Is there one scientific method? We will examine the crucial role of the scientific community's check on accepted scientific knowledge. The course will defend the role of values in science and set a credo of the rationale of the scientific process.

Recommended Book: Oreskes, Naomi. *Why Trust Science?* 1 (The University Center for Human Values Series). Princeton University Press. Kindle Edition. 2021.

## **📍** Birth and Death of Stars

STM1038

### Tuesday Morning

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Stewart Jones

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Central

**Subject Area:** STEM

Astronomy is possibly the most rapidly developing of all the sciences. The past few years have seen quantum developments in our understanding of the universe. Unmanned astronomical spacecraft such as the James Webb telescope, Hubble telescope, Spitzer, Kepler, etc. have significantly expanded our knowledge, including the birth and existence of planets around other stars. This course, *The Birth and Death of Stars*, will describe how stars form, their life cycle, their eventual death process and the impact of the sun on life on Earth. We will also discuss what is known about the many exo-planets that have been found around neighboring stars.

Required Book: Kenneth R. Lang. *The Life and Death of Stars*, (Cambridge University Press), New York, 2013.



## Music, History and the Lives of Composers

VPA1055

### Tuesday Morning

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Hille Dais

**Location:** Jefferson Unitarian Church

**Class Limit:** 50

**Sponsoring Site:** West

**Subject Area:** Visual and Performing Arts

This class is for music lovers and amateur historians. During each session, we will learn about one particular time in a composer's life and the composition that experience inspired. Our chosen composers are Chopin, Brahms, Verdi, Rimsky-Korsakov, Holst, Shostakovich and Copland. Histories will cover events in Poland, Hungary, Italy, Russia and the US. Each session is selected from "Music as a Mirror of History", a lecture series by Professor Robert Greenberg, a prolific presenter of music-related topics for Great Courses, who presents in a lively, engaging style. Here he turns to connections between specific compositions and their historical context. Many of these topics will have somber back stories. We will hear and view one lecture per session, leaving ample time for discussion and further exploration.

**“ Hille did due diligence in researching her subject, and combined the “facts” with performances by a pianist, violinist, and cellist. This approach brought to life the person and music that is Bach. The final class found us learning about Baroque art through another tried and true OLLI facilitator, Susan Elliot. Thanks so much for this terrific in-person class, Hille. Bravo! ”**

## Create Magic Tricks to Amaze Your Grandchildren

VPA1056

### Tuesday Morning

**Dates:** 4/2 to 4/23 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Donald Krill

**Location:** Jefferson Unitarian Church

**Class Limit:** 20

**Sponsoring Site:** West

**Subject Area:** Visual and Performing Arts

Don Krill performed magic at Denver's Mercury Café for twenty years and, in this course, will teach simple magic tricks and demonstrate how to perform them. Class participants will learn how to use ordinary objects, such as coins, cards, balls, rubber bands, string, paper and pencils to perform magic tricks. Participants will experience the fulfillment of entertaining and interacting with a grandchild or relative. There will be a wide variety of tricks included so that various magician styles and a broad range of audience ages will be represented. Sleight of hand will be minimal and tailored to the hands of a senior. No books or special equipment are required for this course. Class participants should be prepared to bring to the first class a deck of cards, some coins (include a penny), a small pad and a pencil.



## Japanese Woodblock Prints in the Edo Period

VPA1057

### Tuesday Morning

**Dates:** 4/2 to 5/14 (7 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Jerry Mercure

**Location:** Columbine United Church

**Class Limit:** 25

**Sponsoring Site:** South

**Subject Area:** Visual and Performing Arts

While I had seen Japanese woodblock prints in the past and often gave them only a passing glance, I have now studied them in some depth. I am astonished at the skill and craftsmanship involved in their creation, the stories they portray, and the beauty they capture. They cover a wide range of subjects of broad appeal — beautiful women, kabuki actors, scenes from history and folk tales, travel scenes and landscapes, and flora and fauna. Using a combination of lecture and video, we will delve into Japanese culture of the period, look at historical Japanese woodblock printmaking technique, show the evolution of woodblock printmaking and highlight the dominant figures in the Edo period (1615–1868). And of course, we will look at some of the most beautiful Japanese prints ever made. Japanese prints have had a huge impact on Western art over the last 350 years. Prepare to be awed by this art form that was hugely popular with the lower echelons of Japanese society and that is now regarded as the epitome of Japanese elegance, style, and artistic skill. No extracurricular reading is required.

“*This was the second course about Japanese woodblock printing that I have taken from Jerry Mercure. His preparation is exceptionally thorough and is evident in the depth of his commentary and the professional quality of the slides that he creates.*”

## TUESDAY AFTERNOON

### **Crusade in Europe: World War II**

HEC1010

### Tuesday Afternoon

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Mac McHugh

**Location:** Hybrid - Ruffatto Hall/DU  
in-person and unlimited online

**Class Limit:** 27

**Sponsoring Site:** On Campus

**Subject Area:** History and Economics

“You are about to embark on a great crusade” as stated by Gen. Dwight D. Eisenhower to his troops as they entered their landing craft and aircraft on D-Day. But what did it take to return to Europe? And what were the conflicts required in the next eleven months to win the victory? Europe took priority over the other operating areas in the war. Why was it first for men and material? We will look at Eisenhower’s own words from his book *Crusade in Europe* to see what his thoughts were at the time. We will look at the politics, the strategy, the tactics, and the military leaders on both sides of the conflict as the Allies drove to Germany. We will end the class with a look at the aftermath and the cost to Europe after six years of war, as well as with a look at the Nuremberg Trials.

## **Salem Possessed** HEC1059

### **Tuesday Afternoon**

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Myra Rich

**Location:** Online

**Class Limit:** 24

**Sponsoring Site:** Central

**Subject Area:** History and Economics

This class will look at the Salem Witch Trials from the perspective of one of the most influential books written about that event. Exploring this interpretation will give us the opportunity to think about how historians “do” history and about how understandings and interpretations can evolve in many different directions over a long period of time. The book also gives us a look at how early New England towns functioned and how complicated these tiny communities could be.

Required Book: Boyer, Paul and Nissenbaum, Steven. (1974) *Salem Possessed: The Social Origins of Witchcraft*, Harvard University Press

“**Myra was great and I enjoyed the discussions. She added so much to our understanding of the time period. Overall, it was more focused on why things happened rather than what happened.**”

## **James Madison Federalist #10: Understanding American Partisanship**

HEC1060

### **Tuesday Afternoon**

**Dates:** 4/30 to 5/21 (4 weeks)

**Time:** 1–3 PM

**Facilitator:** Carl Pletsch

**Location:** Ruffatto Hall/DU

**Class Limit:** 20

**Sponsoring Site:** On Campus

**Subject Area:** History and Economics

Federalist #10 (1787) is the closest thing to a treatise in political theory written by an American founder. In it, James Madison attempted to explain how, under the Constitution, the United States might solve the problem of factionalism that we experience as partisanship today. This and all the Federalist papers were written after the Constitution had been signed but before it was ratified, and thus before the first government could be elected or inaugurated. Reading Federalist #10 closely in the several contexts of (1) other Federalist Papers, (2) the ratification campaign, and (3) the long aftermath of US history until today may help us understand the current predicament of the United States.

Required Book: *Federalist Papers*, editor JR Pole, (Hackett Publishers) or photocopy of #10.

## A Brief History of Language

LWL1028

### Tuesday Afternoon

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** [Carol Anthony](#)

**Location:** Jefferson Unitarian Church

**Class Limit:** 25

**Sponsoring Site:** West

**Subject Area:** Literature, Writing and Language

This subject is so enormous that this survey will only touch on the bare bones (or basic highlights) of this fascinating subject. Unlike physical history with archaeological evidence, we will NEVER be able to find out how language started (unless H. G. Wells gets that time machine going again). This course will survey what we posit, what we guess, and what we know about the evolution of the world's languages. We will start with theories of how and why language started. It is our most uniquely human characteristic! We will discuss how it may have evolved in early man and then look at the world's families of languages. We will then focus on the two major languages we are most familiar with in the west, the Indo-European and Semitic. We will finally narrow our focus to discuss the evolution of English, and finish with an examination of the disappearance of many of the world's languages. Bet this course will surprise you!

Required Books: *Atlas of Languages*, ed. Bernard Comrie, et. al. any edition

*A History of the English Language*, Albert C. Baugh, any edition

## David Copperfield: Exploring the Victorian England of Charles Dickens

LWL1029

### Tuesday Afternoon

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** [Gloria Eastman](#)

**Location:** Ruffatto Hall/DU

**Class Limit:** 20

**Sponsoring Site:** Regis

**Subject Area:** Literature, Writing and Language

Dr. Gloria Eastman is a retired Professor Emerita of English from the Metropolitan State University of Denver and specializing in 19th century British Literature and English who will lead you on an exploration of Charles Dickens' novel, *David Copperfield*, and the social and historical realities of early Victorian England. As you dive into the much-loved and largely autobiographical work of Dickens — who self-described this piece of literature as his “favourite child” — you will examine Dickensian themes surrounding the Victorian social issues of women, child labor, education, industrialization and the middle-class. In addition, you will explore the vivid cast of characters created by Dickens: the impoverished Wilkins Micawber, the formidable aunt, Betsey Trotwood, the treacherous Uriah Heep, and many others.

Required Book: Dickens, Charles. *David Copperfield*, Penguin Classics paperback edition (\$8.99 on Amazon).

## “I, Too, Sing America” LWL1030

**Tuesday Afternoon**

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Sally Walling

**Location:** Online

**Class Limit:** 25

**Sponsoring Site:** South

**Subject Area:** Literature, Writing and Language

“Besides,  
They’ll see how beautiful I am  
And be ashamed-  
I, too, am America.”  
- Langston Hughes “I, Too”

These stirring words from Hughes’ famous poem from 1926 are as moving and relevant now as they were when written. Similar to my two previous courses, we’ll continue exploring Black art and literature created by a diverse group of authors and artists.

For the first four weeks we’ll immerse ourselves in the Award Winning 2023 novel, *This Other Eden* by Paul Harding. This novel was inspired by the true story of Malaga Island, isolated off the coast of Maine, that became one of the first racially integrated towns in the Northeast.

The second half of each class we’ll continue our study of American art and the impact that these artists have had on our country’s culture. We’ll focus on short stories and poetry by Black writers, provided by the facilitator, as well as continue our study of art. You do not need to have taken part one or two; all material will be new.

There might be areas that some would find objectionable so please come with an open mind and heart!

Required text: *This Other Eden* by Paul Harding

## A Philosophical Reflection About Human Life, Growth, and Pursuing Potential

PRP1031

**Tuesday Afternoon**

**Dates:** 4/2 to 5/7 (6 weeks)

**Time:** 1–3 PM

**Facilitator:** Roscoe Hill

**Location:** Ruffatto Hall, DU

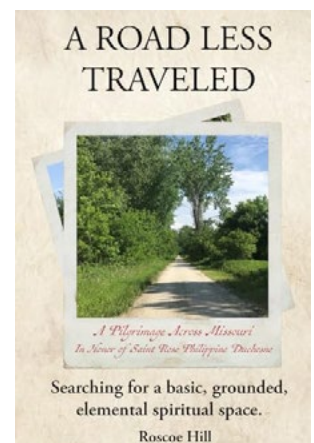
**Class Limit:** 20

**Sponsoring Site:** On Campus

**Subject Area:** Psychology, Religion, Philosophy, and Culture

The focus on life, growth and pursuing potential will lead to our 2,500-year wisdom tradition rooted in ancient China, India, Israel and Greece. The course will be an author-reader interchange. We will read one book: *A Road Less Traveled*, just published by Roscoe Hill (the facilitator). The book is a day-by-day account of his experiences and thoughts during a pilgrimage. As he walks — searching for a basic, grounded, elemental spiritual space — he recalls his decades-long journey from his childhood religious belief in a theist God that supernaturally intervenes in our world to preferring silence about God. At bottom, religion is not about God-talk and beliefs, it is about taking good care of others. Once God-talk is gone, what’s left is everything beyond words that was always there and is still there. If you are asking, “How can I manage with little or no God-talk?” — this course is for you.

Required Book: Hill, Roscoe. (2023) *A Road Less Traveled*. Amazon, paperback



## Harari's 21 Lessons for the 21st Century

PRP1032

### Tuesday Afternoon

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Terry Ortlieb

**Location:** Columbine United Church

**Class Limit:** 25

**Sponsoring Site:** South

**Subject Area:** Psychology, Religion, Philosophy, and Culture

Harari is one of the most innovative thinkers on the planet. His books have been recommended by some of the most influential people of our time including Bill Gates, Barack Obama, Mark Zuckerberg, Elon Musk and many others. If you take a quick peek at the chapter titles in the syllabus you will see that the focus of this book, *21 Lessons for the 21st Century*, (required to purchase) is to expand our vision and make sense of some of today's most pressing issues including terrorism and immigration. This class will be a true adventure as I will use visual metaphors and examples to bring the innovative ideas to both the visual and textural learner. Harari suggests that we will have to be open to letting go of our current cultural prejudices if we want to understand and be part of the 21st Century. His 21 lessons continually ask us to engage with the information technology and biological technology that he believes are going to create a 21st century that is as different to us today as the industrial age would have been to a hunter gatherer. We will take this journey through an examination of Harari's ideas and discuss how we interpret, agree and/or disagree with his list of lessons.

Required Book: Harari, Yuval Noah. *21 Lessons for the 21st Century*. (2019) Random House.

## Advice for Life: The Lubavitcher Rebbe's Guidance for Leading a More Purposeful Life

PRP1033

### Tuesday Afternoon

**Dates:** 4/2 to 5/21 (6 weeks - no course 4/23 & 4/30)

**Time:** 1–3 PM

**Facilitator:** Rabbi Yossi Serebryanski

**Location:** Online

**Class Limit:** 30

**Sponsoring Site:** On Campus

**Subject Area:** Philosophy, Religion, Psychology and Culture

The Lubavitcher Rebbe's spiritual leadership is the force behind the modern Chabad movement.

Join this new multimedia course from the Rohr Jewish Learning Institute to journey through the Rebbe's practical wisdom on work, family, health, and well-being. Discover how the Rebbe applied Jewish values to serve as a guide for finding deeper meaning in everyday life. Experience the Rebbe's exceptional approach to uncovering timeless meaning in everyday questions of health, work, family, fulfillment, struggle, and inner peace.

Note that an additional \$25 book fee will be added to the registration

**“ Rabbi Yossi is a thoughtful, inclusive teacher. His interpretation of the writings is enlightening. ”**

## Expert Legal Interpretation of the Trump Indictments and Their Likelihood of Success

PAC1011

**Tuesday Afternoon**

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitators:** Rick Levinson and Gary Lozow

**Location:** First Universalist Church

**Class Limit:** 50

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

Two Colorado criminal defense attorneys with national experience will discuss all of Mr. Trump's criminal cases by reviewing pleadings and orders of the courts as they occur. If a trial is on-going during the semester, they will review trial tactics and or strategy to the extent that they can glean the reasons for the tactic or strategy.

Questions and remarks by the class participants will be welcome. Interesting discussion can be expected.



## What the Bleep Do We Know About Theoretical Physics?

STM1039

**Tuesday Afternoon**

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Peter Gilbert

**Location:** Columbine United Church

**Class Limit:** 25

**Sponsoring Site:** South

**Subject Area:** STEM

This course is an introductory, non-mathematical overview of those areas of theoretical physics that you have heard of but never fully explored. Peter has expanded his successful 6-week course into 8 weeks without adding any new material. This will allow more time to cover the following topics:

1. Gravity from Isaac Newton to Albert Einstein.
2. Quantum Theory and the search for the "Theory of Everything."
3. Radioactivity from Marie Curie to the atomic bomb.
4. Particle physics from the ancient Greeks to the latest information on the quest for the "God Particle."
5. Astrophysics from the Big Bang to the universe's ultimate fate.

This course requires no previous knowledge of its subject matter but will be fast-moving and wide-ranging.

Many of us shy away from Theoretical Physics because we think it is way over our heads, but Peter will make it very clear and straightforward so that we can all understand at least the basics and be able to discuss them with friends or grandchildren in a confident manner!



 **Some of the Best Films of the 1980s**VPA1058**Tuesday Afternoon****Dates:** 4/2 to 5/21 (8 weeks)**Time:** 1–4 PM (3 hrs.)**Facilitators:** Larry Matten and Greg Petty**Location:** Online**Class Limit:** Unlimited**Sponsoring Site:** Central**Subject Area:** Visual and Performing Arts

Join us for our 3rd in a series of most highly rated and enjoyed films of a decade. Having done the films of the 1960s and 70s, this term we look at the films of the 1980s. In general, these films tend to be lighter than in previous terms. Examples are *Back to the Future*, *Blues Brothers*, *Airplane!* and *The Princess Bride* (a favorite of ours). There were also some wonderful and highly rated action/suspense films in the decade such as *Raiders of the Lost Ark* and *Die Hard*. During the course, you will see many great actors and the work of great directors and writers. Check out our syllabus for a complete list of our movies and dates. Our format is to show the film, take a brief break, and have a discussion intended to be enjoyable and informative about the actors, directors, awards, and note-worthy characteristics of the movie. We strongly encourage your contributions to our discussion because they just make the course better. We have scheduled three hours for each class, but shorter movies will usually end earlier than that. We look forward to sharing the movies of the 80s with you.

“**Larry & Greg picked some great movies and led lively discussions afterward. The movie selection was excellent.**”

**Silent Film Comedy: The Movies Learn to Laugh**VPA1059**Tuesday Afternoon****Dates:** 4/2 to 5/21 (8 weeks)**Time:** 1–3 PM**Facilitator:** Gregory Moody**Location:** Columbine United Church**Class Limit:** 35**Sponsoring Site:** South**Subject Area:** Visual and Performing Arts

When I saw Buster Keaton's *The General* in a friend's basement on Super 8, I realized something special about silent comedy — something rich, imaginative, and real. It was like I was looking at time through the eyes of my parents and grandparents. From the rough-house slapstick of Mack Sennett to the growing grace of Chaplin, from Buster Keaton's daring imagination to Harold Lloyd's American enthusiasm, and from the childlike nature of Harry Langdon to the worldly-wise Raymond Griffin, I discovered they were also talking to me about what is truly funny in life, plus the impressive qualities of a good 2x4. We'll watch and discuss the early American films that still influence comedy today. We'll also examine film preservation and why so many of these great films are still with us when so many others have disappeared. Complete films and compilations will be viewed and discussed every week.

Recommended Reading: Brownlow, Kevin, (1976) *The Parade's Gone By*.

Kerr, Walter, (1975) *The Silent Clowns*.

## **Pixels in Paradise: Photographing Colorado's Splendor**

VPA1060

### **Tuesday Afternoon**

**Dates:** 4/2 to 4/23 (4 weeks)

**Time:** 1–3 PM

**Facilitator:** Mark Payler

**Location:** Online 4/2, 4/9, 4/16;  
in-person 4/23 at Denver's Union Station

**Class Limit:** Unlimited

**Sponsoring Site:** On Campus

**Subject Area:** Visual and Performing Arts

Explore the picturesque landscapes of Colorado through the lens of your camera in this immersive digital photography course. Whether you wield a DSLR or a smartphone, discover the art of capturing the breathtaking beauty that defines Colorado's diverse terrain. From the majestic Rocky Mountains to vibrant urban scenes, learn essential techniques to elevate your photography skills. Immerse yourself in sessions covering composition, lighting, and post-processing, tailored for both DSLR and smartphone users. Engage in outdoor "virtual" photo excursions and a culminating Denver field trip, while gaining practical camera tips all while receiving location highlights of well-known, as well as hidden, photography location treasures. PLEASE NOTE: This course will be conducted via Zoom for the first 3 sessions while the 4th session will be held in person at Denver's Union Station.

Recommended: Free CDOT map of Colorado

## **Great TV Sitcoms That Changed America**

VPA1062

### **Tuesday Afternoon**

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Jim Sieke

**Location:** Jefferson Unitarian Church

**Class Limit:** 25

**Sponsoring Site:** West

**Subject Area:** Visual and Performing Arts

Great TV Sitcoms That Changed America will take an in-depth look at one classic sitcom for each of the 8 weeks and include at least one full episode, additional clips, and extra background information and analysis on how the program impacted American culture. Classroom discussion is encouraged. The sitcoms covered are *I Love Lucy*, *The Honeymooners*, *The Mary Tyler Moore Show*, *All in the Family*, *M\*A\*S\*H*, *Cheers*, *The Golden Girls* and *Seinfeld*. The course should be a lot of fun as well as an informative look at how TV sitcoms have played a part in shaping our society.

**“ Jim has encyclopedic knowledge of comedy and I like the sheer hilarity of his comedic choices - he also gives great introductions to each piece. ”**

 **The Operas of Puccini**  
VPA1063**Tuesday Afternoon****Dates:** 4/2 to 5/7 (6 weeks)**Time:** 1–3 PM**Facilitator:** Gordon Williams**Location:** Online**Class Limit:** Unlimited**Sponsoring Site:** On Campus**Subject Area:** Visual and Performing Arts

Audiences love the operas of Italian composer Giacomo Puccini. In this course we'll immerse ourselves in *La Boheme*, *Tosca*, and *Madam Butterfly* — the ever-popular operas Puccini wrote around the turn of the 20th century — as well as his early success *Manon Lescaut* and later productions, *The Girl of the Golden West*, *Il trittico*, and *Turandot*. Puccini once described himself as “a mighty hunter of wild fowl, opera librettos, and attractive women”. We'll consider the effect of his personal life on his work, particularly the great female roles he created, as well as his importance to ‘verismo’ (Italian realism). And yes, we'll ask what makes the beauty of great hits like ‘Nessun dorma’ and ‘Vissi d'arte’. The course will deepen our love of Puccini.

**“OMG! I don't know where to start! The history of music in films; the video selections; the synopsis of a film with musical examples. And all this in just 4 weeks. Can't wait to see what Gordon offers next.”**

**Denver Photography Walkabout**  
VPA1064**Tuesday Afternoon**

Friday for first class

**Dates and Times:**

1st session: Fri, May 3 at 6 PM Santa Fe's

First Friday Walks, meet in front of Drip Café

2nd session: Tues, May 7, at 1 PM

Denver Zoo

3rd session: Tues, May 14, at 1 PM

Denver Botanic Gardens

4th session: Tues. May 21 at 7 PM

Sculpture Park at DCPA

**Facilitator:** Mark Payler**Location:** Various Locations (above)**Class Limit:** 15**Sponsoring Site:** On Campus**Subject Area:** Visual and Performing Arts

Welcome to “Denver Photography Walkabout” — an engaging course suitable for photographers of all levels! Join us weekly at a different Denver location, where our two-hour sessions will combine the beauty of Denver with hands-on technical and artistic guidance from our experienced instructor. The different times will allow members to embrace the versatility and use of your preferred camera gear to photograph different locations and times when natural light can present exposure and composition challenges. Each class begins with a brief meeting, followed by an exploration of diverse locations accessible by public transportation. From indoor gems to the picturesque outdoors, our locations promise a rich tapestry of photographic opportunities. The heart of Denver will unfold through your lens as you capture its essence, and Mark will be there every step to offer personalized support.

PLEASE NOTE: Some course locations may have entry fees, and there will also be 2 evening classes.

## Continuing American Mah Jongg for Novices

MIS1015

### Tuesday Afternoon

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitators:** Wayne Cassell and  
Marilyn Rifkin

**Location:** Columbine United Church

**Class Limit:** 12

**Sponsoring Site:** South

**Subject Area:** Miscellaneous

This class is intended for those who may have taken a beginner Mah Jongg class and who want to learn more and practice in a comfortable atmosphere with players at the same level. But it is not limited to these players. If you have played in the past and want to start playing again you are welcome too. We will discuss some strategy and techniques, but the class consists of primarily playing Mah Jongg. Players will need a 2023 card until the 2024 card comes out. We will discuss the 2024 card in depth and use it for the rest of the term.

“ ***So. Much. Fun! I have been trying to get into the introductory Mah Jongg class for over a year and it was everything I hoped. What a great game and a wonderful way to be introduced to it...as it is quite complex!*** ”

## Chatting in Spanish for Beginners

MIS1016

### Tuesday Afternoon

**Dates:** 4/9 to 5/14 (6 weeks)

**Time:** 1–3 PM

**Facilitators:** Linda Gordon

**Location:** First Universalist Church

**Class Limit:** 15

**Sponsoring Site:** Central

**Subject Area:** Miscellaneous

The course will include speaking, reading, and writing. The primary objective is to teach enough vocabulary and expressions that participants can begin to speak and understand others who speak Spanish. We will build a community of safety together, where everyone is praised for trying to communicate and there is no room for criticism. It is difficult to learn another language so everyone needs to have patience with each other. We can laugh together while we all make mistakes!

Required Book: Richmond, Dorothy. *Practice Makes Perfect: Spanish Verb Tenses*

Recommended Book: Spanish Dictionary

## Poker Basics for Beginners

MIS1017

### Tuesday Afternoon

**Dates:** 4/2 to 5/21 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Bob Priester

**Location:** Jefferson Unitarian Church

**Class Limit:** 12

**Sponsoring Site:** West

**Subject Area:** Miscellaneous

The first four classes will focus on Texas Hold'em and poker fundamentals including hand ranking, terminology, cash vs. tournament play, sources for poker practice, how and when to bluff or bet and how big a bet to make in various situations. The last four classes will introduce other poker games and how to play them.



## WEDNESDAY MORNING

### Making and Sharing Sound End-Of-Life Choices

HEW1019

### Wednesday Morning

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** George Ho

**Location:** First Universalist Church

**Class Limit:** 12

**Sponsoring Site:** Central

**Subject Area:** Health and Wellness

“Dying is more than a set of medical problems to be solved. The fundamental nature of dying is not medical, but it is personal and experiential.” We will all die and we need to be prepared for this exit. We need to develop our own understandings, attitudes and wishes of what our end-of-life should look like. This course explores: why is death frightening and has become more fearsome with scientific advancements? Nature of death and the trajectories of how life will end. Why is our healthcare system broken? Bad vs Good death? How can Hospice and Palliative Care help? In order to be prepared as the end-of-life approaches, we need to do our homework to make our end-of-life choices and share them with our surrogate decision maker, family members and health care providers. Through reading stories, discussions and self-examination, these choices will become clearer by the end of the course.

## **From Pumpkin Papers to Pentagon Papers: Famous Trials of the Cold War and Vietnam**

HEC1061

### **Wednesday Morning**

**Dates:** 4/3 to 4/24 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Neil Adelman

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Central

**Subject Area:** History and Economics

A famous trial is not just a legal event. It is a window on the issues, history, and culture of its time. In four sessions our course will first focus on the Cold War through the trials of accused spies Alger Hiss and Julius and Ethel Rosenberg. Then we will explore the Vietnam war period and anti-war movement with the tumultuous trial of “The Chicago Eight” and the Pentagon Papers case, an extremely important freedom of the press case, together with the related criminal trial of Daniel Ellsberg.

## **The Cold War: Hot Politics in a Cold War World (1947–1962)**

HEC1062

### **Wednesday Morning**

**Dates:** 4/10 to 5/15 (6 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Shellie Hochstadt

**Location:** First Universalist Church

**Class Limit:** 44

**Sponsoring Site:** Central

**Subject Area:** History and Economics

The term “Cold War” evokes images of nuclear warheads and duck-and-cover drills. How did the USA quickly pivot from ally status with the USSR to entrenched hatred in a few years? The early Cold War will set political and military policy for more than 70 years as it continues to inflame distrust on all sides. Our search includes the USA, USSR, Europe, Asia, and the Middle East, culminating in Cuba. Explore the effects of this period world-wide as the once great powers vie for meaning while edging to the brink of catastrophe.

**“Shellie is a fantastic storyteller. Her enthusiasm and knowledge make this class the best.”**

## From Obscurity to Cult Status: John Williams and His Novel *Stoner*

LWL1033

### Wednesday Morning

**Dates:** 5/1 to 5/22 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Sally Stich

**Location:** First Universalist Church

**Class Limit:** 25

**Sponsoring Site:** Central

**Subject Area:** Literature, Writing and  
Language

It's not every novelist whose first novel goes out of print within twelve months of its release. It's not every first novel that, 40 years later, is declared by top notch critics to be a "Perfect Novel." Such is the trajectory of author John Williams' novel *Stoner*. It's a cult classic with good reason. The story of a mediocre English professor, who's also a maddeningly passive husband and father, has risen from the remainder pile by virtue of its soaring prose. In the four-week course, we will delve into the life of John Williams and discuss *Stoner* in detail.

Required Book: Participants will need to get a copy of the book. The best way to buy it is to go online and google "Where to buy used copies of *Stoner*." by John Williams. You may also be able to get a copy at the public library.

## Enneagram Wisdom Deepened via Watching Media, Part II

PRP1034

### Wednesday Morning

**Dates:** 4/3 to 4/24 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Paul Paiva

**Location:** Online

**Class Limit:** 30

**Sponsoring Site:** West

**Subject Area:** Philosophy, Religion,  
Psychology and Culture

Are you acquainted with the power of the Enneagram, knowing some but not all of the various Enneagram energies? In this engaging course we will watch and discuss videos of examples of the nine Enneagram types, in the full range of healthy, average, and unhealthy expressions. We will learn where each type sits in the Body Center, growth and stress paths, and Hornevian and Harmonic Triads. We will watch clips from movies, YouTube, and listen to some audio clips, and engage in class discussion to deepen our experience. This is a FUN and appealing way to deepen your Enneagram wisdom! A cursory or higher knowledge of Enneagram is recommended.

## **A Potpourri of Philosophers** PRP1035

### **Wednesday Morning**

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Dan Putman

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** West

**Subject Area:** Philosophy, Religion, Psychology and Religion

There are several philosophers and significant issues that I could not work into my other courses. These include the issues of free will and determinism, the “problem of consciousness,” what “virtue” means in the modern world, the philosophical dimensions of some important psychologists, and some interesting questions about religion. This course will not be on one particular theme. We will look at several interesting issues in philosophy, one a week.

Recommended Book: Soccio, Douglas. (2015) *Archetypes of Wisdom: An Introduction to Philosophy*

**“ OLLI is blessed to have Daniel Putman as a facilitator. His course was well crafted and professionally presented. ”**

## **Navigating Aging in an Ageist Culture: A Historical Perspective** PRP1036

### **Wednesday Morning**

**Dates:** 4/3 to 4/24 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Donna VanDusen

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Regis

**Subject Area:** Philosophy, Religion, Psychology and Religion

Come explore the meaning and significance of later life through a historical framework tracing the cultural beliefs and values that shape Western attitudes towards aging throughout history and into the present. Dr. Donna Van Dusen, retired Professor Emerita from Regis University, will guide you in deepening your understanding of issues and challenges faced by older adults today. Through collaborative sharing of perspectives and experiences, you will uncover themes of identity, life transitions, ageism and wisdom. As a community, you will create a new perspective on aging based on historical influences and your own personal experiences.



## Current Events: Section 2 PAC1038

### Wednesday Morning

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitators:** Dick Reinish and Sydney Myers

**Location:** First Universalist Church

**Class Limit:** 25

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

This is a discussion class that welcomes all points of view as it makes for a lively exchange. We will discuss the prior week’s news in the first hour. In the second hour a topic that is current will be determined by the facilitators and articles will be sent out for that discussion. The facilitators of this class express a progressive point of view on American politics. They welcome conservative or other points of view and encourage discussion as part of our learning experience.



## Great Decisions, Section 1 PAC1039

### Wednesday Morning

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitators:** Gordon Appell and Kent Epperson

**Location:** First Universalist Church

**Class Limit:** 25

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the United States. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

Required Book: *Great Decisions 2024 Briefing Book*, please order from [fpa/great-decisions/?act=gd-materials](http://fpa/great-decisions/?act=gd-materials) (select Great Decisions 2024 Briefing Book/EBookOptions)

**“ Gordon is MOST well informed and unbiased as a facilitator. He asks excellent questions and stimulates the class to learn and think. ”**

## **Protecting Wildlife Species Around the World**

STM1040

### **Wednesday Morning**

**Dates:** 4/3 to 4/24 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Jeffrey Rucks

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** On Campus

**Subject Area:** STEM

From wolf reintroduction to controlling invasive species, wildlife has influenced our lives throughout history. This course will examine some of the world's most challenging and often controversial wildlife management issues. Join retired wildlife biologist, Jeff Rucks, as we “travel the world” to look at significant challenges and possible solutions. We will look at threatened salmon runs in Alaska, endangered wildlife in Africa, invasive pythons in Florida, wolf reintroduction in Colorado, and more. This class will be discussion-based and input is welcomed and encouraged.



## **From the Ballroom to the Bolshoi: Classical Dance**

VPA1065

### **Wednesday Morning**

**Dates:** 4/3 to 5/8 (6 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Betsy Schwarm

**Location:** Online

**Class Limit:** 50

**Sponsoring Site:** On Campus

**Subject Area:** Visual and Performing Arts

The ballroom to the Bolshoi! Polkas to pirouettes! Dance music comes in countless varieties, and over the years, some of the greatest classical composers have given it their attention. Mozart wrote minuets, Bach sarabandes, and Chopin crafted some of the finest polonaises. Viennese waltzes require graceful motion and a sense of the beat, but so do tangos and fandangos. When it comes to choreographed ballets, swans and gauchos both have a place. Eastern European folk dances have their advocates, though dance rhythms of more exotic cultures in the Middle East, Asia, Africa, and certainly the Western Hemisphere also earn attention. Presented by music historian and regular OLLI instructor Betsy Schwarm, this six-week Wednesday morning online course covers a range of styles and influences, with dance-flavored classical works you'll know and others that may be new discoveries.



# WEDNESDAY AFTERNOON

## **🖱** A Primer on Wellbeing HEW1016

### **Wednesday Afternoon**

**Dates:** 4/3 to 4/24 (4 weeks)

**Time:** 1–3 PM

**Facilitator:** Paula Staffeldt

**Location:** Online

**Class Limit:** 16

**Sponsoring Site:** West

**Subject Area:** Health and Wellness

It seems that so many of us feel unhappy and stressed a lot of the time these days. “Who wouldn’t be, given the state of the world?”, we say. But what if the way we are looking at the world is at the root of our distress? What if there is another way of seeing the world that gives us the ability to navigate life, as it is, with more wisdom and grace? Presented in an interactive 4 week format, A Primer of Wellbeing, through common sense understandings of how life works and how human beings are designed to function, provides a foundation from which we can experience a more harmonious and peaceful way of being in the world.



## **🖱** The Crusades: We Still Live with the Legacy HEC1047

### **Wednesday Afternoon**

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Alan Folkestad

**Location:** Online

**Class Limit:** 30

**Sponsoring Site:** South

**Subject Area:** History and Economics

The Crusades were a primary force for profound changes in political, cultural, religious, economic, and social life that gave birth to the earlymodern age, and these changes still influence the present world. The first four Crusades have been hailed as the climax of medieval Western Europe or condemned as the first thrust of European imperialism into the Muslim Near East. Certainly, the Crusaders forever altered the three medieval civilizations: Latin Christendom, Islam, and the East Roman or Byzantine Empire. This class will use lectures from the Great Courses program to examine the origins and consequences of the Crusades. The cause for the First Crusade (1095–109) was the collapse of the Byzantine Empire before the Seljuk Turkomen of Central Asia. Their conquest of Asia Minor disrupted the longestablished pilgrimage routes of Western Europeans to the Holy Land. But the crusading expeditions were only possible because of great changes in Western Europe since the fall of the Roman Empire. These changes in Western Europe can be appreciated only by comparison to developments with the more sophisticated civilizations of Byzantium and Islam.

## Urban Pioneers: Community and Identity on Denver's Northwest Side

HEC1048

### Wednesday Afternoon

**Dates:** 4/17 to 5/29 (6 weeks: no class on 5/1)

**Time:** 1–3 PM

**Facilitator:** Rebecca Hunt

**Location:** Regis-Thornton

**Class Limit:** 20

**Sponsoring Site:** Regis

**Subject Area:** History and Economics

Denver's *NorthStar* columnist, author, Highland historian and retired professor of Colorado and Denver's immigration history at the University of Colorado Denver, Dr. Rebecca Hunt, takes you on a tour of Denver's Northside neighborhoods from their diverse beginnings to their clashes with the KKK and the ongoing gentrification and displacement of immigrant and ethnically diverse populations. Over six weeks, you will explore the social and environmental factors that historically and presently contribute to the unique and vibrant cultures of one of Denver's oldest neighborhoods. The Northside neighborhood is an intriguing melting pot made up of distinct sections known as Highland, Potter Highland, West Highland, Berkeley, Regis, Sunnyside, Jefferson Park, and Chaffee Park. Come explore these historic neighborhoods and communities while enjoying the community and connections with other OLLI members in the present.



## The Americanization of Hawaii: 1820–1898

HEC1049

### Wednesday Afternoon

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** David Lippman

**Location:** Online

**Class Limit:** 35

**Sponsoring Site:** Central

**Subject Area:** History and Economics

In 1820, American Protestant missionaries from New England began arriving in the Hawaiian Islands. Seventy-eight years later, the United States officially declared the Islands a territory of the United States. In those 78 years, the missionaries were followed by whalers, planters, and workers from around the world to work on the plantations, and the ruling Hawaiian royal family was replaced by a transplanted American elite. This course examines the events that gradually transformed Hawaii from a unique, isolated kingdom in the Pacific to a vital part of the American empire. The class will use Sarah Vowell's book, *Unfamiliar Fishes*, as its core text. Ms Vowell was a contributor and producer for the NPR show, *This American Life*, and a frequent guest on talk shows, especially *The Daily Show*. Her five books have been described as funny, quirky, biting histories. Recently, she's used her unusual voice for characters in animated films, and she is a frequent op-ed columnist for publications such as *The New York Times*.

Required Book: Vowell, Sarah. *Unfamiliar Fishes*, Riverhead Books (Penguin). 2011.

“David is very prepared and knowledgeable. He allowed the class ample time to express their opinions. I would take another class with him anytime. His classes are always stimulating and engaging.”

**🖱** **Current Economic Issues:  
Facts and Fallacies**HEC1050**Wednesday Afternoon****Dates:** 4/3 to 5/8 (6 weeks)**Time:** 1–3 PM**Facilitator:** Leonard Sahling**Location:** Online**Class Limit:** 40**Sponsoring Site:** West**Subject Area:** History and Economics

This course will examine six key economic issues: GDP and economic growth, economic inequality, the government deficit and mounting national debt, our inefficient health care system, high prescription drug prices in the U.S., and immigration.

Is it time to end our fixation with economic growth?

Has the US's widening income and wealth inequality undermined the American Dream?

Will the US's mounting national debt stymie future prosperity?

Can America's dysfunctional health care system be fixed?

Can America's surging pharmaceutical drug prices be tamed?

Would Native-born Americans be better off with more or fewer immigrants?

**🖱** **Undercover with the FBI:  
Exploring Covert Operations**HEC1051**Wednesday Afternoon****Dates:** 5/1 to 5/22 (4 weeks)**Time:** 1–3 PM**Facilitator:** Vincent Wincelowicz**Location:** Online**Class Limit:** Unlimited**Sponsoring Site:** Regis**Subject Area:** History and Economics

Have you ever wondered about the real cases behind true crime cinematic masterpieces like *Pirate Radio*, *American Hustle*, and *Donnie Brasco*? You can learn about the fascinating experiences of Dr. Vincent C. Wincelowicz, former Chief of Undercover Sensitive Operations for the Federal Bureau of Investigation (FBI), and the cases he worked that inspired these films and others. After the death of J. Edgar Hoover, the FBI began sending its agents on covert investigations that included surveillance and undercover operations involving mafia organizations, political corruption in congress, drug trafficking and threats of terrorism. Dr. Wincelowicz will provide unique insight and anecdotal stories highlighting the inner workings of organized crime from his lived experiences from 1978 to 1998 with the FBI.



## The Teachings and Wisdom of Jesus and Buddha

PRP1027

### Wednesday Afternoon

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 1–3 PM

**Facilitators:** Michael Prevedel and  
Alec Tsoucatos

**Location:** First Universalist Church

**Class Limit:** 30

**Sponsoring Site:** Central

**Subject Area:** Psychology, Religion,  
Philosophy, and Culture

You do not have to be either a Christian or a Buddhist to appreciate and apply their teaching and wisdom, as the approach will be ecumenical. They both inspired their followers to know the timeless truth- a universal wisdom. It is said that if the two were to meet, neither would try and convert the other — not because the effort would be hopeless, but because they would recognize each other. Using the format of talks and discussion we will explore the following:

- The historical and cultural context of the times.
- The similarities and differences between the two- as in their teachings and their lives.
- The legacies of Jesus and Buddha.

They introduced a new way of Seeing and Being- a way of going beyond the surface of things that moves people toward credible action in the political and economic realms.

In addition to the text there will be other readings in the form of short articles which will be available via email.

Required Book: Borg, Michael. *Jesus and Buddha: The Parallel Sayings*. Paperback

Recommended Book: Hahn, Tich Nhat, *Living Buddha, Living Christ*.



## Critical Perspective: Understanding an Opinion That's Not Your Own

PRP1026

### Wednesday Afternoon

**Dates:** 5/1 to 5/22 (4 weeks)

**Time:** 1–3 PM

**Facilitator:** Joe Conner

**Location:** Online

**Class Limit:** 35

**Sponsoring Site:** South

**Subject Area:** Philosophy, Religion, Psychology,  
Culture

*“There is nothing so confining as the prisons of our own perceptions.”*

– William Shakespeare

Are you not talking or visiting with friends or family? Could it be that your perception has placed you in a self-made prison? This interactive class looks at origins of disagreements or misunderstandings and offers a suggestion to open the door for better understanding. We will learn more about ourselves rather than pointing out the other person's issues. We will improve our understanding of others while avoiding thinking ill of them. How important is it to know why you feel so strongly about a situation or issue? We will discover how to ask focused questions and listen for the answers. We will learn how to better communicate and listen to such an extent that strangers may even thank us for taking time to chat with them. We will use a three-vowel system: AEO (assumptions, expectations, observations) and this system will guide us.

Consider this class as a tool to increase collaboration among friends and family of diverse views. This “Critical Perspective Workshop” helps you benefit from diverse viewpoints.

Recommended Book: Conner, Joe. *Critical Perspective: Understanding an Opinion That's Not Your Own*.

## Documentary Films

PAC1031

### Wednesday Afternoon

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 12:45–3:15 PM (2.5 hours)

**Facilitator:** Richard Reinish

**Location:** First Universalist Church

**Class Limit:** 55

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

Each week a different documentary film will be shown in class followed by a discussion. Pertinent readings will be sent out prior to class. None of the films have been previously shown in the facilitator's prior courses.

**“ Dick selects the absolute best documentaries each term they are offered. Discussions are as good as the films! ”**

## Great Decisions, Section 3

PAC1032

### Wednesday Afternoon

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 1–3 PM

**Facilitators:** Bob Steele and Carol Steele

**Location:** Columbine United Church

**Class Limit:** 30

**Sponsoring Site:** South

**Subject Area:** Public Affairs and Current Events

As Americans we are used to paying considerable attention to our national issues and events. We generally devote less time to following international issues and assessing significant implications for our country. That's why the annual *Great Decisions* course is so valuable. Each year the Foreign Policy Association chooses eight topics as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. We will meet weekly to explore matters of complexity, contention and competition related to the 2024 Great Decisions topics: Mideast Realignment; Climate Technology; Science Across Borders; U.S.-China Trade Rivalry; NATO's Future; Understanding Indonesia; High Seas Treaty; and Pandemic Preparedness. The Great Decisions program produces a nonpartisan briefing book and video reports that provide background information and policy options for us to discuss. As participants, you will purchase your own briefing book to prepare for each week's class.

We will supplement those briefing book readings with current events news articles focused on the course topics. We will also send participants a weekly email with some questions to spark our class discussions.

Required Book: *Great Decisions 2024*. Please order from [fpa.org/great\\_decisions/?act=gd\\_materials](http://fpa.org/great_decisions/?act=gd_materials) (select Great Decisions 2024 Briefing GBook/E Book Options) \$35

## **Your Brain is You** STM1005

### **Wednesday Afternoon**

**Dates:** 4/3 to 5/8 (6 weeks)

**Time:** 1–3 PM

**Facilitator:** Barbara Adams

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** West

**Subject Area:** STEM

Why do you think the way you do, and could reality be changed? Do you know, absolutely know, that you know the facts of something, and that is immutable? How can your senses change things in your brain, and what is normal anyway? And what about my memory — I know it's rock solid. Why can't I remember some things and yet, not remember other stuff? What about dementia and Alzheimer's and how do you know if you might have it, especially since you may have it 20 or more years before your symptoms? Free will — is there such a thing? Some of the newest findings in Neuroscience will be discussed and how this affects your life.

**“ This was an outstanding course because of the deep knowledge and expertise of Dr. Adams. She has researched this field over the span of her long career and brought us up to date on many aspects of the brain, how it works, how it can malfunction and it can be treated. ”**

## **Have More Fun with Apple!** STM1029

### **Wednesday Afternoon**

**Dates:** 4/3 to 4/24 (4 weeks)

**Time:** 1–3 PM

**Facilitator:** Maria Arapakis

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Central

**Subject Area:** STEM

HEADS UP! If your iPhone, iPad, or Mac is over 4 or 5 years old, and/or you are at a very beginning level with technology, this may not be the course for you.

You'll discover amazing ways to make better use of your iPhone, iPad, and/or Mac that will have you ready and eager to bring into your life endless empowerment, enrichment, entertainment, education, and enjoyment. You'll get a clear understanding of “The Cloud” and “Smart Streaming” where you can find and enjoy exceptional movies, shows, YouTube videos, digital books, podcasts, music, and more — anywhere, anytime. You'll see how they can also help you stay in touch with others using audio visits, video visits, texting, and Zoom get-togethers, where you can share files, photos, articles, links, learning, and laughs! You'll learn how your iPhone, iPad, and Mac can bring you gratifying new projects, a satisfying sense of purpose, increased safety, hearing and vision aids, and a super-simple self-management system.



**📍 Pollution in Your Backyard:  
Colorado Front Range  
Environmental Issues**  
STM1030

**Wednesday Afternoon****Dates:** 4/3 to 4/24 (4 weeks)**Time:** 1–3 PM**Facilitator:** John Lanning**Location:** Online**Class Limit:** Unlimited**Sponsoring Site:** Central**Subject Area:** STEM

This four-week lecture-discussion course is designed for individuals with an interest in how environmental issues impact living along the Colorado Front Range. The air we breathe, the water we drink, the products we use, and the recreation sites we visit — what are the environmental challenges that we need to understand as residents of the Front Range? Is it safe to visit Rocky Mountain Arsenal or Rocky Flats wildlife refuge areas? Why is Roundup still sold at home garden centers? Is radon infiltration of homes a serious health risk? What is the risk from exposure to ‘forever’ chemicals? How does oil/gas fracking in Weld County impact the Denver metropolitan area? Is the infamous Denver ‘brown cloud’ of the 1970s and 1980s returning? Is Suncor the most significant pollution source along the Front Range? No science background is assumed or required.

**Broadway Musicals from the  
Golden Age to Today**

VPA1049**Wednesday Afternoon****Dates:** 4/3 to 5/22 (8 weeks)**Time:** 1–3 PM**Facilitator:** Natalie Conklin**Location:** Columbine United Church**Class Limit:** 40**Sponsoring Site:** South**Subject Area:** Visual and Performing Arts

*Give My Regards to Broadway!* What’s more fun than a Broadway musical? This is an encore presentation of a class we taught in 2018, so there are plenty of updates and Tony winning shows like *Dear Evan Hansen* and *Kimberly Akimbo* to bring us up to the present. Let melodies of Broadway carry you back to the Golden Age of the musical theater. Remember *Oklahoma*, *South Pacific*, *Carousel* and *My Fair Lady*? Besides these classics, here is a sampling of what we will cover: Reinventions of Broadway as Broadway takes a different direction. (*Chorus Line*, *Hair*, *Hello Dolly*); The “Lights” that make us laugh (*Music Man*, *The Producers*) and “The Darks” (*Sweeney Todd*, *Rent*); Disney’s influence on Broadway (*Lion King*, *Aladdin*, *Frozen*); The “Mega-Musicals” (*Phantom*, *Les Mis*, *Company*, *Hamilton*); and the great creators (Andrew Lloyd Webber, Stephen Sondheim, Lin-Manuel Miranda)

Come be entertained and plan your next trip to “The Great White Way!”



## ★ Don't Call them Chick Flicks: Romantic Comedy

VPA1050

### Wednesday Afternoon

**Dates:** 4/3 to 5/8 (6 weeks)

**Time:** 1–3 PM

**Facilitator:** Sarah Kozloff

**Location:** Online 4/3, 4/10, 4/17, 4/24, 5/1.

Last class live on 5/8 on DU campus

**Class Limit:** 25

**Sponsoring Site:** On Campus

**Subject Area:** Visual and Performing Arts

This class will concentrate on the two most popular eras of romantic comedy: the Screwball Comedies of the 1930s (*It Happened One Night* through *The Lady Eve*) and the return to romance films of the late '80s and 1990s (*When Harry Met Sally* through *You've Got Mail*). Students will screen the movies on their own; class sessions will be devoted to discussion and clips from related films with the same stars, screenwriters, or directors. We'll look at what these movies tell us about gender roles, female stars, the use of music and dialogue, mistaken identity, and parallels with Shakespeare. The last class will be held On Campus, so we can get to know one another in real life and will conclude with a screening of the incomparable *Moonstruck* (Jewison, 1987).

“*Sarah provokes, informs, and collaborates — and does it in an online course! She makes everyone feel welcome, and she makes everyone feel engaged. Her knowledge is extraordinary, but the joy and energy she brings to the class is transformative.*”

## 📍 Journeys: Learning Through Travel Adventures

VPA1051

### Wednesday Afternoon

**Dates:** 4/3 to 5/22 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Barbara Werren

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** West

**Subject Area:** Visual and Performing Arts

We'll travel to many destinations in this session: Antarctica by flying over the Drake Passage; Bike and Barge from Brussels to Amsterdam; Portugal and Spain staying in the elegant Pousadas and Paradores; Brazil where we will visit Rio and Salvador plus cruise the Amazon and visit the Pantanal wetlands; Japan in cherry blossom season; Budapest to the Black Sea on a river cruise and a trip to the Baltics, Lithuania, Latvia, and Estonia; and more! There will be a potpourri of “little trips” and a discussion of over-tourism — places that don't want us to visit anymore. Whether you are eager to travel again and want some ideas about future trips or are an armchair traveler who enjoys seeing the beauty of the world, you'll enjoy this class. Come travel with us!



 **Bridge: Defense in the 21st Century**  
MIS1014**Wednesday Afternoon****Dates:** 4/3 to 5/22 (8 weeks)**Time:** 1–3 PM**Facilitator:** Michael Holmes**Location:** Online**Class Limit:** 15**Sponsoring Site:** West**Subject Area:** Miscellaneous

Bridge: Defense in the 21st Century is an eight-week online course designed for individuals new to the game of bridge or those who have been absent from bridge for a while. This course helps the bridge student learn the basics of defending a bridge hand. Students will learn opening leads in both notrump and trump contracts, second and third hand play, defensive signals, developing defensive tricks, interfering with declarer, and developing defender's plan. *Defense in the 21st Century* is the text. This text will be provided to the students, sponsored by the American Contract Bridge League (ACBL). There is a \$20.00 non-negotiable or refundable fee for this class. The fee covers the mailing of the book and fees for the use of the virtual bridge app. If you don't want the book, the fee is the same. The fee is paid to the teacher Michael Holmes, via check, to 313 Clisby Austin Rd. Tunnel Hill, GA 30755 or Zelle. Your book will be mailed upon receipt of the course fee. Please send the fee by the second class session.

Required Book: *Defense in the 21st Century* (see details above)

**American Mah Jongg for Those People who have Never Played**  
MIS1002**Wednesday Afternoon****Dates:** 4/3 to 5/22 (8 weeks)**Time:** 1–3 PM**Facilitator:** Elaine Levy**Location:** First Universalist Church**Class Limit:** 20**Sponsoring Site:** Central**Subject Area:** Miscellaneous

Mah Jongg is an ancient Chinese game that has been played in the American version since the 1900s. It's played with 4 people and is similar to Gin Rummy. It's a fun, complex game, very challenging, and interesting. This is a game of strategy, defense, and knowledge of the game. It's also 50% skill and 50% luck. The National Mah Jongg League creates a card with hands that can be played. These hands change every year. There are also categories of hands that do not change. A current card will be provided for each participant at the first class. This will be yours to keep. Elaine will provide handouts to help you learn quickly. The class will be taught in a progressive manner. Class members are STRONGLY encouraged to attend every class when able since it's difficult to "catch up" on what was taught and discussed in the previous week. The game is easy to learn if you're having a good time. Warning:

Required: There is a \$20.00 fee collected at the first class for cards and printing of boards.

**““ The facilitator has been teaching for years. She brought in several assistants. All were excellent! We learned a complicated game in several weeks! ””**

## THURSDAY MORNING

### The AI Future: Are We Opening Pandora's Box or Creating an "Age of Abundance"?

HEC1052

#### Thursday Morning

**Dates:** 4/18 to 5/23 (6 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Stephen Bennett

**Location:** Columbine United Church

**Class Limit:** 30

**Sponsoring Site:** South

**Subject Area:** History and Economics

Is Elon Musk onto something with his vision of an 'Age of Abundance,' or should we be wary of potential existential threats reminiscent of Terminator? This course delves into the world of AI as the latest tool in our human toolkit, examining whether Musk's optimism holds true or if we're in for significant disruptions across the economic, social, and political landscapes. We'll navigate through intriguing topics such as the historical evolution of tools, energy, and population growth; the rise of the Emerging Economy marked by commodification and eCommerce Platforms; the exponential growth of the Service Sector on a global scale; the uncertainties surrounding the Gig Economy and the perpetual quest for Work/Life Balance. Finally, we'll ponder the fate of Homo Sapiens, in this new landscape. The course will be an open forum enabled by PowerPoint presentations and a brief written synopsis of scholarly articles, posted the week before each class meeting.



### Abraham Lincoln and Jefferson Davis: A Comparison of their Lives and Leadership

HEC1053

#### Thursday Morning

**Dates:** 4/4 to 5/9 (six weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Tom Kleinschmidt

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** West

**Subject Area:** History and Economics

In 1861 Abraham Lincoln became the President of the United States and Jefferson Davis became President of the Confederate States. Despite being born within 150 miles of each other and being almost the same age, these men went on to lead very different lives. This class will compare and contrast the path each took, which eventually led to him becoming President. After each became President, they faced each other on opposite sides of the Civil War. The scale of the war and the challenges it presented for each man were unprecedented in our history. Lincoln and Davis each had their own style of management and their own process for selecting both civilian and military leaders. This class will look at the way that each man managed the war and, in turn, how each changed during the war.

**“ His knowledge of history is amazing. I truly enjoy his classes. I learn so much from him and really enjoy his presentation format. ”**

 **A People's History of Colorado: From San Luis to Leadville to Ludlow**HEC1054**Thursday Morning****Dates:** 4/4 to 5/9 (6 weeks)**Time:** 9:30–11:30 AM**Facilitator:** James Walsh**Location:** Online**Class Limit:** Unlimited**Sponsoring Site:** On Campus**Subject Area:** History and Economics

This course will explore the history of our state through the stories and perspectives of working class and immigrant communities. We will examine many parts of the state, considering how different communities struggled for social change in often hostile social and political landscapes. The communities that we will explore include the San Luis Valley, Pueblo, Denver, Greeley, Leadville, Telluride, and the Western Slope, looking closely at the lives of workers and immigrants in these communities.

Recommended Book: Vigil, Ernesto. *The Crusade for Justice: Chicano Militancy and the Government's Wars on Dissent*. 1999.

**“James Walsh is knowledgeable, personable, and curious. He engaged the class in discussion and used film and book recommendations to bring the era to life. I learned so much and will be watching for other classes he might teach.”**

 **This Land is Mine: A History of Palestine**HEC1055**Thursday Morning****Dates:** 4/4 to 5/23 (8 weeks)**Time:** 9:30–11:30 AM**Facilitator:** Gary Wyngarden**Location:** Online**Class Limit:** 35**Sponsoring Site:** South**Subject Area:** History and Economics

What created this mess? William Faulkner wrote: “The past is never dead. It’s not even past.” This class will dive deeply into Palestine’s past and how it has contributed to, and ultimately shaped, the current-day tragedy in the Holy Land.

We will begin with 3000 BCE:

- Who were the Canaanites and where did they come from?
- How did the Israelites end up in Palestine?
- How did the series of conquerors and rulers shape the country?
- How did the religions of Judaism, Christianity, and Islam influence Palestine?

We will explore the last 150 years:

- Where did the Zionist movement begin and why was it so successful?
- Why did Great Britain support the creation of a Jewish homeland in Palestine?
- Why did the newly formed United Nations advocate a two-nation solution in 1948?
- Why did the Jews win the wars of 1948 and 1967 so decisively?

Finally, what is the situation today?

This is an eight-week course that will include lecture, videos, and a lot of discussion. The class will be offered both in person at OLLI South and online.

## **The Novel: *The Whistling Season* by Ivan Doig**

LWL1026

### **Thursday Morning**

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitators:** Gracie Batt and Don Batt

**Location:** Online

**Class Limit:** 25

**Sponsoring Site:** Central

**Subject Area:** Literature, Writing and Language

Set in Montana, this is a story of how the West changed with the advent of post-World War II. “As well-crafted as the best carpentry, *The Whistling Season* does what [Ivan] Doig does best: evoke the past and create a landscape and characters worth caring about.” USA Today. We approach reading as discovery in a reading community; therefore, some of the reading is done in class so that, together, we encounter the text as a group. PLEASE DO NOT START READING THE BOOK BEFORE CLASS BEGINS.

Required Reading: Please purchase the book, *The Whistling Season*, by Ivan Doig, in advance of the class. We will use the Harvest Book/Harcourt, Inc. edition (paperback), ISBN 978-0-15-101237-4.

**““ The facilitators are always outstanding. I try to take at least one of their classes every year. The format of the class and discussion make the books come alive and is so much more enjoyable. ””**

## **Mysterious Places: The Garden**

LWL1027

### **Thursday Morning**

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Linda Lange

**Location:** Online

**Class Limit:** 100

**Sponsoring Site:** Central

**Subject Area:** Literature, Writing and Language

“Place” is sometimes described as an additional character in novels, especially when an author develops a collection of characters in a specific location throughout a continuing series.

Mysterious Places encourages some armchair travel while exploring various mystery series sets, in this case, in gardens. Marta McDowell’s *Gardening Can Be Murder* is our guidebook to mysteries from the Golder Age to contemporary, with plots using plant, dirt, and garden tools to nefarious ends. Authors or protagonists include old favorites such as Agatha Christie, Ellis Peters’ Brother Cadfael, Susan Wittig, Albert’s Darling Dahlias, and some new to the genre. Join us for good reading and delightful discussions!

Recommended Reading: McDowell, Marta. *Gardening Can Be Murder*. 2023.

**““ Linda presents an amazing array of books to stimulate the senses. She spends so much time and energy researching the authors and encourages the participants to participate freely in a stimulating discussion. ””**

## The Four New Testament Gospels: Examining Their Unique Histories and Features

PRP1028

### Thursday Morning

**Dates:** 4/4 to 4/25 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Nate Preisinger

**Location:** Regis-Thornton Campus

**Class Limit:** 20

**Sponsoring Site:** Regis

**Subject Area:** Philosophy, Religion and Psychology

Join Reverend Nate Preisinger, of Colorado's Bethany Lutheran Church, in exploring the unique features of the four New Testament Gospels. Each week, Reverend Preisinger will focus on a different Gospel to examine their unique characteristics and specific passages of scripture. You will investigate Matthew's perspective on issues that affected his Christian community; Mark's "Messianic Secret;" Luke's writing influence from the early Christian church, and John's exclusion from the label of Synoptic Gospels.

Recommended Book: *The Bible: New Revised Standard Version New Testament*



## Current Events, Section 3

PAC1033

### Thursday Morning

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Terry Casey

**Location:** Chambers Center, DU

**Class Limit:** 15

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

This Current Events course will be a discussion-based course addressing issues that are topical at the time the course is offered. The issues discussed will be international, national, and local with general broad outlines and selections determined by a survey of class participants in the first class. Likely issues will include: International – the wars in Israel /Gaza and Ukraine, climate change, migration and immigration, threats to democracy; National – Congressional disfunction, 2024 elections, medical/health issues, abortion politics, demographic/population issues, "culture war" issues and free speech, artificial intelligence, gun rights/control; Local – 2024 elections, K-12 education, homelessness and Denver city policy, water issues, housing affordability, tax policy, and crime. Issues to be discussed in the upcoming class will be identified at the conclusion of the prior week's class; readings from national and local publications (2 to 3 readings) will be selected by the facilitator and electronically distributed so that each participant will have a common basis for discussion.

“Everyone got a chance to participate. The facilitator was knowledgeable about all the subjects we discussed. The topics were great and selective by both the facilitator and the class.”

## **Great Decisions: Section 2** PAC1034

### **Thursday Morning**

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitators:** Barbara Holme and  
Steve Winber

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the United States. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

Required Book: *Great Decisions 2024 Briefing Book*, Please order from [fpa/great-decisions/?act=gd-materials](https://fpa.org/great-decisions/?act=gd-materials) (select Great Decisions 2024 Briefing Book/EBookOptions)

## **Weather News You Can Use** STM1031

### **Thursday Morning**

**Dates:** 4/18 to 5/23 (6 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Thomas Corona

**Location:** Chambers Center/DU

**Class Limit:** 30

**Sponsoring Site:** Central

**Subject Area:** STEM

What is it that you can't ignore and experience every day? If your answer is "weather" then you came to the right place. This course will concentrate on the science behind, the techniques employed, and the observations and analyses used to forecast the weather for Colorado or anywhere. The first hour of class will be a discussion of the current weather and seven-day forecast. During these discussions the necessary science, maps, analyses, computer forecast models, radar, satellites, and of course, clouds will be covered. The second half of class will be a discussion of current weather events and discoveries in the news. El Niño/La Niña, Climate Change, Hurricanes, Blizzards, Heat Waves, Droughts are all topics that can be discussed. Any materials used in class will be provided by the facilitator.

Recommended Reading: Any introduction to weather text.



## The Story of Our Planet Earth: The First 4.6 Billion Years

STM1032

### Thursday Morning

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Stuart Gentry

**Location:** Columbine United Church

**Class Limit:** 40

**Sponsoring Site:** South

**Subject Area:** STEM

The class will look at the history of our planet, starting with its formation 4.6B years ago. We will move through the first appearance of solid land, the emergence of life, and the evolution of our current continents. We will also spend time looking specifically at the Denver basin, the ancestral and modern Rockies, and the Colorado Plateau. While this will be a course in geology, we will studiously avoid a heavy reliance on mineral names, specific rock formations, or on knowing the names of geologic periods. It will instead highlight the more general nature of the processes that took place in the past and that continue today to shape the planet that we call home. The goal is to be able to recognize the general landforms that we see when we travel and have a sense of the forces of nature that have most shaped those features.



## 🖱 Living in the Energy Transition

STM1033

### Thursday Morning

**Dates:** 4/4 to 5/9 (6 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Phil Nelson

**Location:** Online

**Class Limit:** 25

**Sponsoring Site:** West

**Subject Area:** STEM

The energy transition is upon us. In this course we will look at the drivers of the ongoing energy transition, the underlying technologies, and the choices we must make as consumers. Our first big choice is likely to be an automobile. You are wondering about makes and models; range and charging. But this course is about much more than electric vehicles. How about solar panels on your roof? Or joining a solar power co-op? What in the world is a heat pump? Does your house require new insulation? What does it mean to electrify a building? We are not individuals acting alone; society is changing. Finance is key — what role are banks playing? Do they hasten or retard the process? And now, state and federal governments play a major role, providing incentives for the energy transition. New technologies arise as we revamp our infrastructure and shift away from fossil fuels.

Recommended Book: Griffin, Saul. *Electrify* 2022.

“**Phil’s presentation of a complex topic (climate change) is outstanding. His knowledge of the subject, in all its many facets, is impressive. In my 10 years of taking OLLI class, this class ranks among my top 3.**”

## 📱 Managing Your Photos Using Your Windows PC

STM1034

**Thursday Morning**

**Dates:** 4/4 to 5/9 (6 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Sharon Sherman

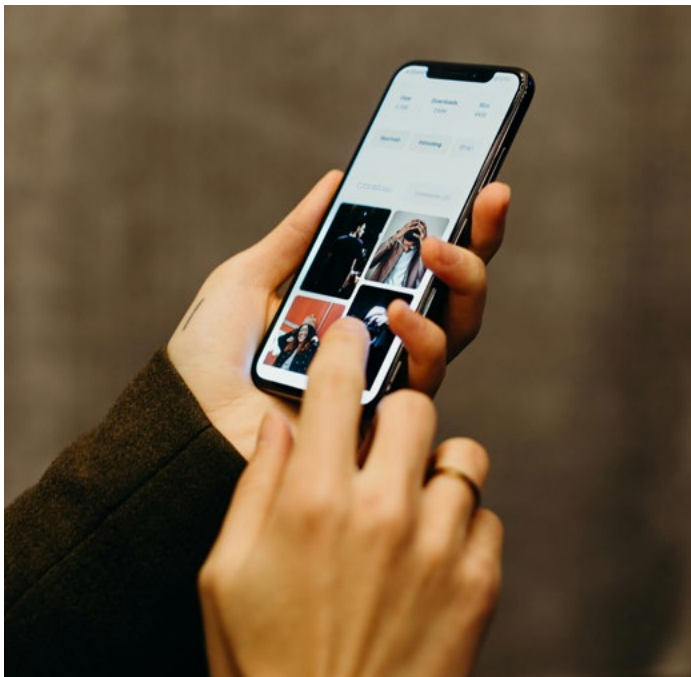
**Location:** Online

**Class Limit:** 50

**Sponsoring Site:** Regis

**Subject Area:** STEM

Most of us cannot seem to live without our iPhones — but we are often not taking advantage of their capabilities or are frustrated with them. This class will explore the revolutionary technologies, connectivity and components involved in these devices. Learn essential settings, apps, features, and operations that enable their tremendous versatility and usefulness. Explore what we need to know about carriers and purchasing equipment. Learn about voice control and more: managing, maintaining, handling security, email accounts, wi-fi use and texting. Come get a little smarter about your tech, the Apple iPhone and iPad, and how to operate this life sustaining tool.



## 📽️ The Art of Making Movies VPA1061

**Thursday Morning**

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 9:30–12 noon (2.5 hrs.)

**Facilitator:** Robert Magnani

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** West

**Subject Area:** Visual and Performing Arts

Movies are magic. Entertaining, emotionally moving, sometimes with awesome effects, they are able to create and spread unifying visions of our world. But they don't just "happen". Join us as we step behind the camera and take a journey through the movie creators' eyes from studio executives, producers, casting people, actors, writers, cinematographers, editors, composers, technicians and directors. You will understand what it takes to create the story, finance it, put together the team, and produce the movies we all enjoy so much in this most collaborative of all arts. This course is a combination of informative videos and group discussion and is appropriate for all levels of film fans.



## Music Through the Ages: A Listener's Guide

VPA1052

### Thursday Morning

**Dates:** 4/4 to 4/25 (4 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Marc Shulgold

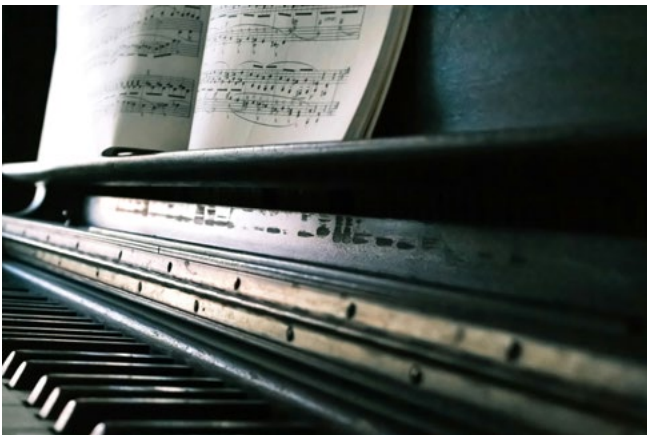
**Location:** Chambers Center, DU

**Class Limit:** 40

**Sponsoring Site:** On Campus

**Subject Area:** Visual and Performing Arts

From Gregorian Chant to Bach to Chopin to the Beatles, we'll enjoy a breezy time travel. Along the way we'll discover how generations of brilliant musicians changed music, while their world was experiencing massive social and political upheaval. We'll chart the birth of harmony, the evolution of the piano, the orchestra and its instruments. We'll get to know composers — both familiar and unfamiliar — and we'll meet those neglected patrons of music who made it all possible. We time-travel through Europe with itinerant composers and musicians who shared what they knew while learning from others along the way. And, of course, we'll sample music through performance videos that will thrill us, move us and make us smile.



## Comedy Appreciation

VPA1053

### Thursday Morning

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Jim Sieke

**Location:** Columbine United Church

**Class Limit:** 30

**Sponsoring Site:** South

**Subject Area:** Visual and Performing Arts

Comedy Appreciation is a fun look back at the men and women who have made America laugh over the years, mostly from the last half of the 20th century right up until today. We will cover all types of standup comedy, old and new, as well as late night comedy from Steve Allen to Jay Leno, David Letterman and *Saturday Night Live*. We'll examine sketch comedy from the 1950s to Carol Burnett as well as Key and Peele and political comedy from multiple perspectives, along with a potpourri of some other entertaining types of comedy. The weekly class format will consist of a brief introduction, followed by a video clip of a comedy performance, and then time for classroom discussion.

**“ I absolutely loved everything about this class. Jim was very organized. He had great stories of comedians to share in class and the video clips were excellent. It was such an uplifting experience! ”**

## THURSDAY AFTERNOON

### The Americanization of Hawaii: 1820–1898

HEC1063

#### Thursday Afternoon

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** David Lippman

**Location:** Chambers Center DU

**Class Limit:** 25

**Sponsoring Site:** Central

**Subject Area:** History and Economics

In 1820, American Protestant missionaries from New England began arriving in the Hawaiian Islands. Seventy-eight years later, the United States officially declared the Islands a territory of the United States. In those 78 years, the missionaries were followed by whalers, planters, and workers from around the world to work on the plantations, and the ruling Hawaiian royal family was replaced by a transplanted American elite. This course examines the events that gradually transformed Hawaii from a unique, isolated kingdom in the Pacific to a vital part of the American empire. The class will use Sarah Vowell's book, *Unfamiliar Fishes*, as its core text. Ms. Vowell was a contributor and producer for the NPR show, *This American Life*, and a frequent guest on talk shows, especially *The Daily Show*. Her five books have been described as funny, quirky, biting histories. Recently, she's used her unusual voice for characters in animated films, and she is a frequent op-ed columnist for publications such as *The New York Times*.

Required Book: Vowell, Sarah. *Unfamiliar Fishes*, Riverhead Books (Penguin). 2011.



### Tools for Your Writer's Toolbox

LWL1031

#### Thursday Afternoon

**Dates:** 4/4 to 5/9 (6 weeks)

**Time:** 1–3 PM

**Facilitator:** Sandi Ault

**Location:** Online

**Class Limit:** 20

**Sponsoring Site:** South

**Subject Area:** Literature, Writing and Language


This interactive workshop will highlight numerous tools writers can use to improve the quality and potency of their work. Writers of fiction, non-fiction, proposals, poetry, prose, or even marketing can benefit from the use of a specific set of power tools to bring more vibrancy and clarity to their work. The class will involve bringing any out-of-class contributions (very short excerpts or pieces the writer may wish to share) plus in-class writing and peer and instructor comments and suggestions.

“**Sandi has the best advice and is so respectful of feelings when we present. Writers especially newish ones can be very vulnerable.**”

 **1969: The Year Everything Changed?**LWL1032**Thursday Afternoon****Dates:** 4/4 to 5/16 (7 weeks)**Time:** 1–3 PM**Facilitator:** Patricia Paul**Location:** Online**Class Limit:** 30**Sponsoring Site:** South**Subject Area:** Literature, Writing and Language

What were you doing fifty-five years ago? Studying? Protesting? Serving in ‘Nam? Perhaps paying a mortgage and changing diapers? With its election and assassinations, 1968 was a year like no other. After ‘68 blew it up, ‘69 set the course of change. Richard Nixon was inaugurated, and Woodstock became a happening. Neil Armstrong stepped onto the moon, and *Easy Rider* sought to “shake the cage” of the establishment. John Lennon had us humming “Give Peace a Chance,” and the My Lai incident broke in the news. Outlaws became the heroes in *Butch Cassidy and the Sundance Kid*, and Camelot ended at the bridge to Chappaquiddick Island. That same year, a draftee landed in Vietnam, Tim O’Brien, who later wrote award-winning fiction. We’ll explore his novel *In the Lake of the Woods* (REQUIRED), commonly on college reading lists, delving into the elusive perception of truth in the life of a Vietnam veteran. Additionally, Diamond Facilitator Terry Ortlieb will share with us his remarkable journey obtaining Conscientious Observer status. As Ken Burns states in his documentary *The Vietnam War*, that period was “central to understanding who we are now.” 1969 was a wild ride! Hang on — here we go again!

Required Book: O’Brien, Tim. *In The Lake of the Woods*. 2006.

 **“Life after Life”! The Mind-Blowing Phenomena of (NDEs) Near Death Experiences**PRP1037**Thursday Afternoon****Dates:** 4/4 to 4/25 (4 weeks)**Time:** 1–3:30 PM (2.5 hrs.)**Facilitator:** Maria Arapakis**Location:** Online**Class Limit:** 30**Sponsoring Site:** Central**Subject Area:** Psychology, Religion, Philosophy, and Culture

What happens to our “consciousness” when we die? I have been fascinated by the phenomena of human consciousness since I was a teenager. Then, back in 1972 I read Dr. Raymond Moody’s landmark book “Life After Life” and was totally hooked. Moody investigated 150 cases of people who experienced “clinical death” but were subsequently revived. His book started a revolution in popular attitudes regarding an “afterlife” and changed how we understand death and life. Since then and because of vastly improved resuscitation techniques, there has been 50 years of research on NDEs that presents powerful confirmation that indeed there is “life” after death and what awaits us is heart-warming and extremely comforting. Physicians (radiation oncologists, cardiologists, brain surgeons, psychiatrists) at notable universities and hospitals around the world are studying NDEs with truly “mind-blowing” results. This class will bring you up to speed on these findings. And rest assured—this is not New Age “woo-woo.” It is evidence-based findings.

## How Can We End Homelessness in America? It's up to You!

PAC1040

### Thursday Afternoon

**Dates:** 4/4 to 5/23 (7 weeks – no class 4/11)

**Time:** 1–3:30 PM

**Facilitator:** Don Burnes

**Location:** Chambers Center/DU

**Class Limit:** 20

**Sponsoring Site:** Central

**Subject Area:** Public Affairs and Current Events

Don's new book (with co-author Kevin Adler), *When We Walk By: Forgotten Humanity, Broken Systems, and The Role We Can Each Play in Ending Homelessness in America* (North Atlantic Books, 2023), will be the center of this new course. Each of the eight classes will focus on one or two chapters in the book, including the ways we dehumanize those experiencing homelessness, the ways in which each of the relevant systems fail to meet the needs of the unhoused, and potential solutions that address our forgotten humanity and the broken systems. The Facilitator will make a brief presentation at each session, but the bulk of the class will be a discussion of the issues that underlie one of the most complex issues of our time. The facilitator will generously provide his book for free to each member who registers for this class.

Provided Free to Participants: *When We Walk By: Forgotten Humanity, Broken Systems, and The Role We Can Each Play in Ending Homelessness in America* by Kevin Adler and Donald Burnes.

## Can Humanity Survive Ecological Overshoot and Could it Lead to a Sustainable World?

PAC1041

### Thursday Afternoon

**Dates:** 4/4 to 5/23 (8 weeks)

**Time:** 1–3 PM

**Facilitator:** Dean Tebbe

**Location:** Online

**Class Limit:** 25

**Sponsoring Site:** South

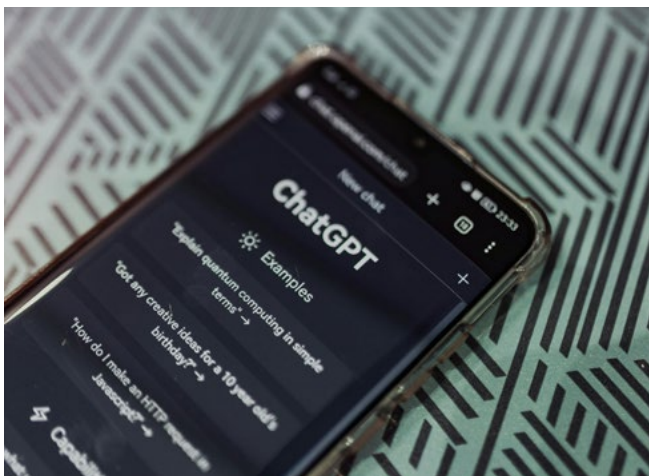
**Subject Area:** Public Affairs and Current Events

Ecological overshoot can be defined as exceeding the carrying capacity for a given species in a certain geographic area, with carrying capacity meaning the maximum permanently supportable load. (To illustrate—how many cows could you permanently support in a given size of a pasture? What would be the impacts of exceeding that number?) We will expand on this definition to include the carrying capacity of the earth, humanity's role in exceeding it, and the likelihood of us causing overshoot. Each session will examine an aspect of human activity, including energy, food, economics, and technology, then showing its relationship to ecological overshoot. Weaving these aspects together, we will discover the possible impacts to our collective future. Then we can speculate on whether this may force humanity to objectively face the destructiveness of our current living arrangements. Could this lead to a nature that we realize includes us? This course is meant to be thought-provoking and not necessarily prescriptive. Key components will be introduced to the class through lectures, video interviews, and documentary film clips, with ample time for questions and discussion. Optional readings and video links will be emailed to members between class sessions.

**👉 Exploring Chat GPT: Making Generative Artificial Intelligence Work for You**  
STM1042

**Thursday Afternoon**  
**Dates:** 5/2 to 5/23 (4 weeks)  
**Time:** 1–3 PM  
**Facilitator:** Heidi Blair  
**Location:** Online  
**Class Limit:** Unlimited  
**Sponsoring Site:** Regis  
**Subject Area:** STEM

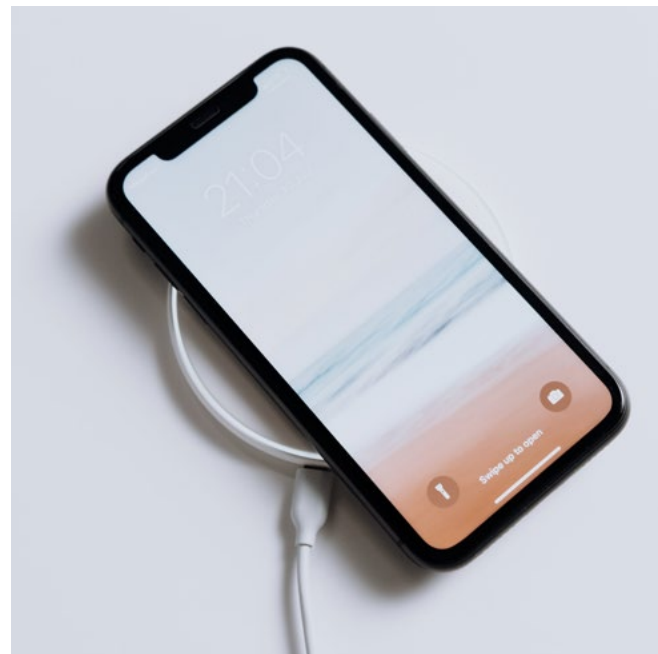
Join Regis University’s Associate Provost, Dr. Heidi Blair, who has spent the last ten years leading collaborative developments and innovative solutions in technologies designed to enhance student learning, academic development and instructional design, as we explore how to get the most out of Generative Artificial Intelligence (GAI) such as Chat GPT and other free-use GAI tools. Dr. Blair will take you on an easy-to-understand technological journey through the history, foundations and ever-evolving tools behind GAI while helping you to be able to easily apply its usefulness to your daily lives.



**👉 Get Smarter about Your iPhone and iPad**  
STM1001

**Thursday Afternoon**  
**Dates:** 4/4 to 5/9 (6 weeks)  
**Time:** 1–3 PM  
**Facilitator:** Sharon Sherman  
**Location:** Online  
**Class Limit:** 50  
**Sponsoring Site:** Regis  
**Subject Area:** STEM

Most of us cannot seem to live without our iPhone — but we are often not taking advantage of their capabilities or are frustrated with them. This class will explore the revolutionary technologies, connectivity and components involved in these devices. Learn essential settings, apps, features, and operations that enable their tremendous versatility and usefulness. Explore what we need to know about carriers and purchasing equipment. Learn about voice control and more: managing, maintaining, handling security, email accounts, wi-fi use and texting. Come get a little smarter about your tech, the Apple iPhone and iPad, and how to operate this life sustaining tool.



## The Wisdom of the Spirituals

VPA1066

### Thursday Afternoon

**Dates:** 4/4 to 5/9 (6 weeks)

**Time:** 1–3 PM

**Facilitator:** Arthur Jones

**Location:** Chambers Center/DU

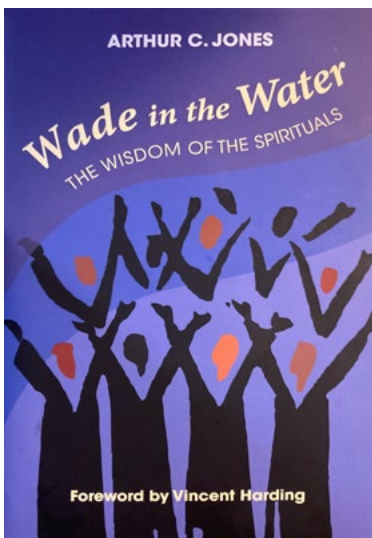
**Class Limit:** 35

**Sponsoring Site:** On Campus

**Subject Area:** Visual and Performing Arts

This course provides learners with an introduction to the history and wise teachings embedded in the sacred folksongs called spirituals, created and first sung by African peoples enslaved in America. Following the outline of the 2023 revised edition of *Wade in the Water: The Wisdom of the Spirituals*, the course highlights some of the principal functions and teachings of the spirituals, which were created in a specific time and place (chattel slavery in North America, 18th and 19th centuries), but yet have transcended the circumstances of their origins to speak to universal issues of human dignity, freedom and justice. Teaching in the course employs lecture, discussion, recorded song samples, and communal singing (no worries, there is no musical talent required!). An optional field trip (attendance at a concert of The University of Denver Spirituals Project Choir) is highly recommended.

Required Book:  
Jones, Arthur. *Wade in the Water: The Wisdom of the Spirituals* (revised edition) Maryknoll, NY: Orbis Books, 2023



## A Brief History of the Early American Musical Theatre

VPA1067

### Thursday Afternoon

**Dates:** 4/4 to 5/16 (6 weeks: no class on 5/2)

**Time:** 1–3 PM

**Facilitator:** Wendy Rounder

**Location:** Chambers Center/DU

**Class Limit:** 40

**Sponsoring Site:** Central

**Subject Area:** Visual and Performing Arts

Beginning with the European roots of the musical theatre in our new nation, we will look at what some suspect George Washington saw on a musical theatre stage and onto the 19th century introducing the evolving American character on the musical stage. Next, European-born immigrant composers dominated the early 20th century with the operetta, giving way to the romantic musicals of Jerome Kern. Then came a blockbuster that awakened the American musical to its unique potential. Thereafter, a decade of Gershwin, Porter, Rodgers and Hart moved us to the next ground-breaking show of the early 1940s...take a guess which show? Finally, welcome to what is called “the Golden Age.” Using photos, videos, and soundtracks, this course strives to bring alive the essence and distinction of America as a root of musical theatre. N.B. This course is a repeat of OLLI’s 2018 course.



**📍 Austrian Art and Music:  
1888 to 1938**VPA1068**Thursday Afternoon****Dates:** 4/4 to 5/23 (8 weeks)**Time:** 1–3 PM**Facilitators:** Linda Susak and Susan Lauscher**Location:** Online**Class Limit:** 35**Sponsoring Site:** On Campus**Subject Area:** Visual and Performing Arts

In the spirit of the importance of *das Gesamtkunstwerk* (the whole work of art), Susan Lauscher will present a class uniting the visual arts and musical experience of the beginning of *Modernity*. The *Gesamtkunstwerk* movement aimed to include all artistic endeavors and unite them; this included painting, sculpture, and architecture, as well as handicrafts and the decorative arts. We will see the changes from the ornamental *Vienna Secession* art to the very graphic depiction of human suffering in *Austrian Expressionism* and show the changes which occurred in the field of music from Mahler to Schönberg, Berg, and Webern. In addition to seeing examples of the visual arts of that period, we will talk about the artists and musicians of that day and play sections of the music to illustrate the changes that occurred in the field of music. Two field trips have been planned for this class as well: to the Kirkland Museum of Fine and Decorative Arts on April 25, 2024 and to the Colorado Symphony to hear Mahler's Symphony #3 on April 14, 2024. Transportation will be the responsibility of registrants.

**📍 Learn Basic Pencil  
Sketching**VPA1069**Thursday Afternoon****Dates:** 4/4 to 5/23 (8 weeks)**Time:** 1–3 PM**Facilitator:** Mitra Verma**Location:** Online**Class Limit:** 25**Sponsoring Site:** On Campus**Subject Area:** Visual and Performing Arts

Mitra Verma is an art educator, an artist, and a craft designer. She has a bachelor's in fine arts (BFA) and completed her master's from a distinctive handicraft design institute in India. She creates because she loves and wants to feel colors, forms, and nature in her creations. Working in various mediums her paintings celebrate the Indian culture and tradition with distinctive colorful designs, which are treated with religious and mystical motifs and patterns. She is a self-motivated, conscientious, passionate artist and for the past twelve years she has held classes and workshops in painting and crafts. She is an inspiring mentor, ready to ignite the spark of creativity in those eager to embark on a profound journey of self-discovery through art.

Supplies: Sketch Book, 2 HB pencils, blending stumps, sharpener and eraser



## **Capturing Reality: The Art of Documentary Film**

VPA1070

### **Thursday Afternoon**

**Dates:** 4/4 to 5/23

**Time:** 1–3:30 PM (2.5 hrs.)

**Facilitators:** Dixie Vice and  
John Lungerhausen

**Location:** Online

**Class Limit:** Unlimited

**Sponsoring Site:** West

**Subject Area:** Visual and Performing Arts

This term, for only the 2nd time in our 7 years as facilitators, we will be showing 8 documentary films. Because a documentary represents factual material through the viewpoint of the director, the way in which the material is presented can carry a powerful emotional impact. We feel the films we have chosen for our class this term are worth seeing for the way you will experience the boundless creativity with gunpowder and fireworks exhibited in *Sky Ladder* to the downright frightening events revealed in “Command and Control”. In *Finding Vivian Maier*, imagine the astonishment of the man who discovers the amazing artistry of an otherwise unknown street photographer thru the posthumous acquisition of her undeveloped negatives in an estate auction. *Minding the Gap* provides a surprising and insightful narrative on race, class, and manhood thru the lens of a young Asian American skateboarder. Plus, we’ll view 4 more equally compelling documentary films. Join us for an engaging look at this form of filmmaking. We will show the films in their entirety with Closed Captions for the hearing impaired.

**“ John and Dixie are so knowledgeable on the subject, have terrific personalities and have enabled me to see inside the films we watched. I learned a great deal. ”**

## FRIDAY MORNING

### **Trail Walking: Oh the Places You’ll Go!**

HEW1020

### **Friday Morning**

**Dates:** 4/5 to 5/24 (8 weeks)

**Time:** 9:30–11:30 AM

**Facilitator:** Jan Friedlander

**Location:** Offsite

**Class Limit:** 35

**Sponsoring Site:** South

**Subject Area:** Health and Wellness

Be an OUTSIDER! Join OUTSIDERS who love walking while learning about birds, animals, climate, history, and geology from expert, entertaining guides, followed by an optional lunch!

WHERE WE’LL GO: Jan is excited to share the following organizations and locations being considered for spring term: Genesee Mountain Park, Dinosaur Ridge, Douglas Land Conservancy, Plains Conservation Center, Denver Audubon, Louviers, Highline Canal Conservancy, Bear Creek Lake Park, Castlewood Canyon, Roxborough & Staunton State Parks, Garden of the Gods.

TRAIL CONDITIONS: Trails are curated for OLLI’s population, rated “Easy” to “Moderate”, with roots, rocks, moderate elevation changes.

CLASS FEE: Class members, including facilitator, pay a \$50 class fee in addition to the OLLI course fee of \$65. 100% of the \$50 is donated to the non-profit organizations who lead the walks.

GETTING TO THE WALK SITE: Jan sends map links for each walk site. You may drive directly there, or to a designated meetup site to carpool or caravan.

OPTIONAL LUNCH: A class favorite!

Questions - contact Jan [janfriedlander@comcast.net](mailto:janfriedlander@comcast.net).

Be an OUTSIDER!

 **Beginning Birding and Beyond**STM1041**Friday Morning****Dates:** 4/5 to 4/26 Online;

May 3 and May 10 Field Trips (6 weeks)

**Time:** 9:30–12 PM for on-line classes. (2.5 hrs.)**Facilitators:** Cynthia Kristensen and  
Curt Frankenfeld**Location:** Online and Offsite**Class Limit:** 26**Sponsoring Site:** South**Subject Area:** STEM

Birding provides a connection with nature, relieves stress, hones observation skills and brings joy! This course aspires to more than bird identification. It is an introduction to bird behavior, habitats, survival adaptations, migration and birding ethics. It will prepare new birders with tools to use for finding, identifying and appreciating birds in the Denver metro area. The first class will include birding optics, field guides, birding apps, birding ethics and local birding resources. Subsequent classes will encompass bird behaviors, habitat, seasons, bird banding and other topics, designed to assist students to find and identify birds in the field and learn about where and when they can encounter them, including in the backyard. We will point class participants to numerous great birding sites and resources in the metro area and beyond. There will be 4 classes on Zoom (April 5, 12, 19 and 26) and the other two will be field trips led by Denver Audubon Master Birders. (May 3, 10). One of the field trips will include a visit to the bird banding station at the Denver Audubon Nature Center to see many migratory bird species up close with an experienced bird bander.

This course requires a \$40 fee payable at registration as a donation to Denver Audubon.

**FRIDAY AFTERNOON****Denver Photography Walkabout**VPA1064**Friday for first class then Tuesday Afternoon****Dates and Times:**

1st session: Fri, May 3, at 6 PM Santa Fe's

First Friday Walks, meet in front of Drip Café

2nd session: Tues, May 7, at 1 PM

Denver Zoo

3rd session: Tues, May 14, at 1 PM

Denver Botanic Gardens

4th session: Tues. May 21, at 7 PM

Sculpture Park at DCPA

**Facilitator:** Mark Payler**Location:** Various Locations (above)**Class Limit:** 15**Sponsoring Site:** On Campus**Subject Area:** Visual and Performing Arts

Welcome to “Denver Photography Walkabout” — an engaging course suitable for photographers of all levels! Join us weekly at a different Denver location, where our two-hour sessions will combine the beauty of Denver with hands-on technical and artistic guidance from our experienced instructor. The different times will allow members to embrace the versatility and use of your preferred camera gear to photograph different locations and times when natural light can present exposure and composition challenges. Each class begins with a brief meeting, followed by an exploration of diverse locations accessible by public transportation. From indoor gems to the picturesque outdoors, our locations promise a rich tapestry of photographic opportunities. The heart of Denver will unfold through your lens as you capture its essence, and Mark will be there every step to offer personalized support.

PLEASE NOTE: Some course locations may have entry fees, and there will also be 2 evening classes.

OLLI@DU / 2024 SPRING

# MEMBERSHIP PERKS.

## FREE WEBINARS

### Free Friday Webinars

OLLI at DU is pleased to offer our members a series of Friday morning webinars. Our speakers come from a variety of backgrounds and are experts in the field. Join us online via Zoom. You must register with OLLI for each webinar to receive your personal meeting invitation.

For more information on OLLI at DU memberships, visit our website at [OLLI.DU.edu](https://OLLI.DU.edu) or return to **page 9** of this catalog.

For more information about Free Friday Webinars **[CLICK HERE.](#)**



## Centennial State Dinosaurs

WEB1012

**Friday, April 5, 2024, 10–11:30 AM**

**Matthew Mossbrucker, Presenter**

Colorado was inhabited by a mind-boggling array of extinct fauna and flora. Moving beyond Tyrannosaurus and kin, the life before and after dinosaurs proves to be equally fascinating. This talk explores the changing life and landscapes of the Centennial State beyond the Age of Dinosaurs: the geological eras known as the Paleozoic and Cenozoic.

*Matthew Mossbrucker, an advocate for fossil preservation and institutional collaboration, is the director and chief curator of the Morrison Natural History Museum in Morrison, Colorado. Through his tenure he focused the museum to preserve local paleontological heritage which offers informal public programs that interpret Colorado's dinosaurs supported by original research. Mossbrucker also serves as the Curator of Paleontology of the Glenrock Paleontological Museum in Glenrock, Wyoming where he is actively working on a large section of the Lance Formation alongside public groups. He serves on boards for the Morrison Natural History Museum Foundation, Glenrock Paleontological Museum, and the scientific advisory board for the Friends of Dinosaur Ridge. A lifelong Colorado resident, Mossbrucker lives in Jefferson County.*

## “From PreK to Grey”, the CSU Spur Campus in Denver Provides Education For All

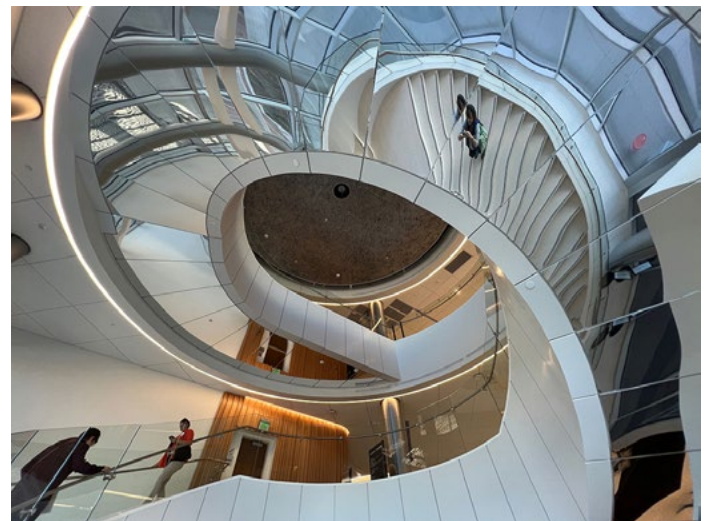
WEB1013

**Friday, April 12, 2024, 10-11:30 AM**

**Jim Bradeen, Presenter**

CSU Spur is open at the National Western Center in Denver! Spur is an education hub for all, “from PreK to grey”. Focused on health, food, and water, Spur displays what is rarely visible: animal surgeries, horse-assisted therapies, hydroponic vegetable production, lab sciences, and much more. Whether you’re helping a child discover a career passion or seeking a graduate degree, Spur has something for everyone. And we welcome DU and CSU OLLI classes starting in the spring of 2024! This session provides just a flavor for what Spur means for education and is an invitation for a future in-person visit!

*Jim Bradeen is a professor of plant pathology and serves as the Associate Vice President for the CSU Spur campus in Denver. At CSU Spur, Jim works with faculty, staff, and students from across the Fort Collins campus to bring programming to life at CSU Spur.*



## Buffalo - the Denver Connection to the I-70 Buffalo Herd Overlook

WEB1014

**Friday, April 19, 2024, 10-11:30 AM**  
**Shannon Dennison, Presenter**

The ecological and cultural relevance of the American buffalo is complex and rich. Renowned filmmaker Ken Burns captured the attention of American audiences with the 2023 release of his documentary series titled "The American Buffalo." In this session we will explore the American buffalo more deeply, including its relationship to the little known but charismatic rainbow scarab dung beetle, and learn about Denver's role in conservation of the species and the groundbreaking repatriation effort to return Denver buffalo to tribal lands.

*Shannon Dennison, Director of the Denver Mountain Parks, has been with Denver Parks and Recreation for 6 years.*

*Mrs. Dennison, born and raised in Denver, grew up spending time at her family's mountain cabin and exploring parks and public lands throughout the West. She earned a B.A. in archaeology from the University of Montana in 2003 and later went on to earn an M.A. in historic preservation from the University of York in England. Positions as a National Park Service seasonal park ranger at Mesa Verde National Park, as a historic preservation consultant in the Denver area, as the ruins' conservation program manager at Bandelier National Monument in New Mexico and then as the Branch Chief of Cultural Resources at Grand Teton National Park in Wyoming have provided her with interdisciplinary experience in a wide range of operational and stewardship needs with expertise in heritage preservation.*



## Talking Baseball: The Rockies and Major League Baseball in 2023, 2024 and Beyond

WEB1015

**Friday, April 26, 2024, 10–11:30 AM**  
**Thomas Harding, Greg Petty, Manny Randhawa, Presenters**

OLLI facilitator Greg Petty will interview local baseball experts Thomas Harding, (Rockies beat writer for mlb.com) and Manny Randhawa (reporter and member of the Statcast research team for mlb.com) about the following topics:

- What led to the Rockies franchise worst 59-103 record in 2023 and what developments at the major and minor league levels will impact the team's future?
- What was the impact of the major 2023 rules changes on Major League Baseball and what changes might occur in the future?
- How has statistical analysis (analytics) impacted MLB?
- And what will this coming season look like in baseball?

There will be time to answer questions submitted by the audience during and especially after the discussion.



Photo credit: Mark A. Payler

*Thomas Harding has covered the Colorado Rockies from 2000 to 2001 with The Gazette in Colorado Springs, and from 2002 to present with MLB.com. Before that, he was part of St. Louis Cardinals coverage with The (Memphis) Commercial Appeal. More importantly, he covered Rookie, Single-A, Double-A and Triple-A. That's a lot of baseball. He is a former Board Member of Rocky Mountain SABR.*

*Manny Randhawa has been a reporter for MLB.com since 2016. He is the author of "The Blake Street Bombers," a comprehensive history of the great Rockies sluggers of the 1990s. During his eight seasons with MLB.com, Manny has served as backup Rockies beat writer to Thomas Harding and has often covered the beats of visiting teams playing the Rockies at Coors Field. He is a member of the MLB Statcast research team. Manny is also a Board Member of Rocky Mountain SABR.*

*Greg Petty has been so fortunate in retirement to facilitate 2 OLLI baseball movies courses and 7 OLLI baseball courses. He has also presented 2 OLLI baseball webinars where he interviewed famous/infamous baseball great "Sudden" Sam McDowell about his remarkable life, and Jason Schwartz about baseball cards in general and especially those featuring Colorado connected players. In 1980 he co-founded and then participated in a unique ongoing fantasy baseball league that spurred his natural interest in all aspects of baseball.*



## Ignimbrites and Calderas of the American West

WEB1016

**Friday, May 3, 2024, 10–11:30 AM**

**David Lindsey, Presenter**

Today active volcanoes occur along North America's Pacific Coast. But 36–18 million years ago, swarms of volcanoes erupted as "Ignimbrite Flare-ups" reaching inland to Colorado and New Mexico. Eruptions of superheated ash and pumice "clouds" left volcanic depressions called "calderas." Ash flow debris, to 1,000 feet thick, blanketed the landscape and cooled to a hard rock called "ignimbrite."

After summarizing the variety of volcanoes in their plate-tectonic context, we will delve into the Western U.S.'s history of volcanic activity — including the "Ignimbrite Flareup", with possible causes.

What are the geologic setting and characteristics of ignimbrites (emphasis on examples from western Utah and southern New Mexico)? Finally, we will visit classic examples, erupted more recently: Bandelier Tuff and Valles caldera, northern New Mexico; Bishop Tuff and Long Valley caldera, eastern California; and calderas that track the Yellowstone hotspot.

*David Lindsey, retired from the US Geological Survey, grew up on a rocky farm in eastern Nebraska becoming fascinated with the local geology at an early age. He earned a BS (Nebraska) and PhD (Johns Hopkins) in geology and conducted geologic mapping and research for the USGS for more than 50 years. David has facilitated classes in geology for OLLI, led field trips over Trail Ridge Road for the Rocky Mountain Conservancy, presented talks and led field trips at scientific meetings.*

## Evidence of Humans in North America during the Last Glacial Maximum

WEB1017

**Friday, May 10, 2024, 10–11:30 AM**

**Kathleen Springer, Jeff Pigati, Presenters**

Archaeologists and researchers in allied fields have long sought to understand human colonization of the Americas. Recent excavations at White Sands National Park have revealed in situ human footprints and megafaunal tracks that date to between ~23 and 21 thousand years ago. Independent chronologic techniques have recently confirmed the accuracy of these ages. This timing coincided with an abrupt warming event that drew down lake levels and allowed humans and megafauna to walk on newly exposed surfaces, creating the tracks that were preserved in the geologic record. These findings confirm humans were present in North America during the Last Glacial Maximum.

*Kathleen Springer is a research geologist with the U.S. Geological Survey in Denver, Colorado. She specializes in deciphering complex stratigraphic sequences and reconstructing paleoenvironmental conditions, and studies how springs and other hydrologic systems responded to climate change in the recent geologic past.*

*Jeff Pigati is a research geologist with the U.S. Geological Survey in Denver, Colorado. His research is focused on understanding the response of hydrologic systems in arid environments to past episodes of abrupt climate change. He is also an expert in radiocarbon dating.*

## Golden's Mining Roots and Legacies

WEB1018

**Friday, May 17, 2024, 10–11:30 AM**

**Donna S. Anderson**

Golden's 160+ year mining history left many legacies. Full of local resources due to its unique geology, Golden became a mining center for clay and coal and limestone. Fueled by local coal, Golden in the late 1800s had five smelters, a paper-mill, several brick factories, and a now-famous beer-brewery. During this time, however, chronic complaints about Clear Creek water quality helped prompt Golden's acquisition of a then-pristine domestic water supply on Lookout Mountain. Post-1900 Golden was a major clay-mining center, fostered by rising public health awareness, Prohibition, and World War I. Automobiles created demand for road aggregate. Post-WW II aggregate demand collided with changing public attitudes about the environment in the late 1960s, ultimately leading to the now-public open-spaces around Golden. Clear Creek water quality reached a nadir in 1980. Subsequent remediation of upstream acid mine-drainage and a local Superfund site led to successful Clear Creek cleanup where trout fishing, kayaking, and tubing are popular today.

*Dr. Donna Anderson is a semi-retired geologist, having worked as a geologist since 1974, first in geotechnical engineering and then in the oil and gas industry. She is currently an Affiliate Faculty in Geology at Colorado School of Mines, where she earned her Ph.D. and has been on the geology faculty part-time for the past 24 years. She, with co-author Paul Haseman, published a book, Golden Rocks: The geology and mining history of Golden, Colorado, in early 2022. She enjoys peeling back the layers of the geologic landscape for the non-specialist.*



Photo credit: Mark A. Payler



Photo credit: Mark A. Payler



Photo credit: Mark A. Payler

OLLI@DU / 2024 SPRING

# WELLNESS PERKS.

## FREE FIT PROGRAM

### OLLI at DU Fit Program

#### Spring 2024 Classes

OLLI at DU recognizes that there are four pillars to longevity and fulfillment and we have built a program that supports each of these areas: cognitive, social, physical, and spiritual. Throughout this catalog, you will find many opportunities to participate in activities in each pillar. Join us each morning for a free fitness course to exercise both your body and your spirit.

You must be an OLLI at DU Annual Member to participate. Please register with OLLI at DU for each course. Before classes begin, you will receive a link to Zoom registration for each course. Courses will be held during the eight weeks of the Spring 2024 term.

For more information on OLLI at DU memberships, visit our website at [OLLI.DU.edu](https://www.lli.du.edu).

For more information about the OLLI at DU Fit Program [CLICK HERE](#).





## T'ai Chi with Joe Brady and Jacqui Shumway FIT1001

**Mondays, 8–9 AM via Zoom;  
beginning 4/1/24**

**Joseph.brady@du.edu**

**Jacqui.shumway@taichidenver.com**

Experience for yourself the accumulated wisdom of centuries with the timeless exercise of T'ai Chi. According to the Harvard Medical Health Publication "Tai chi is often described as meditation in motion, but it might well be called medication in motion". Designed to be a hands-on learning experience, this class will explore the principles and basic exercises in T'ai chi and the growing body of evidence of its value in treating or preventing many health problems. This introduction to T'ai Chi Ch'uan is both practical and participative. The course introduces you to the basics of T'ai Chi Ch'uan, the skills and principles involved. Modern studies have reported positive effects of Tai Chi on balance and falls reduction, hypertension,

diabetes, arthritis, osteoporosis, cancer, COPD, heart disease, depression and even schizophrenia. Many more studies are underway to explore the medical benefits of this mind/body exercise. Topics for discussion will include the global health care implications of Tai Chi as well as applications in daily life.

*Joseph Brady MSTCM, L. Ac. Dipl. O.M. is a nationally board certified practitioner of Oriental Medicine. Joe taught on healthy aging issues and coordinated the Gerontology program at the University of Denver for twenty years, also teaching classes in Tai Chi, Qigong and Traditional Chinese Medicine.*

*Jacqui Shumway, M.A. Therapeutic Kinesiologist/Living Younger Longer Institute Researching and teaching T'ai Chi Chuan and Medical Qigong for over 25 years Jacqui Shumway, M.A. is dedicated to the joy of active living. She combines western therapeutic kinesiology (preventive physical therapy) with Medical Qigong healing exercises from China and the meditational martial art of T'ai Chi.*

## Gentle Hatha Yoga with Lisa Theis

FIT1002

**Tuesdays, 8–9 AM via Zoom;  
beginning 4/2/24  
apanayogi9@gmail.com**

A mindful and intentional movement practice designed to stretch and strengthen the body in a safe and supportive way. This class will involve standing, sitting, and lying down yoga postures presented as a way of befriending the body and bringing curiosity to the experience of movement and the mind-body connection. Beginners and experienced practitioners are welcome. Options and modifications will be offered to accommodate different needs throughout the class.

*Lisa's journey with the practice of yoga began in 2000 in a Bikram studio in San Francisco. What began as a physical and mental challenge to just stay in the room for the duration of class quickly became a deep and healing connection for her body, mind, and spirit, and eventually became a life's passion and calling. Though she has had many influential teachers, she is a dedicated student and follows the lineage of Para Yoga and Sri Vidya. Her classes strive to provide a space for each person to explore the effect of yoga in their own way and, while rooted in the methodologies of Para Yoga, are an amalgamation of all her teachers' influences. Each class will include pranayama (breathwork), the exploration and experience of the energetics of asana (postures), mantra, visualization and intentional focus, and meditation.*

## Medical Qigong with Dr. Joseph Brady and Jacqui Shumway

FIT1003

**Wednesdays, 8–9 AM via Zoom;  
beginning 4/3/24  
Joseph.brady@du.edu  
jacqui.shumway@taichidenver.com**

In traditional Chinese medicine the patient is expected to be an active participant in their own healing and not just a victim of their disease. Strong beliefs in the idea that exercise is medicine, Qi-gong evolved over centuries to become the primary form of exercise therapy used in traditional Chinese medicine. Medical Qi-gong exercises are considered superior to herbal medicine and acupuncture because patients learn to keep themselves healthy by using exercises designed to cultivate a strong mind and a strong body. With over 3600 psychophysiological exercises developed over centuries, medical Qi-gong provides the tools for everyone to become an active participant in their own health. This course will give students an introduction to a variety of the most popular sets of exercises in a safe and progressive way. Qi-Gong exercise modalities include therapeutic gymnastics, equipment, massage, nature treatment, and recreational exercise.

*Joseph Brady MSTCM, L. Ac. Dipl. O.M. is a nationally board certified practitioner of Oriental Medicine. Joe taught on healthy aging issues and coordinated the Gerontology program at the University of Denver for twenty years, also teaching classes in Tai Chi, Qigong and Traditional Chinese Medicine.*

*Jacqui Shumway, M.A. Therapeutic Kinesiologist/ Living Younger Longer Institute Researching and teaching T'ai Chi Chuan and Medical Qigong for over 25 years Jacqui Shumway, M.A. is dedicated to the joy of active living. She combines western therapeutic kinesiology (preventive physical therapy) with Medical Qigong healing exercises from China and the meditational martial art of T'ai Chi.*

## Meditation & Conversation with Lisa Theis

FIT1004

**Thursdays, 8–9 AM via Zoom;  
beginning 4/4/24  
apanayogi9@gmail.com**

One of the foundational components of a practice in mindfulness meditation is community. This course will be a practice-based approach to meditation. Each class period will include a guided meditation, followed by community reflection and conversation. There will be time dedicated to small and large group discussion, questions, sharing from personal experience, and mindful listening to the reflections of others. The class will be an opportunity to be together in community meditation, learn, grow, and deepen our practice through group process. Beginning and experienced meditators are welcome.

*Lisa Theis has been practicing meditation and yoga for over 10 years. She creates a safe space where class members are invited to reflect and share.*



## Movement, Mindfulness & Energy with Amanda Gregg

FIT1005

**Fridays, 8:45–9:45 AM via Zoom;  
beginning 4/5/24  
soaringeagleheal@gmail.com**

Movement, Mindfulness and Energy engages participants in mindfulness instruction that brings forth specific teachings and tools connected with Body, Mind, Spirit and Shadow. All teachings and tools have been compiled from books and mindfulness practices within the contemporary world, bringing together potent practices of self-realization. Each session will introduce a new concept and tool that participants will have the direct opportunity to practice in a state of mindfulness together in community. Movement, Mindfulness and Energy focuses heavily on practicing in contemplation and silence so that participants have the opportunity to find deeper implications of realizations and change in their own life.

*Amanda Gregg, Mindfulness and Movement Coach, has been on her spiritual journey for the past 15 years. Through this journey Amanda has gained many experiences, skills and wisdom that have provided her the opportunity to share, teach and present movement and mindfulness through her business, Soaring Eagle Healing. With her Master's in Nonprofit Management, Master Reiki Teacher Certification and Mindfulness Movement training, Amanda brings forth a beautiful combination of service, mindfulness and movement that have moved her students to their own discoveries and awakenings. She is passionate about empowering others in their own self-awareness.*





Photo credit: Mark A. Payler

## MEET OUR FACILITATORS

We count on great facilitators who bring our OLLI members deep into the content of robust course offerings, while encouraging connections and discussion. As always, we are here for learning and not for grades or college credit. We offer over 300 courses and webinars a year via in-person, online and hybrid formats. Course types include deep dives into a multitude of subjects with different formats, including multimedia presentations, books, movies, art and photos.

The joy of learning and the fascinating courses our facilitators lead are exactly why our members come back year after year. And so do our uniquely qualified facilitators!

### **Barbara Adams**

After obtaining a PhD in Neuroscience/ Psychology, Dr. Barbara Adams continued her career in research science at the University of Arizona, being active in the fields of research in oncology, gastrointestinal, women's health, HIV, cardiovascular, and Alzheimer's Disease. As her own practice grew over 20 years, she became known as a primary Principal Investigator for sleep disorders, Alzheimer's, and psychiatry. It was due strictly to her efforts that Zolpidem CR (Ambien) was approved by the FDA and able to be marketed. She was a principal in the development of Namenda for Alzheimer's, and Seroquel for psychiatric disorders. As a Chief Executive Officer, Dr. Adams oversaw 10 offices worldwide including substantial work in China. Some awards include the Congressional Medal of Distinction, Business Woman of the year for 2006 and 2007, Senatorial Inner Circle Commission, and the Jeanette Holm Aerospace Education award. Retired now, she lives in Denver and is still active in stem cell therapy research. She is the scientific speaker for Royal Caribbean cruise lines and is the Aerospace Education Officer for Colorado in Civil Air Patrol.

### **Neil Adelman**

Neil Adelman is a retired attorney who recently moved to Denver from Chicago. He has facilitated courses on famous trials and on opera. Neil was an OLLI member in Northwestern University's OLLI program in Evanston, Illinois for 18 years. In that program he facilitated courses on history, law, opera, film, and religion, and as a class member he led discussions on these and other topics. He has also lectured on opera for many years, including as a community lecturer for Lyric Opera of Chicago.

### **Carol Anthony**

Carol Anthony, Platinum Facilitator, received her BS in English Education and her MA in English Literature from Southern Illinois University in Carbondale, IL. She migrated to Denver and taught English at Westminster High School for 32 years. She pursued post graduate studies in Old and Medieval English Lit at CU and developed an extensive background in Classical and Norse Myth, the history of language, and ancient Mediterranean civilizations and culture. For fun, she sings with a performing show choir, the Northland Chorale (yes, really).

### **Gordon Appell**

Gordon Appell, Diamond Facilitator, has facilitated a wide variety of OLLI courses in public affairs and current events. He worked for much of his career with the City and County of Denver as a principal city planner which involved him in the planning for the redevelopment of the Central Platte Valley downtown, Stapleton and Lowry as well as neighborhood planning, transportation planning, regional planning in cooperation with RTD and DRGOG. He is a political independent but continues to have a reform point of view even in retirement. He has lived in NYC, North Carolina during the civil rights era, Chicago during the Mayor Daley years, St. Louis and overseas.

## **Maria Arapakis**

Maria Arapakis, Diamond Facilitator, is a psychologist, international trainer, and author with over 35 years of experience training people around the world on how to manage their minds, emotions, actions and relationships.

## **Sandi Ault**

Sandi Ault is an award-winning bestselling author of the WILD Mystery Series, has taught writing workshops through public education programs (e.g., Front Range University) as well as privately at national writing conferences. She is on the faculty of Northern CO Writers, Tony Hillerman Writing Conference, and more. Her workshops typically sell out and are standing room only. Recent releases are WILD MYSTIC and SHATTERING GLASS.

## **Bill Baird**

Bill Baird is a Master OLLI Facilitator who last offered this OLLI class in 2022. He has written his own obituary and will share his plans for the final party in his honor, because he likes to plan ahead.

## **Don and Gracie Batt**

Don and Gracie Batt, both Diamond Facilitators, are retired high school English and Theatre teachers in Cherry Creek Schools. They have facilitated courses on Irish literature and literature of the American West with OLLI for several years.

## **Catherine Beeson**

Catherine Beeson holds a master's degree from Manhattan School of Music, is Executive Director of the Longmont Symphony, and has been a Colorado Symphony violist for over 20 years. She has extensive professional experience as a performer and educator and a warm, friendly delivery style. Catherine is excited to bring her insider knowledge of classical music to curious adult learners.

## **Stephen Bennett**

Stephen Bennett has an undergraduate degree in Architecture from Iowa State University, is registered as an engineer in Colorado and California and received his MBA from University of Colorado – Denver. Work and personal travel have taken him to China, South Korea, India, Europe, and the UK. Travel made it possible for him to augment his study of cultures and the emergence of humans as the dominant species on this planet.

His focus most recently has been on the impact of the creative and disruptive forces of the digital age on work, population growth, energy usage, and global economic trends.

## **Heidi Blair**

Associate Provost, Heidi Blair, joined Regis University as the Director of Instructional Design and Technology in June 2019 from Griffith University in Australia. In the last ten years she has led the collaborative development of innovative solutions that meet challenges related to student learning and academic development with an eye to instructional design, technology and iterative development. An educator with 30 years teaching experience between higher education and K-12, Heidi has taught kindergarteners to doctoral students. Designing engaging learning experiences which leverage the possibilities of current and emerging technologies to meet the diverse needs of learners is near and dear to her heart. Heidi has a BA in Early Childhood Education from UNC-CH and a MA in Learning and Instructional Design and a PhD in Educational Technology both from Arizona State University. During her career, Heidi has led a multitude of cross-disciplinary initiatives at multiple universities in the United States and in Australia.

## John Bowen

John Bowen is a long-time observer of international affairs with particular interest in Eastern Europe. After practicing law for many years in unrelated areas, he now has time to study international relations in greater depth and has tried to keep abreast of military technological developments.

## Don Burnes

Don Burnes and his wife are the founders of The Burnes Institute for Poverty Research at the Colorado Center on Law and Policy. His fourth book, *We Walk By: Forgotten Humanity, Flawed Systems, and the Role We Can Each Play in Ending Homelessness in America*, was published in early November 2023. He is the co-author of *Journeys Out of Homelessness: The Voices of Lived Experience*, along with Dr. Jamie Rife, the newly appointed CEO of the Denver Department of Housing Stability, published 2019. He served on the State Interagency Advisory Group on Homelessness for Colorado Governors John Hickenlooper and Bill Ritter. He has been a member of Denver's Road Home Advisory Commission and a Board member of the Metro Denver Homelessness Initiative. He has been actively involved in the issues of homelessness and poverty for over 35 years. He is the co-author with Alice Baum of *A Nation in Denial: The Truth About Homelessness*. He received his BA from Princeton, his MAT from Washington University in St. Louis, and his PhD in education from Columbia University.

## Terry Casey

Terry has a BA from St. Anselm College (Manchester, NH), a MA in History from UConn, and a Master in Urban Affairs & Policy Analysis from The New School for Social Research (NYC). He has been a County Administrator in New Hampshire and, since 1986, a Managing Director in the Capital Markets office of Dain Bosworth which became RBC Capital Markets in the early 2000s. His clients over the years included the states of Colorado and Wyoming, many of the major K-12 school districts in Colorado, Colorado Springs Memorial Hospital, Wyoming Medical Center (Casper), Cheyenne Memorial Hospital, Aspen Hospital, and the Wyoming Student Loan Corporation. He retired from RBD in 2011.

## Wayne Cassell

Wayne learned American Mahjong at OLLI South in the spring of 2018 and played 6 hours weekly until the pandemic. He started playing weekly again in January 2022. He has taught multiple beginner American Mahjong classes at South campus since 2022. He plays 3-6 hours weekly with former students and friends.

## Susan Chandler

Susan Chandler, M.A., is a Denver native who is a 6th degree black belt Ki-Aikido instructor, head instructor/owner of Denver Ki-Aikido on south Broadway, and author of *Minding Your Balance: Mind Body Exercises to Improve Balance & Prevent Falls*. Susan has been teaching Ki-Aikido, which is a Japanese self-defense art, for over 30 years. The practice includes mind body coordination training that works with improving balance, mental focus and emotional calm under pressure. In the early 2000's she went back to school to take a deep investigative dive into the expanding body of neuroscience research about the how and why of the mind/body connection with a specific interest in interconnections among movement, mind, and feeling, relative to balance control. Drawing on her graduate education, she created Minding Your Balance training, applying the scientific insights from developing neuroscience to the long-developed balance and coordination practices from the martial art. Susan also had a radio show/podcast *Mind and Body in Motion* and a TED-X talk "Following the Vestibular Trail."

## Natalie Conklin

Natalie has enjoyed taking and facilitating classes at OLLI since retiring from a career in education, from special education to classroom, to media specialist and reading teacher. Most classes she has facilitated have been in the visual and performing arts, but also in history and literature. Music has always been a passion, and growing up outside NYC she attended many Broadway plays and musicals, singing along with the music (not great, but with enthusiasm.)

## Joe Conner

Dr. Joe is a retired college professor who has taught and created science, technology, engineering, math, and medical (STEM2) programs. He has managed educational STEM2 programs supported by businesses, NASA, parents, and the US Department of Education. Having taught students from eight to eighty, he has found that the question WHY is asked by every demographic group. As a response, he coaches students on how to think for themselves and provides tools and systems to seek answers to the WHY. This class focuses on origins disagreements, primarily with those in authority and with strangers. His educational experience ranges from inner city Los Angeles pre-college schooling to the University of Southern California, University of California at San Diego, and Skidaway Institute of Oceanography, as well as UNESCO. Dr. Joe has a strong Biblical background and is active in his local church.

His current book *Critical Perspective: Understanding an Opinion That's Not Your Own*, is the first book in a trilogy that shares the technique used in warm-up sessions before classes of exploration to WHY.

## Thomas Corona

Thomas Corona has been a meteorologist for over 45 years. He completed his undergraduate studies at Cook College/Rutgers University and his graduate work at Colorado State University, receiving a master's degree in Atmospheric Science. Tom taught at the New York State University College in Oneonta, New York and worked as a researcher on the HIPLEX/CCOPE (High Plains Experiment/Cooperative Convective Precipitation Experiment) project in southeastern Montana before teaching undergraduate meteorology courses at Metropolitan State College/University in Denver for 27 years. The subjects ranged from introductory weather courses to theoretical courses in the dynamics of the atmosphere. He was also a member and chase team coordinator for the NOAA/PROFS program that developed and tested the current National Weather Service Forecasting System. Professor (Emeritus) Corona has devoted his time and efforts to volunteer activities and music performance, writing, and production.

## Hille Dais

Hille Dais grew up and completed high school in Hamburg, Germany and has lived in the United States since the late 1960s. She retired from public administration positions with the State of Colorado in 2003. Hille is an amateur pianist and enjoys live symphony and chamber concerts. Hille has facilitated OLLI courses on baroque and classical era music and composers and on European history.

## Rob Diedrich

Rob Diedrich is a professional geologist and an active volunteer for the Rocky Mountain Association of Geologists. Rob coordinates field trips to some of Colorado's most beautiful and geologically significant sites. He also leads 'urban' geology field trips in Denver's Downtown and Capitol Hill districts, examining the building stone used in construction of some of the city's oldest and most historic buildings. Rob has 40 years' experience in the petroleum industry, primarily with Marathon Oil Company and SM Energy, from which he retired in 2019. He has a bachelor's degree in geology from SUNY Oneonta in Upstate New York and a Master's in geology from Bowling Green State University, Ohio.

## Gloria Eastman

Gloria (Lori) Eastman is Professor Emerita of English at Metropolitan State University of Denver. She earned her Ph.D. at CU Boulder. Before her recent retirement, she taught 19th century British Literature and English Education at Metro State for 16 years. Previous to that, she taught English and journalism for 26 years in the Jefferson County Public Schools. She enjoys bringing alive the social and historical contexts of a literary text and delights in readers' varied responses to the books we are studying.

## Kent Epperson

Kent Epperson is a graduate of Denver East High School and the University of Colorado. He has been involved with public education for 45 years as a teacher, instructional coach, school administrator and central office support staff member. He has served three Denver area districts and currently works part time with Denver Public Schools.

### Alan Folkestad

A student of history almost his entire life, Alan lived abroad in three different countries and he always found the culture and history fascinating. He is keen on delving into *the unintended consequences of history* — defined as “actions of people, and especially governments, that have effects that are unanticipated or unintended.” Alan received a BA degree at the University of Minnesota and earned a Master’s degree from Texas Christian University.

### Curt Frankenfeld

Curt is a returning OLLI instructor. He is a retired corporate executive who has been birding and photographing birds for many years. He’s an Audubon Master Birder, is the President of the Denver Audubon Board of Directors and is active with the Douglas Land Conservancy as well as other nature- and conservation- oriented organizations.

### Jan Friedlander

Jan has traveled far and wide to a variety of places—for example, with a local travel company to Belize (where it was *hottern’ the hinges of hell*), with National Geographic to Antarctica (where it wasn’t *hottern’ the ...*) but one of her absolutely most favorite things to do is go on guided walks with her OLLI buddies followed by lunch! Jan is an experienced outdoors person who has facilitated this class many times in past terms and is good at arranging walks that suit our OLLI population. Join her and the fun OLLI members who love getting outside together, learning about birds, animals, climate, history, geology and more from our knowledgeable volunteer guides from many local, non-profit, nature-related organizations.

### Stuart Gentry

Stuart Gentry has degrees in Chemistry and Physics. He spent the first 20 years of his professional career in the chemical industry. He then switched directions and became a professor of chemistry at La Salle University in Philadelphia. His passion is linking the fundamentals of science to the practical manifestations that we experience in the world around us. Geology holds a special spot in his heart... marrying his love of science with his passion for the natural world.

### Peter Gilbert

Peter Gilbert was born and raised in England and educated at Leeds University in science and engineering. He is now retired and living with his American wife in Colorado after serving 34 years in the British Royal Air Force. Peter has been interested in Theoretical Physics for over 50 years and has led many discussion groups on some of the major breakthroughs that have happened during that time. He enjoys making difficult concepts approachable to the ordinary person and has done so for 24 previous OLLI courses.

### Linda Gordon

Linda is a retired principal from Denver Public Schools and Adams County. She was a school principal for 16 years and a teacher and coach before that. She speaks Spanish because she lived in Mexico City for 10 years. There she married a pro soccer player, had two children, and taught at the American School. She was also a Director of an English as a Second Language School.

## Roscoe Hill

Roscoe Hill came to teach Philosophy at DU in 1973. He soon entered administration, to help a friend who was Dean of Arts and Sciences. One of many things they did together was to create (with others) a learning opportunity for older adults called The New College (now University College). He returned to Philosophy for a few years, then became Dean of Arts, Humanities and Social Sciences (1990's). His final ten DU years were spent back in Philosophy classrooms (last class was Spring 2011).

He is the father of two, grandfather of nine, great-grandfather of two. Twice widowed by ovarian cancer (35 years first marriage, 20 years second). After (and perhaps because) his second wife died, he walked a 25-day 330-mile pilgrimage. He just published a book about his experiences and thoughts during that pilgrimage, and that book is the focus of this Spring quarter course – *A ROAD LESS TRAVELED: A Pilgrimage Across Missouri in Honor of St. Rose Philippine Duchesne. Searching for a basic, grounded, elemental spiritual space.*

## George Ho

Retired from medicine since 2013 (certified in Internal Medicine, Rheumatology, and Palliative Care), George spends his time birding, performing grandfather duties, photographing birds and other wildlife, jogging, writing and facilitating courses to the lay public on end-of-life issues, birding and making photobooks online in lifelong learning venues. He then spends the remaining part of the day cooking, enjoying his meals and getting a good night's sleep so he can repeat everything the following day.

## Shellie Hochstadt

Shellie Hochstadt graduated from the University of Rhode Island with a degree in History and a minor in Political Science. She was a divisional merchandise manager for a department store until 1994 when she returned to her core interest and passion for world history. She taught AP World History, AP Government, and economics until her retirement in 2010. She combines her interests in history, travel, and reading into her teaching, where she endeavors to bring a thoughtful global perspective.

## Barbara Holme

Barbara Holme graduated from Stanford and was a Colorado State Senator, 1974-84. She represented East Central Denver and served as Democratic Caucus Chair and Democratic Assistant Minority Leader. Barbara was appointed by the governor to the Supreme Court Nominating Committee and to the Metro Air Quality Commission. She worked for 12 years for AIMCO, a Denver-based Real Estate Investment Trust. She served as president of the Denver Association of Gifted & Talented, member of the Common Cause board, on the Planned Parenthood Advisory Committee, and other volunteer positions.

## Michael Holmes

Dr. Holmes worked in public education for 37 years. He has taught the game of bridge for over 19 years and is a Certified ACBL Online Bridge Teacher & Audrey Grant Bridge Teacher, Gold Life Master, ACBL Certified Club Director, ACBL Certified Tournament Assistant Director, and board member of the American Bridge Teachers Association (ABTA)



## Charles Holt

Charles F Holt, Platinum Facilitator, a retired engineer, spent over 35 years in R&D management for several international organizations. Charlie is an avid reader and has a strong interest in science & technology and the impact on culture, as well as history and diplomacy with a focus on the personalities shaping history. Today science seems to confront a public crisis of trust. This is an important topic Charlie has dealt with throughout his career. He holds a Ph.D. in Theoretical and Applied Mechanics, from the University of Illinois, an MS, and BS in Aeronautical Engineering, from Pennsylvania State University. He has served in the US Army in Vietnam and at the US Army Foreign Science and Technology Center in Military Intelligence.

## Alice Howard

Alice Howard is a long-distance OLLI member having joined three years ago from Charlottesville, VA. She has taken courses in History, Public Affairs, Literature, and Music. She is a retired academic information technology support specialist at University of Virginia.

## Ralph Hughes

Ralph is a Stanford-trained economist and a retired business analytics consultant. He has facilitated discussion classes on political economy for several years now and thoroughly enjoys the lively conversations that such topics stimulate.

## Rebecca Hunt

Rebecca A. Hunt, Ph.D., received a BA degree in elementary education from the University of Wyoming in 1974. She got her Master of Liberal Studies from the University of Oklahoma and in 1997, earned a Ph.D. in Western American history from the University of Colorado Boulder. Her dissertation looked at ethnic groups in Highland and Globeville. Rebecca worked in museums for many years and then had a second career teaching history and training people to work in museums at CU Denver. She is on the advisory committee for History Colorado's Center for Colorado Women's History. From 1992-94 Rebecca was co-chair of the statewide commemoration of the successful 1893 campaign to grant voting rights to Colorado's women. For over twenty years she taught American and Western women's history classes at the college level.

In 2020 Rebecca retired from CU Denver and she is now a full-time writer. She writes a monthly column on the history of Denver's NW side for the Denver *North Star*. Rebecca's current project is Urban Pioneers: Identity and Community on Denver's Northside

## Arthur Jones

Arthur C. Jones is Professor Emeritus of Music, Culture and Psychology at the University of Denver's Lamont School of Music. He received a Ph.D., in clinical psychology from the University of Iowa, Iowa City in 1974. Currently a licensed psychologist in Colorado, he previously held licenses in Illinois and Ohio. At the University of Denver, he has held a variety of teaching and administrative positions since 1991, culminating in a year as Interim Vice Chancellor for Diversity, Equity and Inclusion before his formal retirement in 2020.

Dr. Jones has been the recipient of numerous awards for his work as a practitioner, teacher, scholar, and community worker. In the 1990s, his expertise in African American psychology merged with a revival of his childhood love of singing, leading to sustained efforts to help revitalize the legacy of the sacred songs first sung by enslaved Africans in America. He is the founder of the award-winning Spirituals Project, which is now an official program of DU's Lamont School of Music. His groundbreaking book, *Wade in the Water: The Wisdom of the Spirituals*, was released in a revised, 30th anniversary edition in June, 2023.

## Stewart Jones

Stewart Jones has been an Episcopal priest for fifty-seven years and has served several parishes and missions in the Denver area during that period. He has also been a systems and software engineer for thirty-nine years with the Gates Rubber Company and Martin Marietta, where he was a Senior Staff Engineer. He is currently a volunteer at the Denver Museum of Nature and Science. He holds a BA in mathematics from Northwestern University and a Masters in Theology from Seabury Western Theological Seminary in Chicago. He has a lifelong association with the Episcopal Church.

## Tom Kleinschmidt

Tom has been interested in the study of history, especially American History in the 18th and 19th centuries, for his entire life. He has read extensively on this period and visited many of the historical locations.

He has a Bachelor's Degree from Kearney State College (now University of Nebraska-Kearney) and an MBA from the University of Alaska-Fairbanks. After a career in financing equipment and power generation projects, both domestically and internationally, he retired in 2015. Since retiring, Tom has facilitated OLLI classes in both Albuquerque and Denver.

## Sarah Kozloff

Sarah Kozloff worked in the film industry for several years. After a Ph.D. from Stanford University, she was hired by Vassar College, where she served as a professor of film history for 33 years. She specialized in American film produced during the years of Classical Hollywood and loved to teach classes focusing on genre. Romantic Comedy was one of her most popular courses. She was commissioned to write the chapter on this genre for the Norton Introduction to Film Genres, and to this day she gets residual checks because her chapter is assigned reading throughout the University of California campuses.

## Don Krill

Don Krill, LCSW, is a Professor Emeritus with the University of Denver School of Social Work. He has been a practicing magician and performed magic at Denver Mercury Café for twenty years. In addition, Don teaches a course on exploring paranormal phenomena. He has also worked as a consultant with various Pueblo Native American tribes in New Mexico. Don has authored three books regarding Existential Philosophy and Psychotherapy and has worked as a Clinical Social Worker.

## Cynthia Kristensen

Cynthia is a returning OLLI instructor who dove into birding after retiring from medical practice in 2015. She is an Audubon Master Birder, is active with Denver Audubon and her HOA's Wildlife Committee. She chairs the curriculum committee for the Denver Audubon Master Birder course and has co-taught several Beginning Birder courses with Curt for OLLI, Denver Audubon and Douglas Land Conservancy.

## Timothy Krueger

Timothy J. Krueger studied musicology at the Wheaton Conservatory of Music, the University of Colorado, Boulder, the Universität Hamburg, Germany, and the University of London's Royal Holloway College, where his doctoral dissertation was on the sacred music of Charles Villiers Stanford. He studied conducting with Dr. Paul Wiens and privately with Dennis Keene of the Voices of Ascension in NYC. He has sung professionally with the Santa Fe Opera, the Santa Fe Desert Chorale, Chicago A Cappella, the Vox Early Music Ensemble and the Ars Nova Singers, as well as several Episcopal cathedral choirs. In 1994 he founded St. Martin's Chamber Choir, Denver's first all-professional choral ensemble. Krueger also served as Chorus Director for the Boulder Bach Festival, the Colorado Music Festival, and the Boulder Philharmonic. He is an Affiliate Faculty member in the Music Department of Metropolitan State University of Denver. He is Choirmaster of St. Andrew's Episcopal Church, overseeing one of Denver's finest classical church music programs.

## Linda Lange

Voracious reader of mystery and science fiction, enthusiastic gardener, and amateur tai chi practitioner, Linda Lange is retired from teaching finance and accounting at Regis University. She created the first Mysterious Places class in 2019 to enthusiastic

response and has built the series since, choosing different themes for each term and occasionally revisiting a popular theme to update author choices.

## John Lanning

John Lanning is a retired chemistry professor from the University of Colorado, Denver where he taught inorganic, analytical, and environmental chemistry courses and conducted atmospheric environmental research. John has a passion for active learning, and he enjoys the science, economic, and political factors associated with environmental issues. John taught environmental courses with the Academy for Lifelong Learning and now looks forward to teaching with OLLI.

## Susan Lauscher

Susan is a retired lawyer and amateur cellist and has been playing for over 60 years. She has played in orchestras that performed Mahler symphonies and has tackled Schönberg's string sextet, *Verklärte Nacht*. Susan has been a participant in Linda's OLLI art history classes and is a member of the Kirkland Museum of Fine and Decorative Art.

## Rick Levinson

Rick Levinson graduated from Carleton College with a BA, followed by a JD degree from the University of Florida in 1971. He has been licensed in both Florida and Colorado (1993). He was twice a public defender where he was a trial attorney and at one time head of the Hillsborough County (Tampa, Florida) public defender death penalty division. Mr. Levinson's practice both in Florida and Colorado primarily involved the defense of persons accused of crime. He has also served as Alternate Defense Council in Colorado. He has tried numerous cases in State and Federal courts and previously facilitated law courses at OLLI at DU.

## Elaine Levy

Elaine Levy, a retired senior, was born in Youngstown, Ohio. She has lived in Colorado since 1970 when her family moved to Breckenridge for 8 years. She has been a skier and hiker for over 50 years. She was a distributor of products for small businesses including accounting systems, printed forms, and personalized promotional products. Elaine has served as a board member for women's business organizations, Aurora Chamber of Commerce, and genealogy groups. Hobbies include walking, reading, knitting, old movies and playing Mahjonn. She has 3 grown children and 4 grandchildren. She learned to play American Mahjonn at a young age. Her mom was an avid player and played for over 50 years. Elaine has always loved this fascinating game and enjoyed teaching it in organized classes and to friends and neighbors.

## Barbara Lilly

Barbara Lilly has facilitated more than a dozen OLLI courses primarily in the Public Affairs area. She is an avid reader, a mystery buff, and a pragmatic political junkie.

## David Lippman

David Lippman earned degrees in the social sciences from the University of Southern California and the University of Chicago. He began his career doing social science research in legal areas for the American Bar Foundation. David spent most of his career in school textbook publishing, where he directed the development of texts in many subjects including science, literature, government and history.

## Gary Lozow

Gary Lozow has been a criminal defense attorney for over fifty years in Colorado. He has successfully argued and won appeals in the Court of Appeals and the Colorado Supreme Court. He has been chosen by his fellow lawyers as a Colorado "Super Lawyer" and as one of the top criminal defense attorneys in the country. Mr. Lozow has tried numerous cases in both state court and in the federal system defending persons accused of crimes ranging from sexual assault, narcotics, to white collar cases. He has served as Chair of the Anti-Defamation League and won the Martin Luther King Jr. Humanitarian Award. He was a member of the Faculty of Federal Advocates (serving on the Board of Directors) and the Colorado Judicial Institute and an Adjunct Professor of Law at the University of Denver.

## John Lungerhausen

John Lungerhausen, Senior Facilitator, joined OLLI soon after he retired from CenturyLink in 2016 where he enjoyed a 17-year career (including US West and Qwest) as a software developer, Team Lead, and Development Manager. John and his longtime partner, Dixie, have been living in Golden with their bevy of cats since 1987. They have collaborated in putting together a number of film classes for OLLI and share a deep enjoyment of independent and foreign films, which frequently offer a far more engaging perspective than most of the typical Hollywood fare. John received his Bachelor of Business Administration degree from the University of Michigan.

### **Bob Magnani**

Bob Magnani, an OLLI member since 2010, has attended over 120 OLLI courses and facilitated 50 classes on-line and at 4 Colorado locations. His courses include Oscar Movies and Movie Making, Acting, Comedy, and Chess. He has Arts and Engineering degrees from Columbia, PhD work at NYU, telecommunications design and management at Bell Laboratories and at US West Advanced Technologies and Product Management at AT&T. Bob has seen several thousand US and foreign films in his lifetime, loves theater, chess (was a member of the Manhattan Chess Club) and acting and is delighted to be able to pursue these interests at OLLI.

### **Larry Matten**

Larry Matten has facilitated 19 film courses. He is an enthusiastic movie buff and wants to share his enthusiasm with other OLLI members. His career was spent as a Professor of Botany at Southern Illinois University and as an Elder Law Attorney in Englewood, Colorado. Larry is a Platinum Facilitator.

### **Mac McHugh**

Mac McHugh, Platinum Facilitator, joined OLLI Denver in 2011. Mac spent 38 years with the Department of Defense in the areas of accounting, auditing, and systems development. He is a lifelong movie buff and a World War II history buff and has facilitated numerous courses on technology, film, and history at OLLI.

### **Jerry Mercure**

Jerry Mercure was an engineer in the defense industry for 35 years where he designed, developed, integrated, tested, operated, and maintained systems for military applications. Since about 1982, he developed a strong affinity for Asian art and furnishings and has expanded his collection ever since. He joined the Asian Art Association with the Denver Art Museum because of his love for Chinese and Japanese style and art. He landed in Colorado in 1998 and enjoys hiking, biking, skiing, and life-long learning classes. Since retirement, he has had time to devote to Japanese print research and volunteering.

### **Greg Moody**

Greg Moody spent 45 years working in the news media: radio, newspapers, TV, and online. In that time, he's been an anchor, reporter, film/theater critic, feature reporter, producer, videographer, and editor. Musical theater and film have always been his passion, with an emphasis on silent film – "The Art Where They Had Faces."

### **Sydney Myers**

Sydney Myers, OLLI Platinum Facilitator, is a former retail executive who lived in Mexico for seven years. She returned to Denver in 2006.

## Phil Nelson

Phil Nelson has been offering OLLI courses on climate change and the energy transition since 2017. Currently he offers OLLI three courses: (1) How Bad Is It, Really, (2) Living in the Energy Transition, and (3) The Ministry for the Future—A Climate Change Adventure. Phil is a member of the Golden Chapter of Citizens Climate Lobby, offers presentations to civic organizations, and hosts a weekly zoom call on the energy transition. He holds B.S. and PhD degrees from MIT and is retired from a career in mineral and oil and gas exploration. He became motivated to think and speak about climate change as he was wrapping up employment with the U.S. Geological Survey.

## Eileen O'Brien

Eileen O'Brien has been a teacher her entire working life. For the last 30 years, she has taught older adult students at Regis University. She holds an MA in counseling with a Special Certificate in Spirituality. In addition to teaching, Eileen has served as university minister leading retreats which explore diverse spiritual traditions.

## Terry Ortlieb

Terry Ortlieb is a retired entrepreneur who sold his technology consulting company to Oracle. He has been working with information technology since he put engineering changes on IBM equipment in high school. However, Terry's formal education was in philosophy and he has maintained a strong interest in political philosophy and the philosophy of science and history. He has facilitated and co-facilitated more than 25 classes on Harari and numerous classes on AI.

## Paul Paiva

Paul Paiva, MDiv, MA, EBC, works with couples to harmonize differences in communication and intimacy styles. He is a consent and sex educator, couples' counselor, and certified intimacy and sex coach who teaches the Erotic Blueprints™ to singles and couples who want to ignite their passion. He uses the Enneagram, somatic testing for intimacy style, and a trauma-informed style of counseling. His clients include those having atheist, spiritual, or Christian beliefs. Yet they all struggle with intimacy. Paul is a former president and member of the board of directors (9 years) of Enneagram Colorado. He has taught 60+ workshops on the Enneagram, including the Enneagram and Sexual Expression. A former Roman Catholic priest, he is a vocal feminist who espouses and blogs about an egalitarian, LGBTQ-embracing, and sex-positive Christianity. He also does pre-marital counseling and has officiated over 80 heartfelt and entertaining wedding ceremonies. [CoCreativeIntimacy.com](http://CoCreativeIntimacy.com), [CoCreativeEnneagram.com](http://CoCreativeEnneagram.com), [CoCreativeWorkshops.com](http://CoCreativeWorkshops.com)

## Patricia Paul

Patricia Paul, Master Facilitator, taught students from sixth grade to university level, especially enjoying American studies. She has been involved with OLLI South since the original organizing committee and currently sits on the OLLI at DU Executive Advisory Committee. Her research on the year 1969 began with writing a nonfiction book set in 1968-70, *Curse of Interesting Times: A Vietnam-Era Memoir*.

### Mark Payler

Mark A. Payler is a practicing Colorado landscape, street, and travel photographer. With over four-and-a-half decades of photography and teaching experience, Mark's work has been highlighted in the landmark book, *A Day in the Life of America*, as well as the featured double-page photo spread in the 50th anniversary issue of *Popular Photography* magazine. Mark's Route 66 travel photography was also presented in a featured portfolio-style spread in *Route* magazine. Mark has extensive travel and photography experiences in Italy, Iceland, Great Britain and Wales, Costa Rica, Jamaica, New York City and various locations in the American Southwest, the greater Yellowstone National Park area and throughout Colorado. Mr. Payler's current project is photographing musical performances for Denver's premier jazz club.

### Greg Petty

Greg Petty has co-facilitated 14 movie courses with Larry Matten on 9 different topics. He particularly enjoys class discussions and getting to know members of the class. His career was spent leading a not-for-profit organization and in various administrative positions in colleges and universities in Illinois and Colorado. Greg is a Master Facilitator.

### Carl Pletsch

Dr. Pletsch earned his Ph.D. in modern intellectual history from the University of Chicago in 1978. Now retired, he has taught at University of North Carolina in Chapel Hill, Miami University in Ohio, and the University of Colorado in Denver. His specialties include modern intellectual history of Europe & America; Ancient Greek history; and social and political thought.

### Nate Preisinger

Reverend Nate Preisinger serves as one of the pastors at Bethany Lutheran Church in Cherry Hills Village, Colorado. He earned a Bachelor's Degree in Religion from St. Olaf College in Northfield, Minnesota and a Master of Divinity from Wartburg Seminary in Dubuque, Iowa. He previously served as the pastor at churches in New York, Philadelphia, and Pennsylvania. Reverend Preisinger also worked as the Director of Admissions at the United Lutheran Seminary. He has a certificate in Theological Education for Emerging Ministries and is a certified yoga instructor. As a pastor, he loves teaching, leading Bible studies, and helping others to discover the depth and details of the scriptures. Reverend Preisinger lives in Colorado with his wife, Amanda, and three children.

### Michael Prevedel

Michael is a retired educator having taught high school as well as part-time at Metro State. He has a B.A. in History and a M.A. in International Relations. He has been facilitating classes on Islam, Buddhism, and various aspects of religion such as: Faith and Reason; Religion: Past, Present, and Future.

### Bob Priester

Bob is well-versed in most commonly played poker games including Texas Hold'em, Omaha, 5 card and 5 7 card stud and Razz. He has played in numerous local poker tournaments and at casinos for over 20 years.

## Dan Putman

Dan Putman is Professor Emeritus of Philosophy. He received his B.A. from Marquette University, his M.A. from the University of Wisconsin – Madison, and his Ph.D. from the University of Southern California. Dan taught Philosophy for 37 years at the University of Wisconsin – Fox Valley, a freshman-sophomore branch of the UW. (Since his retirement in 2011 UW-Fox Valley has become part of UW-Oshkosh.) Dan has published over 40 articles in Philosophy. He and his wife Elaine have two children, one in New York City and the other in Boulder. Dan started teaching OLLI courses in winter 2013 for OLLI-UA in Green Valley, Arizona. In 2014 he and Elaine moved from Wisconsin to Colorado to be near the grandchildren. He has facilitated courses for OLLI at DU since 2015.

## Dick Reinish

Dick Reinish is a retired antitrust lawyer, which required that he learn about various industries from nuclear power to cat litter. His interest in documentary films evolved at the suggestion of his wife. Dick has a daughter who has made four documentary films (one of which he showed in a prior class).

## Myra Rich

Myra Rich grew up in Detroit, received an undergraduate degree from Radcliffe College and a PhD in History from Yale University. She taught first at Hunter College, part of the City University of New York, and then, after moving to Denver, at the University of Colorado - Denver campus. Her primary field is Early American History, basically everything from the early settlements to the Civil War. Her second, but no less important, field is the history of women in America.

## Marilyn Rifkin

Marilyn Rifkin graduated from Hunter College with a Bachelor of Science degree in Nursing.

She worked in the New York City Hospital System, as well as Montefiore Hospital as a Head Nurse in ICU, Surgical floor nursing, and Public Health. She also worked 15 years for Weight Watchers.

She is an avid Mahjongg and Bridge player who loves spending time with her grandkids.

## Wendy Rouder

Wendy Rouder earned a BA from Skidmore College, a MA from Queens College of the CUNY, and a PhD from the University of Illinois, all in theatre. After graduating from Skidmore, Wendy worked in summer stock and off-Broadway before realizing that the chance of earning a living in the theater was akin to winning the lottery. With her doctorate in hand, she taught theater and directed plays, both musicals and dramas, at Keuka College, the State University of New York, and San Jose State before switching to the criminal courtroom as a more lucrative workplace to embrace her love of theatre.

## Jeff Rucks

Jeff Rucks enjoyed a 40-year career as a wildlife professional. His early career included work for the U.S. Forest Service in California and Colorado, and The Bureau of Land Management in Alaska. He also spent three years on Colorado's peregrine falcon recovery effort. In 1987 he was hired by the Colorado Division of Wildlife as a wildlife manager, biologist, and later managed the agency's Education and Outreach programs. Today Jeff continues to write outdoor articles for local publications and accepts several public speaking engagements each year.



## Leonard Sahling

Leonard earned a PhD in Economics from the University of Michigan. His first job was as a macroeconomist at the Federal Reserve Bank of New York. His second job was as a macroeconomist at Fannie Mae in DC. From there, he reinvented himself as a real estate economist/REIT analyst and started up a real estate research group at Merrill Lynch in New York City. From there, after 9/11, he took a job as an economist and started up a real estate research operation at Prologis, an industrial Real Estate Investment Trust based in Denver CO. When Prologis was acquired by another REIT, he reinvented himself once again as an agricultural economist and took a job at CoBank, where he started up and then managed a research group. He is now retired and, among other things, enjoys teaching an OLLI class in economic issues.

## Betsy Schwarm

With a background in classical radio, pre-performance talks, and university teaching, Betsy Schwarm has developed a user-friendly approach to sharing her enthusiasm for great music. The Colorado Symphony declared her an “icon” of the business. She has been Opera Colorado’s performance speaker for over twenty years, and listeners to the vintage KVOD Radio 99.5fm, “The Classical Voice of Denver,” came to value what she said and how she said it. Music lovers who wish to know more of what goes on behind the notes, how this great music came to be, and how to listen to it more effectively, regularly find that Betsy Schwarm is exactly what they need.

## Yossi Serebryanski

Rabbi Yossi Serebryanski, with his wife, is the co-director of Chabad at DU, a Jewish campus ministry. Rabbi Yossi is a popular teacher of adult education in the wider Jewish community and is excited to join the OLLI team of lifelong learners.

## Sharon Sherman

Sharon Sherman has trained and consulted for thousands on various platforms with over 30 years in the technology sector. She is CompTia certified, an Excel expert, with an MBA/ MIS focus. She currently troubleshoots, repairs, and solves technology problems. Her work with mobile technology includes both iPhones and Androids and experience with multiple carriers. She loves her geek life.

## Marc Shulgold

Marc has been a music journalist since 1975 and a music teacher since 1990. Born in Los Angeles, where he graduated from UCLA in 1970, he began his career at the music desk of the Los Angeles Times. After 12 years there, he moved his family to Denver in 1987 to become music and dance writer at the Rocky Mountain News, where he served for 22 years until the paper closed in 2009. During his years in Denver, he taught a Saturday morning music appreciation class for senior citizens at the Arvada Center for about 15 years and came aboard with DU’s University College in 2003, teaching some 57 courses in various music subjects. Marc has also contributed features and reviews for Opera News magazine and various arts Websites, including the College of Music’s at CU. He has been a pre-concert speaker for the Colorado Symphony, Friends of Chamber Music and Bravo! Vail Valley Music Festival, where he introduced programs by the Philadelphia, Dallas, and New York Philharmonic Orchestras.

## Jim Sieke

Jim Sieke grew up in the suburbs of Philadelphia and graduated from the University of Delaware with a degree in Speech-Communication and a minor in Broadcasting. After spending 3 years working in television advertising in New York and Chicago, he came to KMGH-TV Channel 7 in Denver where he worked for 34 years in sales and sales management. Jim joined OLLI after retiring and has facilitated Comedy Appreciation numerous times as well as classes on The Great Silent Film Comedians and Science Tours in the Denver-Boulder area.

## Paula Staffeldt

Paula Staffeldt is a Three Principles practitioner, a former mental health professional, and organizational development specialist with over 30 years' experience in counseling, corporate training, leadership development, and coaching. A graduate degree in Counseling Psychology, combined with a cognate in Theology, set the stage for becoming an ordained ministerial counselor, where she saw the connection between the spiritual and psychological nature of life. A transformative spiritual experience led Paula to further training in non-dual psychology and contemporary wisdom studies through which she came to understand how life works and how human beings are designed to function. Drawing on both professional expertise and personal experience, Paula now invites people to move beyond the chaos and struggle of everyday life into a more harmonious way of seeing and being in the world.

## Bob Steele

Bob Steele grew up in the 50s and 60s in a small Midwestern town where discussion of foreign affairs mainly focused on the Cold War with Russia and the U.S. involvement in Vietnam. Over the years, as both a consumer of news and as a journalist, he recognized that global events and issues have great complexity and far-reaching implications for the United States. He's learned a good deal taking several Great Decisions classes in past years, and now he's enthused about facilitating the 2024 Great Decisions class with Carol. Bob is an OLLI Master Facilitator having facilitated many classes about current events, non-fiction literature and novels.

## Carol Steele

Carol Steele grew up on the South side of Chicago where she read the newspaper daily (cover to cover, actually!), and liked best her high school civics, history and contemporary issues classes. They gave her the ammunition to argue politics nightly at the dinner table with her father. That experience led her to become a high school social studies teacher, and later to work/volunteer in a variety of social justice movements. Carol was also introduced to the world of international trade while working with high level scientists and engineers in the business end of micro- and nanotechnology. She still avidly devours international news and is looking forward to partnering with Bob as they explore the Great Decisions 2024 topics.

## Sally Stich

Sally Stich taught writing at DU and UCD for much of her career. She also became a freelance writer in 1986 and wrote for such publications as Time, The New York Times Syndicate, Parents, Parenting, Ladies Home Journal, Parade, and many design magazines around the country for the next 35 years. In retirement, she taught for the Academy of Lifelong Learning and now enjoys creating new classes for OLLI.

### **Linda Susak**

Linda Susak has an MA in German Language and Studies and a BFA in Painting. She taught German on the high school level for many years and, since 2008, on the college level, both at the main University of Denver Campus, at University College and now for the Center for World Languages. As of Winter Quarter 2020, she has been teaching German and Austrian Art History classes through OLLI.

### **Dean Tebbe**

Dean Tebbe studied computer science and film at the University of Colorado Denver, while building a 35-year career in Network Engineering & Management. He is an avid reader with a wide range of interests including geopolitics, human ecology, climate, and science fiction. Dean currently spends his time volunteering, permaculture gardening, and reading.

### **Alec Tsoucatos**

Alec, a Master facilitator, was born of Greek parents in Alexandria Egypt. He received his B.A. and M.A. from Berkeley and a PhD in economics from CU Boulder. Alec's main interests lie with New Economics, Integrative, Positive Psychology, and Mystical Christianity.

### **Donna VanDusen**

Donna Van Dusen, Professor Emerita at Regis University, put her artistic talents on hold at a time when her practical needs required a more secure career. Now, retired from an academic career that involved creativity of a different sort, she has re-engaged in the fine arts of writing and painting but with the understanding that creativity wasn't something she ever gave up. Instead, her creativity simply changed form.

### **Mitra Verma**

Mitra Verma is an art educator, an artist, and a craft designer. She has a bachelor's in fine arts (BFA) and completed her master's from a distinctive handicraft design institute in India. She creates because she loves and wants to feel colors, forms, and nature in her creations. Working in various mediums her paintings celebrate the Indian culture and tradition with distinctive colorful designs, which are treated with religious and mystical motifs and patterns. She is a self-motivated, conscientious, passionate artist and for the past twelve years she has held classes and workshops in painting and crafts. She is an inspiring mentor, ready to ignite the spark of creativity in those eager to embark on a profound journey of self-discovery through art.

### **Dixie Vice**

Dixie Vice, Master Facilitator, retired in 2015 from state and federal government where she worked as a computer programmer/analyst and has been taking OLLI classes in Music, Literature, and Film ever since. Her background includes a degree in Anthropology from CU with an effective minor in Film Studies. Her interest in Foreign Films began at age 16 when she was finally old enough to be admitted to the art film theatres in Indianapolis. She lives with her longtime partner, John, and their 3 orange kitty boys Jimmy, Eddie, and Sparky.

### **Sally Walling**

A lifelong reader and English teacher, Sally found her true calling when she joined OLLI nine years ago. Sharing her love of diverse literature, art and films that focus on justice has been a joyous experience.

## James Walsh

Dr. James Walsh is an Associate Professor in the Political Science Department at the University of Colorado Denver, where he has taught for the past 26 years, specializing in the history and politics of labor, immigration, and the Irish Diaspora. Walsh is also the founder of the Romero Theater Troupe, the Colorado Labor Education Collaborative, and the Rocky Mountain Irish Roots Collective.

## Barbara Werren

Barbara Werren was born in New Orleans. She moved to Colorado when she was 14 and rapidly adopted the Colorado lifestyle, becoming an avid skier, hiker, biker, and traveler. She has hiked on all 7 continents and traveled to 100 countries. She has been on both sides of the travel business, having been a hiking and skiing guide for adventures in the mountains of the world and more recently a participant in less strenuous journeys with Overseas Adventure Travels (OAT - 32 trips), Road Scholar, Viking, and Vantage, etc. Barbara has combined a passion for travel with her passion for photography. She is a noted travel journalist, giving travel presentations to groups throughout Colorado. As much as she has seen of the world's most beautiful and interesting places, she realizes her great fortune to live in the very best place, our beautiful state, Colorado.

## Gordon Williams

Gordon is a writer, editor and lecturer on music. Classes he has previously taught at OLLI@DU include Operas based on Myth and Legend, Friends Across the Pacific: the US and Australia, The Operas of Wagner and The Operas of Mozart, How Music Reflects Culture, and Soundtrack. He has taught at other OLLI campuses, including OLLI@UCLA in person, and, via Zoom, CSU San Bernadino (Palm Desert), and OLLI at the University of Hawai'i. Last year Gordon guest-lectured twice via Zoom at Harvard for Andrew Schultz. Gordon is also an opera librettist. His work, *Journey to Horseshoe*

*Bend* (with music by Andrew Schultz) premiered at Sydney Opera House in 2003. He also wrote new dialogue for the Sydney Symphony Orchestra's revival of Australia's first opera, *Don John of Austria* (not performed since 1847). He is a reviewer for the international online opera magazine, *Opera Wire*.

## Steve Winber

Steve Winber, retired Denver dentist, has facilitated OLLI courses for the last nine years, principally in history, economics, and Great Decisions. He has traveled extensively and for two years supervised the postgraduate education program of the Metropolitan Denver Dental Society.

## Vincent Wincelowicz

Dr. Vincent C. Wincelowicz, former Chief of Undercover Sensitive Operations for the Federal Bureau of Investigation (FBI), has over 30 years of law enforcement experience at local, state and federal levels. Dr. Wincelowicz was the director of the FBI's Covert Operations School and wrote several key publications for the Bureau. At the New York Office of the FBI, he worked in an undercover capacity for approximately 10 years. He holds a Masters Degree in Criminal Justice from John Jay College of New York and a Doctorate in Public Administration from the University of Southern California. Dr. Wincelowicz was the Director of Security for the Brown Palace Hotel in downtown Denver and coordinated with the United States Secret Service on Presidential visits.

## Gary Wyngarden

Gary has a BA from the University of Illinois and an MBA from Loyola University. His career was spent in the health care industry and included tenure as CEO of a \$2 billion company. He is a Master Facilitator with OLLI and a member of the OLLI South Curriculum Committee.

## MEET THE STAFF

### **Tamara Barkdoll, OLLI at DU** **Central Campus Program** **Coordinator and Zoom Assistant**

Tamara Barkdoll, Central Program Coordinator, comes to OLLI with a background in adult training and administering adult classes in a non-profit setting, as well as with several volunteer groups. She is very active with a variety of volunteer activities throughout the Denver Metro area. She is an alumnus of the University of Denver and a strong believer in lifelong learning.

### **Lindsay Buffington, OLLI at DU** **Regis Campus Manager**

Lindsay Buffington, Regis Campus Manager, comes to OLLI with a background in non-profit program operations management and support serving Regis' inclusive educational programs. She has a bachelor's degree in Applied Psychology, specializing in death and dying and gerontology. Lindsay has been a writer all of her life and enjoys applying her skills towards end-of-life advocacy, freelance culture and lifestyle publications, and marketing and promotional materials. She is dedicated to supporting accessible educational opportunities for diverse and underserved populations.

### **Bruce Caughey, OLLI at DU** **Marketing and Communications** **Director**

After a year in a consulting role, Bruce Caughey is now OLLI at DU's Marketing and Communications Director; he is also a long-term facilitator. His work history includes writing travel books, education and nonprofit leadership, public speaking, consulting, and board leadership. For 11 years he served as Executive Director for CASE (Colorado Association of School Executives) and for 16 years prior to that was Director of Communications and Legislative Liaison for Douglas County School District.

### **Sherry Feinbaum, OLLI at DU** **West Campus Manager and** **Volunteer Manager**

Sherry Feinbaum joined OLLI as a member in 2019 after a long career in sales selling in both business to business and directly to non-profits. She became the program assistant at Boulder campus before becoming the West Campus Site Manager in May 2022. In addition to work life, she spent many years as a volunteer for multiple non-profits in the Boulder area and now serves on the board of Congregation Har Ha Shem in Boulder. She is an avid outdoor person and especially enjoys time hiking or bicycling in addition to traveling and taking dance classes.

## **Maria Elena Garcia, OLLI at DU Curriculum Director and On Campus Manager**

Maria Elena Garcia has over 30 years' educational leadership experience in schools, school districts, universities, and state departments of education. She was a managing consultant, program designer, and trainer with an international, educational research and development organization. Her focus areas are systems improvement and organizational development.

## **Faye Hastings, OLLI at DU Technology Coordinator**

Prior to being involved with OLLI, Faye Hasting's background was in office administration, HR and local IT support. She started at the OLLI at DU South site over 10 years ago. While there, she performed many volunteer positions as a facilitator, History Chair for the Curriculum Committee, facilitator trainer, and program developer. She moved into an administrator position for OLLI at DU and came back in her current position as Technology Coordinator.

## **Dave Johnson, OLLI at DU Support Specialist**

Dave Johnson has been employed as Support Specialist by OLLI at DU since June of 2022. He is semi-retired with a background in theater. He has worked for the Denver Center for Performing Arts, Chicken Lips Comedy Theater, Town Hall Arts Center and was a co-owner of the Avenue Theater in downtown Denver. He's worked in all areas of theater including box office, administration, marketing, performing, maintenance and cleaning.

## **Mary Ann Laurich, OLLI at DU Central Campus Manager**

Mary Ann Laurich, Central Campus Assistant Manager, comes from a history of working with lifelong learning and has an ongoing passion for education at all levels. Her past experiences include working in social work and the court system with children, adolescents & families. She takes great pride in being a part of the healing process of abuse, neglect and at risk, spending time with family, gardening, reading, hiking, and horses.

## **Christine Liptak, OLLI at DU Support Specialist and Zoom Assistant**

Christine Liptak has an undergraduate degree in Psychology, a Master's of Business Administration and over 30 years of experience in business administration consulting with start-ups, training and analysis for the telecommunications industry, retail management and office administration.

## **Kim Penoyer, OLLI at DU Operations Coordinator**

When Kim Penoyer retired from the University of Colorado, a friend introduced her to OLLI at DU. She decided that OLLI was a wonderful way to ease into retirement. While working for CU Kim was Manager of the Online Program Development for CU Online/Office of Digital Education, Director of CU at Interlocken and Executive Director of the Continuing Engineering Education Program. Her CU experience has proven helpful with her work at OLLI. Kim earned her MBA from the University of Colorado Denver and her BS in Education from Michigan State University.

### **Sherilee Selby, OLLI at DU South Campus Program Coordinator and Curriculum Assistant**

Sherilee Selby joined OLLI in 2009 after retiring, first from her role as a child and family therapist, then from retail management. Sherilee accepted the OLLI South Program Coordinator role in 2017 and now also serves as Curriculum Assistant. She loves reading and values travel and exploring other cultures, whether in print or in person. Sherilee and her husband live in the Denver area and treasure time with their adult grandchildren and son. Connection with OLLI members has enriched her life.

### **Paul Simon, OLLI at DU Community Outreach Director**

Paul Simon is a retired journalist and manager who worked many years for the Associated Press as well as the Denver Post. He is a Master Facilitator and has held several management positions for OLLI at DU, including site manager. He continues to work for OLLI as the manager for OLLI on the Move and as Community Outreach Manager.

### **Darcey VanWagner, OLLI at DU South Campus Manager and Membership Engagement Manager**

Darcey VanWagner, South Campus Manager, joined OLLI at DU in 2016. Prior to working at OLLI at DU she worked in the financial industry and has been actively involved in public education. She is a Colorado native and graduate of Colorado State University. She is married and parent to two great kids. She enjoys spending time outdoors hiking, gardening and exploring Colorado. She is honored to be part of OLLI and getting to know and work with a wonderful diverse group of people.

### **Mitra Verma, OLLI at DU On Campus Program Coordinator, Graphic Designer, and Zoom Assistant**

Mitra Verma joined OLLI in December 2021 and has more than 20 years of expertise in the fields of art, design, and education. She holds a master's degree in handicraft designing and was assigned empanelment as a Handicraft Designer by Development Commissioner Handicraft (DCHC) India. She worked as a design faculty teaching art, design fundamentals, and handicraft-related research and documentation. She also teaches art to OLLI members, and her diverse cultural background is reflected in that work.

### **Jacqueline Wyant, OLLI at DU Executive Director**

Jacqueline (Jackie) Wyant has served as Executive Director of the OLLI at DU program since May of 2022. She served as Manager for the OLLI on Campus program from 2018–22 and has been a member since 2012. During Jackie's career in education, she held teaching and administrative positions in public schools and at the university level. As a program designer and project manager, she has designed comprehensive organizational- and state-wide leadership development programs.

Jackie's passion is strategic planning and during the past year, Jackie formed teams to design a new website, registration system, pricing plan, and membership program. Other key initiatives this year included OLLI on the Move to bring programming to senior living communities and public libraries and OLLI at DU Fit offering free fitness courses online and in-person.

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# THANK YOU FOR ALL YOU DO

OLLI thrives because of its volunteers! Thank you to our facilitators, class assistants, and our Site and Core Curriculum Committees.

Curriculum Committees work diligently to create a robust catalog of in-person and online courses. Thank you to each committee and to individual committee members. You have made this extraordinary lineup of courses possible!



## **OLLI at DU Core Curriculum Committee**

Maria Elena Garcia  
 OLLI at DU Curriculum Director  
 Jacqueline Wyant  
 OLLI at DU Executive Director  
 Mary Ann Laurich, Central  
 Darcey VanWagner, South  
 David Lippman, Central  
 Sherilee Selby, Curriculum  
 Mitch Stewart, Central  
 Patty Smilanic, South  
 Michael Prevedel  
 Core Curriculum Chair, Central  
 Patricia Paul, South  
 Maria Elena Garcia, On Campus  
 Paul Simon, OLLI on the Move  
 Lindsay Buffington, Regis  
 Sherry Feinbaum, West  
 Linda Lange, Regis  
 Larry Tannenbaum, West  
 Shelly McHugh, Ad Hoc  
 Penny Friedberg, West  
 Dennis Wanebo, West

## **Central Campus Curriculum Committee**

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 Barbara Holme  
 Mike Prevedel  
 Gordon Appell  
 David Lippman  
 Jon Young

## **South Campus Curriculum Committee**

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 Janet Kester - CC Co-Chair  
 Becky Stout  
 Sheila Jones  
 Bill Baird  
 Charlotte Moreno  
 Pat Paul  
 Peggy Winn  
 Gary Wyngarden  
 Karen Dvorchak  
 Patty Smilanic  
 Mike Benaquis

## **West Campus Curriculum Committee**

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 Penny Friedman, CC Co-Chair  
 Jim Keller  
 Fran Fraser  
 Susan Labovitz  
 Tom Hughes  
 Dennis Wanebo  
 Dixie Vice

## **OLLI On the Move Committee**

Bill Eifenbein  
 Mary Carvalho  
 Jay Frazee  
 Megan Schulz  
 Charles Holt  
 Glenn Gravlee

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The **Executive Advisory Committee** is comprised of representatives from the OLLI at DU Committees, Site Curriculum Committees, site volunteers, staff, and other members at large. The committee serves as the voice of the membership of OLLI, bringing ideas both to the Committee for consideration and to OLLI at DU members for clarification and input. The executive advisory committee is advisory in nature. It is not a governing board.

Jacqueline Wyant	Executive Director
Maria Elena Garcia	Curriculum Director
Michael Prevedel	Core Curriculum Committee Chair
Jean Friedberg	Finance Committee Chair
John Rough	Finance Committee Liaison
Bruce Caughey	Marketing & Communications Director
Gary Burandt	Marketing & Communications Chair
Paul Simon	Community Outreach Director
Sherry Feinbaum	Volunteer Manager
Darcey VanWagner	Membership Manager
Faye Hastings	Technology Coordinator
Mary Ann Laurich	Central Manager
Susan Lauscher	Central Curriculum Chair
Barbara Holme	Central Ad Hoc Member
Lindsay Buffington	Regis Manager
Bryan Hall	Regis Ad Hoc Member
Darcey VanWagner	South Manager
Bob Steele	South Curriculum Committee Co-Chair
Janet Kester	South Curriculum Committee Co-Chair
Pat Paul	South Curriculum Committee
Jim Ruden	South Ad Hoc Member
Sherry Feinbaum	West Manager
Alec Tsoucatos	West Ad Hoc Member
Penny Friedberg	West Ad Hoc Member
Fran Fraser	West Ad Hoc Member
Glenn Gravlee	Ad Hoc Member - from Executive Director
Dick Reinish	Ad Hoc Member - from Executive Director

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